

GAMBARAN PENCAPAIAN *BROMAGE SCORE* ≤ 2 PADA PASIEN PASCA ANESTESI SPINAL DI RSUD BAYU ASIH PURWAKARTA

TIHANDRA SEPTIANA

201FI03064

Program Studi Sarjana Terapan Keperawatan Anestesiologi, Fakultas Ilmu Kesehatan
Universitas Bhakti Kencana

ABSTRAK

Bromage score sebagai kriteria penilaian pada pasien pasca anestesi spinal, dapat dipindahkan ke ruang rawat apabila telah mencapai *bromage score* ≤ 2 . Tujuan dalam penelitian ini adalah untuk mengetahui gambaran pencapaian *bromage score* ≤ 2 pada pasien pasca anestesi spinal di RSUD Bayu Asih Purwakarta. Penelitian ini dilakukan dengan metode kuantitatif deskriptif dengan pendekatan observasional. Instrumen penelitian menggunakan lembar observasi. Populasi pada penelitian ini yaitu pasien pasca anestesi spinal di RSUD Bayu Asih Purwakarta berjumlah 143 pasien. Sampel berjumlah 58 responden dengan teknik pengambilan sampel *Purposive Sampling*. Hasil penelitian menunjukkan bahwa hampir dari setengah responden berumur 56-65 tahun yaitu sebanyak 21 responden (36,2%). Separuh setengah responden mencapai skor 2 yaitu sebanyak 40 responden (69,0%), 17 responden dengan skor 1 (29,3%), dan 1 responden dengan skor 0 (1,7%). Hampir dari setengah responden berdasarkan karakteristik umur 56-65 tahun mendapatkan skor 2 sebanyak 21 responden (36,2%). Waktu pencapaian *bromage score* ≤ 2 didapatkan hampir dari setengah responden berdasarkan karakteristik umur 56-65 tahun mendapatkan waktu > 2 jam sebanyak 21 responden (36,2%). Diharapkan bisa dijadikan sebagai masukan dalam menjalankan prosedur perawatan pasien pasca operasi dan lebih memperhatikan pencapaian *bromage score* pada pasien pasca anestesi spinal. Karena ditemukan masih ada beberapa pasien yang mencapai *bromage score* > 2 jam terutama pasien berumur > 45 tahun. Sehingga dapat melakukan kerja sama dengan perawat ruangan dalam melakukan latihan ROM untuk mempercepat pencapaian *bromage score* pasien.

Kata kunci : *Bromage score*, waktu pencapaian, penilaian

**DESCRIPTION OF THE ACHIEVEMENT OF BROMAGE SCORE ≤ 2 IN
PATIENTS AFTER SPINAL ANESTHESIA AT RSUD BAYU ASIH
PURWAKARTA**

TIHANDRA SEPTIANA

201FI03064

*Department of Bachelor of Applied Nursing Anesthesiology, Faculty of Health
Sciences, Bhakti Kencana University*

ABSTRACT

Bromage score as an assessment criterion in post-spinal anesthesia patients, can be transferred to the hospital room if it has reached bromage score ≤ 2 . The purpose of this study was to determine the description of the achievement of bromage score ≤ 2 in patients after spinal anesthesia at RSUD Bayu Asih Purwakarta. This study was conducted using descriptive quantitative method with observational approach. The research instrument used an observation sheet. The population in this study were post-spinal anesthesia patients at Bayu Asih Purwakarta Hospital, totaling 143 patients. The sample amounted to 58 respondents with purposive sampling technique. The results showed that almost half of the respondents were aged 56-65 years, as many as 21 respondents (36.2%). Half of the respondents achieved a score of 2 as many as 40 respondents (69.0%), 17 respondents with a score of 1 (29.3%), and 1 respondent with a score of 0 (1.7%). Almost half of the respondents based on the characteristics of age 56-65 years got a score of 2 as many as 21 respondents (36.2%). The time to achieve bromage score ≤ 2 was obtained by almost half of the respondents based on the characteristics of age 56-65 years getting time > 2 hours as many as 21 respondents (36.2%). It is hoped that it can be used as input in carrying out postoperative patient care procedures and paying more attention to the achievement of bromage score in patients after spinal anesthesia. Because it was found that there were still some patients who achieved a bromage score > 2 hours, especially patients aged > 45 years. So that it can collaborate with the room nurse in doing ROM exercises to accelerate the achievement of the patient's bromage score.

Keywords: *Bromage score, achievement time, evaluation*