

POLA PENGGUNAAN OBAT ANALGETIK DENGAN RESEP DOKTER DI APOTEK KOTA MEDAN TAHUN 2016

ABSTRAK

Analgetik adalah obat penghilang rasa nyeri tanpa menghilangkan kesadaran. Analgetik merupakan golongan obat yang sering diresepkan dan umum digunakan untuk pengobatan nyeri. Penelitian ini bertujuan untuk mengetahui pola penggunaan analgetik berdasarkan jenis kelamin, nama dan golongan analgetik, durasi penggunaan, bentuk sediaan, Apotek Sehati Bandung tahun 2020.

Penelitian ini dilakukan dengan metode deskriptif yang dilakukan secara retrospektif. Penelitian dilakukan pada bulan Februari - April Tahun 2020, dengan data resep selama bulan Februari - April Tahun 2020. Data yang diperoleh disajikan dalam bentuk persentase dan tabel. Hasil penelitian menunjukkan bahwa dari 1556 lembar resep dan 181 resep (12%) memenuhi kriteria inklusi yang mengandung obat analgetik. Analgetik paling banyak digunakan oleh laki – laki (53%) dan (47%), mayoritas penggunaan analgetik terjadi pada usia 17 -25 tahun, sebanyak 51 resep (28%). Analgetik yang sering diresepkan adalah analgetik non-opioid yaitu Paracetamol sebanyak 90 resep (50%). Durasi penggunaan paling sering diresepkan selama 3 hari sebanyak 93 resep. Bentuk sediaan analgetik yang sering diresepkan adalah tablet sebanyak 166 resep (92%).

Kata kunci: resep, analgetik, apotek.

ABSTRACT

Analgesics are painkillers without eliminating consciousness. Analgesics are a class of drugs that are often prescribed and commonly used for the treatment of pain. This study is to determine patterns of analgesic use by sex, name and group analgesic, duration of use, dosage forms, Bandung Healthy Pharmacy in 2020.

This research was conducted with a descriptive method that was carried out retrospectively. This research was carried out with a descriptive method that was carried out retrospectively. The study was conducted in February - April 2020, with prescription data during February - April 2020. The data obtained were presented in the form of percentages and tables. The results showed that of 1556 recipes and 181 recipes (12%) met the inclusion criteria containing analgesic drugs. Analgesics is most widely used by men (53%) and (47%), the majority of analgesic use occurs at the age of 17-25 years, as many as 51 prescriptions (28%). Analgesics that are often prescribed are non-opioid analgesics, namely 90 prescriptions (50%). The most commonly prescribed duration of use for 3 days is 93 recipes. The most commonly prescribed analgesic form is 166 prescription tablets (92%). The study was conducted in February - April 2020, with prescription data during February April 2020. The data obtained were presented in the form of percentages and tables. The results showed that of 1556 recipes and 181 recipes (12%) met the inclusion criteria containing analgesic drugs. Analgesics is most widely used by men (53%) and (47%), the majority of analgesic use occurs at the age of 17-25 years, as many as 51 prescriptions (28%). Analgesics that are often prescribed are non-opioid analgesics, namely 90 prescriptions (50%). The most commonly prescribed duration of use for 3 days is 93 recipes. Analgesic dosage forms that are often prescribed are 166 tablets (92%).

Keyword: *prescription, analgesics, pharmacies.*