

Gambaran Angka Kejadian Nyeri Tenggorokan Pada Pasien Pasca Anestesi Umum Dengan *Endotracheal Tube* (ETT) Di Rsud Arjawinangun

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ABSTRAK

Anestesi merupakan suatu kegiatan untuk menghilangkan rasa sakit. *Postoperative Sore Throat* (POST) adalah rasa nyeri atau rasa tidak nyaman akibat dari pemasangan *Endotracheal tube* selama operasi yang menyebabkan cedera dan kerusakan pada mukosa akibat *cuff*. Di Indonesia kejadian ini masih banyak pasien mengeluh nyeri tenggorokan sebanyak 20% - 60%. Untuk mengetahui gambaran kejadian nyeri tenggorokan pada pasien pasca anestesi umum dengan *Endotracheal tube* (ETT) di RSUD Arjawinangun. Jenis penelitian ini menggunakan kuantitatif deskriptif. Populasi yang digunakan sesuai dengan kriteria inklusi yang berjumlah 41 orang. Teknik pengumpulan data melalui lembar observasi yang kemudian dianalisis menggunakan *statistic deskriptif*. Berdasarkan hasil penelitian yang didapatkan hampir sebagian responden mengalami nyeri sedang sebanyak 14 orang (34,1%), 11 orang (26,8%) nyeri ringan, 10 orang (24,4%) tidak merasakan nyeri dan sisanya pasien yang merasakan nyeri berat sebanyak 6 orang (14,6%). Hal ini menunjukkan bahwa masih banyak responden yang mengalami nyeri tenggorokan dengan *Endotracheal Tube* di RSUD arjawinangun yang belum bisa diminimalisir.

Kata kunci: Nyeri tenggorokan, *Endotracheal Tube*, ETT, Anestesi umum.

***Overview Of The Incidence Of Throat Pain In Post-General Anesthesia
Patients With Endotracheal Tube (ETT) At Rsud Arjawinangun***

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ABSTRACT

Anesthesia is an activity to relieve pain. Postoperative Sore Throat (POST) is pain or discomfort resulting from the insertion of an endotracheal tube during surgery that causes injury and damage to the mucosa due to the cuff. In Indonesia, there are still many patients complaining of throat pain as much as 20% - 60%. To find out the description of the incidence of throat pain in patients after general anesthesia with Endotracheal tube (ETT) at RSUD Arjawinangun. This type of research uses descriptive quantitative. The population used was in accordance with the inclusion criteria of 41 patient. Data collection techniques through observation sheets which are then analyzed using descriptive statistics. Based on the results of the study, almost 14 respondents experienced moderate pain (34.1%), 11 people (26.8%) had mild pain, 10 people (24.4%) did not feel pain and the rest were patients who felt severe pain as many as 6 people (14.6%). This shows that there are still many respondents who experience throat pain with Endotracheal Tube at RSUD Arjawinangun which cannot be minimized.

Keywords: Sore throat, Endotracheal Tube, ETT, General anesthesia.