PENERAPAN TERAPI SPIRITUAL ASMAUL HUSNA DALAM ASUHAN KEPERAWATAN JIWA PADA PASIEN SKIZOFRENIA DENGAN GANGGUAN PERSEPSI SENSORI: HALUSINASI PENDENGARAN DI WILAYAH KERJA PUSKESMAS CIKAJANG KABUPATEN GARUT TAHUN 2026

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ABSTRAK

Latar Belakang: Skizofrenia merupakan gangguan jiwa kronis yang ditandai dengan gangguan proses pikir, emosi, perilaku, dan persepsi, salah satunya halusinasi pendengaran. Kondisi ini dapat mengganggu fungsi sosial, menurunkan kualitas hidup, serta meningkatkan risiko perilaku berbahaya. Oleh karena itu, diperlukan intervensi keperawatan nonfarmakologis, salah satunya terapi mendengarkan Asmaul Husna melalui media speaker untuk membantu mengontrol gejala halusinasi pendengaran. **Tujuan:** Penelitian ini bertujuan melakukan asuhan keperawatan jiwa pada pasien skizofrenia dengan gangguan persepsi sensori: halusinasi pendengaran melalui penerapan terapi mendengarkan Asmaul Husna melalui media speaker di wilayah kerja Puskesmas Cikajang Kabupaten Garut. **Metode:** Penelitian ini menggunakan metode deskriptif kualitatif dengan pendekatan studi kasus pada dua pasien skizofrenia dengan gangguan persepsi sensori: halusinasi pendengaran. Asuhan keperawatan dilakukan melalui tahapan pengkajian, diagnosa keperawatan, perencanaan, implementasi, dan evaluasi. Tingkat keparahan halusinasi diukur menggunakan *Auditory Hallucination Rating Scale (*AHRS). Intervensi diberikan selama 3 hari dengan 6 kali pertemuan. **Hasil:** Hasil penelitian menunjukkan penurunan skor AHRS pada Tn. A dari 19 menjadi 12 dan Ny. M dari 23 menjadi 15 setelah diberikan terapi mendengarkan Asmaul Husna. Kedua responden juga mengalami penurunan frekuensi halusinasi dan peningkatan kemampuan mengontrol halusinasi. **Kesimpulan:** Penerapan terapi mendengarkan Asmaul Husna melalui media speaker dalam asuhan keperawatan jiwa dapat membantu menurunkan gejala halusinasi pendengaran, sehingga masalah gangguan persepsi sensori: halusinasi pendengaran teratasi sebagian. **Saran:** Terapi mendengarkan Asmaul Husna dapat dipertimbangkan sebagai intervensi nonfarmakologis dalam asuhan keperawatan jiwa pada pasien skizofrenia dengan halusinasi pendengaran.

Kata kunci: *Auditory Hallucination Rating Scale*, Asuhan Keperawata Jiwa, Gangguan Persepsi Sensori, Halusinasi Pendengaran, Skizofrenia, Terapi Spiritual Asmaul Husna.

A PPLICATION OF ASMAUL HUSNA SPIRITUAL THERAPY IN PSYCHIATRIC NURSING CARE FOR SCHIZOPHRENIA PATIENTS WITH SENSORY PERCEPTION DISTURBANCES (AUDITORY HALLUCINATIONS) IN THE WORKING AREA OF CIJAKANG COMMUNITY HEALTH CENTER, GARUT REGENCY, 2026

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ABSTRACT

Background: *Schizophrenia is a chronic mental disorder characterized by disturbances in thought processes, emotions, behavior, and perception, including auditory hallucinations. This condition can impair social functioning, reduce quality of life, and increase the risk of dangerous behavior. Therefore, non-pharmacological nursing interventions are required; one such intervention is listening therapy involving the Asmaul Husna (the Beautiful Names of Allah) played via a speaker to help control auditory hallucination symptoms.* ***Objective:*** *This study aimed to provide psychiatric nursing care to schizophrenia patients experiencing sensory perception disturbances (specifically auditory hallucinations) by implementing Asmaul Husna listening therapy via a speaker in the working area of the Cikajang Community Health Center, Garut Regency.* ***Methods:*** *A qualitative descriptive method with a case study approach was employed, involving two schizophrenia patients with sensory perception disturbances (auditory hallucinations). Nursing care was administered through the stages of assessment, nursing diagnosis, planning, implementation, and evaluation. Hallucination severity was measured using the Auditory Hallucination Rating Scale (AHRS). The intervention was conducted over three days, comprising six sessions.* ***Results:*** *The study results showed a decrease in AHRS scores—from 19 to 12 for Mr. A and from 23 to 15 for Mrs. M—following the Asmaul Husna listening therapy. Both respondents also experienced a reduction in the frequency of hallucinations and an improvement in their ability to control them.* ***Conclusion:*** *Implementing Asmaul Husna listening therapy via a speaker within psychiatric nursing care can help reduce auditory hallucination symptoms, thereby partially resolving the issue of sensory perception disturbance (auditory hallucinations).* ***Recommendation:*** *Asmaul Husna listening therapy can be considered a non-pharmacological intervention in psychiatric nursing care for schizophrenia patients experiencing auditory hallucinations.*

Keywords: *Auditory Hallucination Rating Scale, Mental Health Nursing Care Plan, Sensory Perception Disturbance, Auditory Hallucinations, Schizophrenia, Asmaul Husna Spiritual Therapy.*