

ABSTRAK

Penyakit diare adalah penyebab utama morbiditas dan mortalitas di sirkel anak-anak <5 tahun. Perilaku hidup bersih dan sehat (PHBS) yaitu tingkah yang ditunjukkan agar dilakukannya sebagai pemahaman individu, kelompok atau organisasi supaya mampu untuk mandiri menciptakan derajat kesehatan di masyarakat, salah satunya yaitu ibu. Penelitian ini bertujuan supaya mengetahui hubungan perilaku hidup bersih dan sehat (PHBS) dengan kejadian diare pada balita.

Jenis penelitian *literature Review*. Populasinya jurnal-jurnal internasional dan nasional. Teknik *purposive sampling* dengan kriteria inklusi dan eksklusi menggunakan sampel penelitian 5 jurnal internasional dan nasional yang berkaitan dengan hubungan perilaku hidup bersih dan sehat (PHBS) dengan kejadian diare pada balita. Analisis jurnal dengan Instrument dan uji kelayakan *Joanna Briggs Institute (JBI) Critical Appraisal tools Checklist for Analytical Crosssectional Studies*. Pencarian 3 database *google scholar, pubmed dan sage journal*.

Hasil penelitian membuktikan adanya hubungan perilaku hidup bersih dan sehat (PHBS) dengan kejadian diare pada balita. Kesimpulan perlu adanya peningkatan kesehatan di masyarakat khusus nya orangtua mengenai menerapkan PHBS yang bijak. Saran bagi orang tua agar selalu mengawasi balita nya pada saat pemberian makanan pada anak dengan mempraktikan kegiatan yang melindungi kebersihan sekitar.

Kata kunci: Balita, Kejadian diare, Perilaku hidup bersih dan sehat (PHBS)

Daftar puskata: 4 buku (2015-2017)

13 jurnal (2016-2021)

ABSTRACT

Diarrheal diseases are a major cause of morbidity and mortality among children under 5 years of age. Clean, healthy living behaviors (PHBS) are behaviors that are demonstrated to do as an understanding of individuals, groups or organizations to be able to self-create a degree of health in the community, one of which is the mother. The study aims to identify clean and healthy living behavior (PHBS) with the incidence of diarrhoea in toddlers.

Literature review type of research. The research population is international and national journals. Adhesive sampling with the inclusion and excretion criteria using a sample of research of 5 international and national journals relating to clean living behavior relationships and PHBS (PHBS) with the occurrence of diarrhoeal diarrhea in toddlers. Journal analysis with instruments and predictive test Joanna briggs institute (jbi) critical appraisal tools checklist for anahticai crosssectional studies. Search 3 Google scholar database, pubmed and sage journal.

Studies show a clean, healthy lifebehavior relationship (PHBS) with the incidence of diarrhoea in toddlers. The conclusions need to improve health in communities, especially parents, on the proper and proper applications of PHBS. Suggestions for parents can take note of the poem when giving their children food by first washing the food and keeping their hands clean before and after meals.

Keywords: toddle, diarrhoea incident, healthy clean living behavior (PHBS)

Bilbiograph: 4 books (2015-2017)

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