

ABSTRAK

Hubungan Motivasi Dan Dukungan Keluarga Dengan Keaktifan Kunjungan Lansia Ke Posbindu Di Desa Tanjunlaya Wilayah Kerja Puskesmas Cikancung Kabupaten Bandung Tahun 2023

Pos Pelayanan Terpadu (Posbindu) adalah suatu wadah pelayanan kesehatan bersumber daya masyarakat, Ketercapaian kunjungan Posbindu tidak lepas dari peran serta dan keaktifan kunjungan lansia menggambarkan perilaku lansia dalam pemanfaatan posyandu lansia. Tujuan penelitian ini adalah untuk mengetahui, hubungan motivasi dan dukungan keluarga dengan keaktifan kunjungan lansia ke posbindu di Desa Tanjunlaya Wilayah Kerja Puskesmas Cikancung Kabupaten Bandung tahun 2023. Penelitian ini menggunakan metode penelitian *kuantitatif* . menggunakan pendekatan *cross sectional*. Populasi dalam penelitian ini yaitu seluruh lansia di Desa Tanjunlaya Wilayah Kerja Puskesmas Cikancung Kabupaten Bandung tahun 2023, sebanyak 748 orang dan sampel sebanyak 88 orang. Teknik pengambilan sampel dalam penelitian ini menggunakan *Accidental Sampling*.

Diketahui sebagian besar dari responden memiliki motivasi negatif sebanyak 49 orang (55,7%), sebagian besar dari responden tidak mendapatkan dukungan sebanyak 45 orang (51,1%), sebagian besar dari responden tidak aktif dalam melakukan kunjungan posbindu sebanyak 63 orang (71,6%), Diketahui bahwa nilai $P (0,005)$ lebih kecil dari nilai $\alpha (0,05)$, sehingga dapat disimpulkan bahwa terdapat hubungan antara motivasi lansia dengan keaktifan kunjungan posbindu, Diketahui bahwa nilai $P (0,006)$ lebih kecil dari nilai $\alpha (0,05)$, sehingga dapat disimpulkan bahwa terdapat hubungan antara dukungan keluarga dengan keaktifan kunjungan posbindu.

Diharapkan adanya peningkatan manajemen program promosi kesehatan dalam bentuk advokasi dan sosialisasi kepada masyarakat perlu dilaksanakan secara rutin untuk meningkatkan pemahaman masyarakat tentang fungsi, tujuan dan manfaat dari program Posbindu lansia.

Kata Kunci: Posbindu, Motivasi Dan Dukungan Keluarga
Kepustakaan: 27 (2013-2023)

ABSTRACT

The Relationship between Motivation and Family Support with the Activeness of Elderly Visits to Posbindu in Tanjunlaya Village Working Area of the Cikancung Health Center, Bandung Regency in 2023

The Integrated Service Post (Posbindu) is a forum for community-based health services. The achievement of Posbindu visits cannot be separated from the participation and activeness of elderly visits describing the behavior of the elderly in utilizing the elderly Posyandu. The purpose of this study was to determine the relationship between motivation and family support with the activeness of elderly visits to posbindu in Tanjunlaya Village, Working Area of the Cikancung Health Center, Bandung Regency in 2023. This study used a quantitative research method, using a cross-sectional approach.) The population in this study were all elderly people in Tanjunlaya Village, Working Area of the Cikancung Health Center, Bandung Regency in 2023, as many as 748 people and as many as 88 samples. The sampling technique in this study used Accidental Sampling.

It is known that most of the respondents had negative motivation as many as 49 people (55.7%), most of the respondents did not get support as many as 45 people (51.1%), most of the respondents were not active in visiting posbindu as many as 63 people (71.6%). It is known that the P value (0.005) is smaller than the α value (0.05), so it can be concluded that there is a relationship between the motivation of the elderly and the activeness of posbindu visits. It is known that the P value (0.006) is smaller than the α value (0.05), so it can be concluded that there is a relationship between family support and the activeness of posbindu visits.

It is hoped that there will be an increase in the management of health promotion programs in the form of advocacy and outreach to the community that needs to be carried out regularly to increase public understanding of the functions, objectives and benefits of the elderly Posbindu program.

*Key Glass: Posbindu, Motivation and Family Support
Literature: 27 (2013-2023)*