

DAFTAR PUSTAKA

- Amir, J., Nurhayati, S., & Keperawatan Dharma Wacana, A. (2025). Implementasi Kombinasi Contrast Bath Dengan Foot Massage Terhadap Edema Kaki Pada Pasien Gagal Jantung Implementation Of A Combination Of Contrast Bath With Foot Massage Against Foot Edema. *Jurnal Cendikia Muda*, 5(3).
- Annisha, A., Amir, H., Karepesina, N., Hidayat, R., Kunci, K., Oksigen, T., Diafragm, P., & Jantung, G. (N.D.). Penerapan Terapi Oksigen Dan Deep Dhiaphragmatic Breathing Untuk Mengatasi Sesak Napas Dengan Masalah Acute Decompensated Heart Failure Application Of Oxygen Therapy And Deep Dhiaphragmatic Breathing To Overcome Shortness Of Breath With Acute Decompensated Heart Failure 1*. In *An Idea Health Journal*.
- Badan Penelitian dan Pengembangan Kesehatan (Balitbangkes). (2018). *Hasil utama Riskesdas 2018*. Jakarta: Kementerian Kesehatan RI
- DPP PPNI. (2017). *Standar Diagnosis Keperawatan Indonesia (Sdki)*. Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia.
- DPP PPNI. (2018). *Standar Intervensi Keperawatan Indonesia (Siki)*. Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia.
- DPP PPNI. (2018). *Standar Luaran Keperawatan Indonesia (Slki)*. Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia.
- Eriyani, T., Shalahuddin, I., & Pebrianti, S. (2024). Edukasi Teknik Relaksasi Pursed Lip Breathing Dan Latihan Intoleransi Aktivitas Walking With Controlled Breathing Pasien Penyakit Jantung. *Jurnal Kreativitas Pengabdian Kepada Masyarakat (Pkm)*, 7(6), 2590–2601. <https://doi.org/10.33024/Jkpm.V7i6.14833>
- Febyastuti, I. Widya, Widyaningtyas, N. H., & Zakaria, E. D. (2024). Studi Kasus: Penerapan Pursed Lip Breathing Dan Diaphragmatic Breathing Exercise Pada Pasien Congestive Heart Failure Dengan Sesak Napas Di Instalasi Gawat Darurat. *Holistic Nursing And Health Science*, 6(2), 86–95. <https://doi.org/10.14710/Hnhs.6.2.2023.86-95>
- Febyastuti, I. Widya, Widyaningtyas, N. H., & Zakaria, E. D. (2024). Studi Kasus: Penerapan Pursed Lip Breathing Dan Diaphragmatic Breathing Exercise Pada Pasien Congestive Heart Failure Dengan Sesak Napas Di Instalasi Gawat Darurat. *Holistic Nursing And Health Science*, 6(2), 86–95. <https://doi.org/10.14710/Hnhs.6.2.2023.86-95>
- Felker, G. M., & Fudim, M. (N.D.). *Dekompensasi Akut Gagal Jantung*. www.Onlinedoctranslator.Com
- GBD 2019 Diseases and Injuries Collaborators. (2020). *Global burden of 369 diseases and injuries in 204 countries and territories, 1990–2019: A systematic analysis for the Global Burden of Disease Study 2019*. The Lancet, 396(10258), 1204–1222. [https://doi.org/10.1016/S0140-6736\(20\)30925-9](https://doi.org/10.1016/S0140-6736(20)30925-9)
- Jamilah, M. (2023). Deep Breathing Exercise Terhadap Tingkat Dyspnea Pada Gagal Jantung Di Rumah Sakit Wilayah Depok. *Jhcn Journal Of*

