

LAMPIRAN

LAMPIRAN 1

OBAT HIPERTENSI REKOMENDASI JNC 8

Antihypertensive medication	Initial Daily Dose,mg	Target dose in RCTs Reviewed, mg	No. of Doses per Day
Ace inhibitor			
Captopril	50	150-200	2
Enalapril	5	20	1-2
Lisinopril	10	40	1
Angiotensin Receptor Blocker			
Eprosartan	400	600-800	1-2
Candesartan	4	12-32	1
Losartan	50	100	1-2
Valsartan	40-80	160-320	1
Irbesartan	75	300	1
Beta blocker			
Atenolol	25-50	100	1
Metoprolol	50	100-200	1-2
Calcium Chanel Blocker			
Amlodipine	2,5	10	1
Diltiazem extended released	120-180	360	1
Nitrendipin	10	20	1-2
Thiazide-type diuretics			
Bendroflumethiazide	5	10	1

Antihypertensive medication	Initial Daily Dose,mg	Target dose in RCTs Reviewed, mg	No. of Doses per Day
chlorthalidon	12,5	12,5 – 25	1
Hydrochlorthiazide	12,5-25	25-100	1-2
Indapamide	1,25	1,25-2,5	1

LAMPIRAN II

ALGORITMA PENANGANAN HIPERTENSI JNC 8

