

**PENGEMBANGAN *DRAFT STANDARD OPERATING PROCEDURE* (SOP)
PENUNGGU PASIEN ISOLASI TUBERKULOSIS SEBAGAI STRATEGI
PENINGKATAN KESELAMATAN PASIEN DAN KELUARGA PASIEN
DI RUANG ABDURRAHMAN BIN AUF I RSUD WELAS ASIH
PROVINSI JAWA BARAT**

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ABSTRAK

Tuberkulosis (TB) merupakan penyakit infeksi menular yang disebabkan oleh *Mycobacterium tuberculosis* dan menjadi masalah kesehatan global dengan angka tingkat kejadian penyakit yang tinggi. Penularan TB yang terjadi melalui udara memerlukan upaya pencegahan ketat di fasilitas kesehatan, termasuk pengaturan penunggu pasien isolasi. Di RSUD Welas Asih, belum tersedia *Standard Operating Procedure* (SOP) khusus bagi penunggu pasien isolasi TB sehingga berpotensi meningkatkan risiko penularan. Penelitian ini bertujuan mengembangkan draft SOP penunggu pasien isolasi TB di Ruang Abdurrahman Bin Auf I sebagai strategi peningkatan keselamatan pasien dan keluarga pasien. Metode penelitian menggunakan pendekatan deskriptif dengan tahapan evaluasi keberadaan SOP, identifikasi kebutuhan, penyusunan rancangan draft SOP, hingga finalisasi melalui kajian literatur dan telaah dokumen kebijakan. Hasil pengembangan draft SOP mencakup pengaturan akses penunggu, penggunaan alat pelindung diri (APD) yang sesuai, edukasi pencegahan penularan, serta tata alur pendampingan pasien yang aman. Penerapan draft SOP diharapkan meningkatkan kepatuhan penunggu terhadap protokol keselamatan, menurunkan risiko penularan TB di rumah sakit, serta menjadi acuan bagi tenaga kesehatan dalam memberikan edukasi. Kesimpulannya, draft SOP penunggu pasien isolasi TB berperan penting dalam memperkuat upaya pencegahan dan pengendalian infeksi serta mendukung mutu pelayanan rumah sakit.

Kata kunci: Keselamatan pasien, penunggu pasien, ruang isolasi, SOP, Tuberkulosis.

**DEVELOPMENT OF A DRAFT STANDARD OPERATING PROCEDURE
(SOP) FOR TUBERCULOSIS ISOLATION PATIENT ATTENDANTS AS A
STRATEGY TO IMPROVE PATIENT AND FAMILY SAFETY IN
ABDURRAHMAN BIN AUF I WARD, WELAS ASIH REGIONAL
GENERAL HOSPITAL, WEST JAVA PROVINCE**

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ABSTRACT

*Tuberculosis (TB) is an infectious disease caused by *Mycobacterium tuberculosis* and remains a global health problem with a high incidence rate. Airborne transmission requires strict preventive measures in healthcare facilities, including the regulation of companions for patients in isolation. At RSUD Welas Asih, there is currently no specific Standard Operating Procedure (SOP) for companions of TB isolation patients, which may increase the risk of transmission. This study aims to develop a draft SOP for companions of TB isolation patients in the Abdurrahman Bin Auf I Ward as a strategy to improve patient and family safety. The research employed a descriptive approach through stages including evaluation of existing SOPs, needs identification, drafting of the SOP, and finalization through literature review and policy document analysis. The developed draft SOP covers regulations for companion access, appropriate use of personal protective equipment (PPE), education on transmission prevention, and safe patient accompaniment procedures. Implementation of the draft SOP is expected to enhance companion compliance with safety protocols, reduce the risk of TB transmission in hospitals, and serve as a guideline for healthcare workers in providing education. In conclusion, the draft SOP for companions of TB isolation patients plays an important role in strengthening infection prevention and control efforts and supporting the quality of hospital services.*

Keywords: *patient companion, patient safety, isolation room, SOP, tuberculosis.*