

ABSTRAK

GAMBARAN PERESEPAN OBAT PADA PASIEN ASMA

DI APOTEK FITA FARMA SUMEDANG

Asma adalah penyakit inflamasi kronis pada saluran napas yang menyebabkan hipersensitivitas bronkus terhadap berbagai rangsangan, mengakibatkan gejala seperti mengi, batuk, sesak napas, dan dada sesak, terutama pada malam hari, dan sering reversibel dengan atau tanpa terapi. Tujuan dari penelitian ini adalah untuk mengetahui obat asma yang paling banyak diresepkan di Apotek Fita Farma Sumedang. Penelitian non-eksperimental digunakan, dan jenis penelitian yang dilakukan adalah pengumpulan data deskriptif. Antara November 2021 dan Februari 2022, 70 resep pasien asma termasuk obat asma dikumpulkan sebagai sampel di Apotek Fita Farma Sumedang. Data dianalisis untuk memastikan jenis kelamin, usia, dan penggunaan obat asma.

Hasil analisis data diketahui bahwa pasien asma sebagian besar adalah pasien anak perempuan sebanyak 36 orang (51%) dibandingkan dengan pasien anak laki-laki sebanyak 34 orang (49%). Berdasarkan karakteristik umur pasien jumlah terbanyak ada pada rentang usia 0-2 tahun yaitu sebanyak 32 orang (46%) usia 2-6 tahun sebanyak 29 orang (41%) dan usia 6-12 tahun sebanyak 5 orang (7%) usia 12-14 tahun yaitu sebanyak 4 orang (6%). Obat asma berdasarkan resep yaitu Obat Procaterol 25 mcg sebanyak 59 resep (84%), Obat Salbutamol 2 mg sebanyak 9 resep (13%) dan Obat Prednison 2 resep (3%). Kesimpulan dari penelitian ini adalah obat asma yang paling banyak diresepkan yaitu obat Procaterol HCl 25 mcg maka sesuai dengan guideline terapi dan rasional.

Kata Kunci: Obat asma, penyakit asma, di Apotek Fita Farma

ABSTRACT
DESCRIPTION OF DRUG PRESCRIPTION IN ASTHMA PATIENTS AT A
PHARMACY FITA FARMA SUMEDANG

Asthma is a chronic inflammatory disease of the airways that causes bronchial hypersensitivity to various stimuli, resulting in symptoms such as wheezing, coughing, shortness of breath, and shortness of breath, especially at night, and is often reversible with or without therapy. The purpose of this study was to determine the most commonly prescribed asthma medication at the Fita Farma Pharmacy Sumedang. Non-experimental research was used, and the type of research conducted was descriptive data collection. Between November 2021 and February 2022, 70 asthma patient prescriptions including asthma medications were collected as samples at the Fita Farma Pharmacy Sumedang. Data to ascertain gender, age, and use of asthma medications.

The results of data analysis showed that the majority of asthmatic patients were female patients as many as 36 people (51%) compared to male patients as many as 34 people (49%). Based on the age characteristics of the patients, the highest number was in the age range of 0-2 years, namely 32 people (46%) aged 2-6 years as many as 29 people (41%) and ages 6-12 years as many as 5 people (7%) aged 12 - 14 years as many as 4 people (6%). Asthma drugs based on prescriptions are 59 prescriptions of Procaterol 25 mcg (84%), 9 prescriptions of Salbutamol 2 mg (13%) and 2 prescriptions of Prednisone (3%). The conclusion of this study is that the most prescribed asthma drug is Procaterol HCl 25 mcg, so it is in accordance with therapeutic guidelines and is rational.

Keywords: Asthma medicine, asthma, at the Fita Farma Pharmacy