

ABSTRAK

ANALISA ASUHAN KEPERAWATAN PADA PASIEN PENYAKIT DHF DENGAN INTERVENSI *TERAPI MUROTAL AL-QURAN* DALAM MENGATASI NYERI AKUT PADA TN. W DI RUANG UMAR BIN KHATAB 3 RSUD WELAS ASIH

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Dengue Hemorrhage Fever (DHF) umumnya ditularkan melalui nyamuk yang terinfeksi virus *dengue*. Pada pasien DHF dapat ditemukan beberapa gejala seperti badan nyeri, suhu tubuh tinggi serta mengigil, mual, muntah, pusing, pegal-pegal, bintik-bintik merah pada kulit. Terapi murotal Al Quran adalah salah satu penatalaksanaan terapi non farmakologis yang bertujuan untuk mengurangi rasa nyeri. Melakukan Asuhan Keperawatan Tn.w dengan DHF yang Dilakukan Terapi Murotal Al Quran di ruang Umar Bin Khatab 3 RSUD Welas Asih. Pendekatan studi kasus. Intervensi diberikan selama 3 hari. Hasil skala nyeri hari pertama sebelum diberikan 8 (0-10) setelah diberikan selama 3 hari skala nyeri menjadi 1 (0-10). Terapi murotal al quran didapatkan bahwa terdapat perubahan hari pertama hingga hari ke 3. Berdasarkan hasil studi kasus yang dilakukan, diharapkan pasien dapat melanjutkan Terapi murotal Al quran karena bisa menurunkan rasa nyeri dengan prosedur Minimal 20 menit dan rutin untuk melakukan pemeriksaan fasilitas kesehatan terdekat.

Kata kunci : Nyeri akut, *Terapi Murotal Al Quran*, DHF

ABSTRACT

ANALYSIS OF NURSING CARE FOR DHF PATIENTS WITH AL-QURAN MUROTAL THERAPY INTERVENTION IN OVERCOMING ACUTE PAIN IN MR. W IN THE UMAR BIN KHATAB 3 ROOM, WELAS ASIH REGIONAL HOSPITAL

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Dengue Hemorrhage Fever (DHF) is generally transmitted by mosquitoes infected with the dengue virus. In DHF patients, several symptoms can be found such as body aches, high body temperature and shivering, nausea, vomiting, dizziness, aches, red spots on the skin. Al Quran murotal therapy is one of the non-pharmacological therapy management that aims to reduce pain. To carry out Virginitiy Care for Mr. w with DHF who carried out Al Quran Murotal Therapy in the Umar Bin Khatab 3 room of Welas Asih Regional Hospital. Case study approach. The intervention was given for 3 days. The results of the pain scale on the first day before being given were 8 (0-10) after being given for 24 hours the pain scale became 1 (0-10). Al Quran murotal therapy found that there were changes from the first day to the 3rd day. Based on the results of the case study conducted, it is hoped that patients can continue Al Quran murotal therapy because it can reduce pain with a minimum procedure of 20 minutes and routinely to check the nearest health facility.

Keywords : Acute pain, Quran recitation therapy, dengue fever