

GAMBARAN PENGETAHUAN MASYARAKAT DAN PERILAKU PENGUNAAN SUPLEMEN VITAMIN C PADA MASA PANDEMI COVID-19 DI RW. 02 DESA MAJAKERTA KECAMATAN MAJALAYA

ABSTRAK

Semenjak pandemi covid-19, suplemen vitamin C semakin dicari oleh berbagai kalangan masyarakat. Dilihat dari fungsinya vitamin C terbukti untuk meningkatkan sistem imun tubuh manusia, oleh karena itu tak sedikit masyarakat mengonsumsi suplemen vitamin C setiap harinya agar daya tahan tubuh tetap terjaga dari paparan virus covid-19. Penelitian ini bertujuan untuk mengetahui pengetahuan masyarakat dan penggunaan suplemen vitamin C pada masa pandemi covid-19 di RW. 02 Desa Majakerta Kecamatan Majalaya Kabupaten Bandung. Metode yang digunakan pada rancangan penelitian ini adalah menggunakan metode kuantitatif dengan jenis penelitian deskriptif. Teknik pengambilan sampel digunakan *random sampling* dan alat ukur berupa kuesioner online. Hasil penelitian menunjukkan pengetahuan masyarakat kategori baik 91 orang (79,8%), cukup baik 17 orang (14,9%), kurang baik 3 orang (2,6%), dan tidak baik 3 orang (2,6%). Perilaku masyarakat kategori baik 51 orang (44,7%), cukup baik 61 orang (53,5%), kategori kurang baik 1 orang (0,9%) dan tidak baik 1 orang (0,9%). Berdasarkan hasil penelitian menunjukkan bahwa persentase pengetahuan masyarakat (83,72%) baik, perilaku masyarakat (75,21%) cukup baik.

Kata Kunci: Pengetahuan, Perilaku, Penggunaan Suplemen Vitamin C pada Masa Pandemi Covid-19

DESCRIPTION OF COMMUNITY KNOWLEDGE AND BEHAVIOR OF USING VITAMIN C SUPPLEMENT DURING THE COVID-19 PANDEMIC IN RW. 02 MAJAKERTA VILLAGE, MAJALAYA DISTRICT

ABSTRACT

Since the COVID-19 pandemic, vitamin C supplements have been increasingly sought after by various circles of society. Judging from its function, vitamin C is proven to improve the human immune system. Therefore, not a few people take vitamin C supplements every day so that their immune system is maintained from exposure to the covid-19 virus. This study aims to determine public knowledge and use of vitamin C supplements during the COVID-19 pandemic in RW. 02 Majakerta Village, Majalaya District, Bandung Regency. The method used in this research design is a quantitative method with a descriptive research design. The sampling technique used was random sampling and the measuring instrument was an online questionnaire. The results showed that the knowledge of the community was in the good category of 91 people (79.8%), quite good for 17 people (14.9%), less good for 3 people (2.6%), and not good for 3 people (2.6%). Community behavior in good category 51 people (44.7%), quite good 61 people (53.5%), bad category 1 person (0.9%) and not good 1 person (0.9%). Based on the results of the study, it showed that the percentage of community knowledge (83.72%) was good, while community behavior (75.21%) was quite good.

Keywords: Knowledge, Behavior, Use of Vitamin C Supplements during the Covid-19 Pandemic