GAMBARAN TINGKAT PENGETAHUAN SWAMEDIKASI PENGGUNAAN OBAT ANALGESIK UNTUK REMATIK DI APOTEK SENTRA BS FARMA 2

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ABSTRAK

Penyakit yang menyerang sendi menunjukan persentase 23,6% sampai 31,2%. Obat analgesik untuk rematik sering digunakan namun sebagian masyarakat belum memahami tentang penggunaannya. Penelitian ini bertujuan untuk menggambarkan tingkat pengetahuan swamedikasi penggunaan obat analgesik untuk rematik di Apotek Sentra BS Farma 2. Penelitian ini menggunakan metode survei deskriptif. Sampel penelitian sebanyak 100 responden konsumen Apotek Sentra BS Farma 2 yang didapatkan dari perhitungan rumus slovin. Pengambilan data dilakukan menggunakan kuesioner dengan teknik *purposive* sampling. Hasil penelitian pengetahuan swamedikasi penggunaan obat analgesik untuk rematik responden mengetahui definisi analgesik sebanyak 71%,responden mengetahui jenis dan golongan obat sebanyak 70,5%,responden mengetahui cara penggunaan sebanyak 83% dan responden mengetahui efek samping penggunaan obat analgesik sebanyak 67,5%. Tingkat pengetahuan responden terkait swamedikasi penggunaan obat analgesik untuk rematik sebanyak 56% responden memiliki pengetahuan baik,18% responden memiliki pengetahuan cukup dan 26% memiliki pengetahuan kurang. Tenaga farmasi dapat menggunakan hasil penelitian ini sebagai masukan untuk meningkatkan edukasi swamedikasi penggunaan obat analgesik.

Kata Kunci : Nyeri sendi, Swamedikasi, Analgesik untuk rematik

OVERVIEW OF THE LEVEL OF SELF-MEDICATION KNOWLEDGE OF THE USE OF ANALGESIC DRUGS FOR RHEUMATISM AT THE BS FARMA 2 CENTER PHARMACY

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ABSTRACT

Diseases that affect the joints show a percentage of 23.6% to 31.2%. Analgesic drugs for rheumatism are often used, but some people do not understand their use. This study aims to describe the level of self-medication knowledge of the use of analgesic drugs for rheumatism at the BS Farma 2 Center Pharmacy. This study uses a descriptive survey method. The research sample was 100 respondents of Pharmacy Sentra BS Farma 2 consumers obtained from the calculation of the slovin formula. Data collection was carried out using a questionnaire with a purposive sampling technique. The results of the self-medication knowledge research on the use of analgesic drugs for rheumatism, respondents knew the definition of analgesics as much as 71%, respondents knew the type and class of drugs as much as 70.5%, respondents knew how to use as much as 83% and respondents knew the side effects of using analgesic drugs as much as 67.5%. The level of knowledge of respondents related to self-medication the use of analgesic drugs for rheumatism was 56% of respondents had good knowledge, 18% of respondents had sufficient knowledge and 26% had insufficient knowledge. Pharmacists can use the results of this study as input to improve self-medication education on the use of analgesic drugs.

__Keywords__: Joint pain, Self-medication, Analgesics for rheumatism