- Health And Cardiovascular Nursing*, 3(1).
<https://doi.org/10.36082/Jhcn.V3i1.1052>
- Kesehatan Denpasar Jurusan Keperawatan, P. (N.D.). *Lampiran 1. Tehnik Purse Lips Breathing*.
- Miranda, F., Program Studi Profesi Ners, M., Keperawatan Universitas Syiah Kuala, F., & Keilmuan Keperawatan Gawat Darurat Fakultas Keperawatan, B. (2022). *Perawatan Pasien Acute Decompensated Heart Failure Di Iccu: Suatu Studi Kasus Treatment Of Acute Decompensated Heart Failure In Iccu: A Case Study* (Vol. 1).
- Mooventhana, A., & Nivethitha, L. (2014). Scientific evidence-based effects of hydrotherapy on various systems of the body. In *North American Journal of Medical Sciences* (Vol. 6, Issue 5, pp. 199–209). North American Journal of Medical Sciences. <https://doi.org/10.4103/1947-2714.132935>
- Muhammadiyah Klaten, U., Widiyanto, A., Sawitri, E., Elsera, C., Zukhri, S., Keperawatan, D., Ilmu Kesehatan dan Teknologi, F., Ners, P., & Muhammadiyah Klaten, U. (n.d.). *The 2 nd Conference of Health and Social Humaniora*.
- Nguyen, J. D., & Duong, H. (2025). *Effectiveness of Pursed-Lip Breathing and Breathing Exercise in Acute Heart Failure: A Clinical Review*. *Journal of Cardiopulmonary Nursing*, 17(1), 45–52
- Njoroge, J. N., & Teerlink, J. R. (2021). Pathophysiology And Therapeutic Approaches To Acute Decompensated Heart Failure. *Circulation Research*, 128(10), 1468–1486.
<https://doi.org/10.1161/Circresaha.121.318186>
- Njoroge, J. N., & Teerlink, J. R. (2021). Pathophysiology And Therapeutic Approaches To Acute Decompensated Heart Failure. *Circulation Research*, 128(10), 1468–1486.
<https://doi.org/10.1161/Circresaha.121.318186>
- Oleh, D., Yaniarti, D., Zulkarnain, H. E., Arifianto, H., Sasmaya, H., Suciadi, L. P., Probo, P., Rarsari, D., Siti, S., Nauli, E., Kartini, V., Putri, P., Aditya, W., & Sarasatri, Y. (N.D.). *Pedoman Tatalaksana Gagal Jantung*.
- Reddi, B. A. J., Shanmugam, N., & Fletcher, N. (2017). Heart Failure—Pathophysiology And Inpatient Management. *Bja Education*, 17(5), 151–160. <https://doi.org/10.1093/Bjaed/Mkw067>
- Setyawati, T. (2024). Acute Decompensated Heart Failure Pada Pasien Dengan Tetralogy Of Fallot: Laporan Kasus Acute Decompensated Heart Failure In A Patient With Tetralogy Of Fallot: A Case Report. In *Jurnal Medical Profession (Medpro)* (Vol. 6, Issue 2).
- Setyawati, T. (2024). Acute Decompensated Heart Failure Pada Pasien Dengan Tetralogy Of Fallot: Laporan Kasus Acute Decompensated Heart Failure In A Patient With Tetralogy Of Fallot: A Case Report. In *Jurnal Medical Profession (Medpro)* (Vol. 6, Issue 2).
- Sugiharto, F., Larashati, D., Sari, W. P., Prawesti, A., Mirwanti, R., & Nuraeni, A. (2024). Acute Decompensated Heart Failure Pasca Kardioversi Pada Pasien Lansia Dengan Diabetes Mellitus Dan Chronic Kidney

- Disease : Sebuah Laporan Kasus. *Mahesa : Malahayati Health Student Journal*, 4(8), 3326–3340.
<https://doi.org/10.33024/Mahesa.V4i8.15108>
- Sugiharto, F., Larashati, D., Sari, W. P., Prawesti, A., Mirwanti, R., & Nuraeni, A. Szulczewski, M. T. (2019). Training of paced breathing at 0.1 Hz improves CO₂ homeostasis and relaxation during a paced breathing task. *PLoS ONE*, 14(6). <https://doi.org/10.1371/journal.pone.0218550>
- Tazkirah, R., Kamal, A., Safuni, N., Program, M., Ners, S. P., Universitas, K., Kuala, S., Keperawatan, B. K., Bedah, M., & Keperawatan, F. (N.D.). *Asuhan Keperawatan Pada Pasien Acute Decompensated Heart Failure (Adhf): Suatu Studi Kasus Nursing Care Of Acute Decompensated Heart Failure (Adhf) Patients: A Case Study*.
- World Health Organization (WHO). (2019). *The top 10 causes of death*.
- Yesa, F. R. (2019). *Faktor-faktor yang berhubungan dengan kejadian gagal jantung pada usia dewasa*. [Skripsi]. Universitas 'Aisyiyah Yogyakarta
- Yuniadi, Y. (2017). *Buku ajar kardiologi: Gagal jantung*. Jakarta: Badan Penerbit Fakultas Kedokteran Universitas Indonesia.