

## **LAMPIRAN**

**LAMPIRAN 1. DATA PASIEN DM TIPE 2 BERDASARKAN KADAR GULA DARAH**

| <b>DATA GDP DAN GD2PP PADA PASIEN DM TIPE 2 DI POLIKLINIK PENYAKIT DALAM RSUD CIBABAT CIMAHI</b> |                    |                      |             |                 |                  |                   |                     |              |
|--------------------------------------------------------------------------------------------------|--------------------|----------------------|-------------|-----------------|------------------|-------------------|---------------------|--------------|
| <b>PERIODE OKTOBER 2019 - DESEMBER 2019</b>                                                      |                    |                      |             |                 |                  |                   |                     |              |
| <b>NO</b>                                                                                        | <b>NAMA PASIEN</b> | <b>JENIS KELAMIN</b> | <b>USIA</b> | <b>GDP AWAL</b> | <b>GDP AKHIR</b> | <b>GD2PP AWAL</b> | <b>GD 2PP AKHIR</b> | <b>HbA1C</b> |
| 1                                                                                                | AROS SJAEPURNAMA   | L                    | 68          | 166             | 220              | 99                | 202                 |              |
| 2                                                                                                | DAUD ZAKARIA       | L                    | 71          | 256             | 187              | 530               | 256                 | 9.6          |
| 3                                                                                                | ANIK SUDARWATI     | P                    | 61          | 111             | 181              | 318               | 307                 |              |
| 4                                                                                                | NANI SURYANI       | P                    | 65          | 181             | 179              | 209               | 231                 |              |
| 5                                                                                                | NANA DJUNAEDI      | L                    | 68          | 144             | 155              | 261               | 65                  |              |
| 6                                                                                                | ELSYERIA PASARIBU  | P                    | 76          | 147             | 180              | 231               | 252                 | 8.2          |
| 7                                                                                                | RONI SUJANA        | L                    | 75          | 77              | 134              | 82                | 184                 |              |
| 8                                                                                                | NUNUNG             | P                    | 50          | 251             | 260              | 270               | 260                 |              |
| 9                                                                                                | E.KARMILA          | P                    | 60          | 233             | 230              | 356               | 418                 |              |
| 10                                                                                               | ADE MARJUK         | L                    | 58          | 225             | 199              | 341               | 232                 |              |
| 11                                                                                               | RATNASARI          | P                    | 57          | 138             | 261              | 253               | 377                 |              |
| 12                                                                                               | AAN KURNIA         | L                    | 48          | 158             | 192              | 179               | 314                 |              |
| 13                                                                                               | LILIS SUMIATI      | P                    | 52          | 380             | 399              | 402               | 483                 |              |
| 14                                                                                               | EDHI PRAMONO       | L                    | 65          | 229             | 200              | 308               | 331                 |              |
| 15                                                                                               | AMIRAH             | P                    | 68          | 231             | 261              | 283               | 270                 |              |
| 16                                                                                               | ENDANG PUJI RAHAYU | P                    | 61          | 178             | 116              | 245               | 165                 |              |
| 17                                                                                               | ETI DJUMIRAH       | P                    | 67          | 143             | 285              | 54                | 255                 |              |
| 18                                                                                               | SARWONO            | L                    | 52          | 290             | 227              | 361               | 209                 |              |
| 19                                                                                               | EDDY FIRDAUS       | L                    | 54          | 148             | 176              | 392               | 360                 |              |
| 20                                                                                               | SYARIEF HIDAYAT    | L                    | 61          | 141             | 201              | 220               | 324                 |              |
| 21                                                                                               | SUYANTI            | P                    | 60          | 295             | 287              | 322               | 331                 |              |
| 22                                                                                               | TATI KARWATI       | P                    | 54          | 202             | 90               | 194               | 129                 |              |
| 23                                                                                               | LEO HAPPY          | P                    | 34          | 110             | 212              | 281               | 390                 |              |
| 24                                                                                               | JAPINAR SIANTURI   | L                    | 67          | 200             | 184              | 180               | 200                 |              |
| 25                                                                                               | PUJI ASTUTI        | P                    | 64          | 214             | 206              | 278               | 253                 |              |

|    |                    |   |    |     |     |     |     |      |
|----|--------------------|---|----|-----|-----|-----|-----|------|
| 26 | EYEN               | L | 79 | 289 | 250 | 312 | 342 |      |
| 27 | IKA ROSTIKAWATI    | P | 49 | 313 | 192 | 346 | 135 |      |
| 28 | HERYANI            | P | 69 | 153 | 145 | 319 | 104 |      |
| 29 | YULIANA            | P | 45 | 112 | 139 | 130 | 183 |      |
| 30 | ICAH BINTI AYUR    | P | 62 | 178 | 194 | 214 | 104 |      |
| 31 | OJANAH             | P | 56 | 280 | 270 | 291 | 251 |      |
| 32 | NANI               | P | 66 | 241 | 240 | 363 | 471 |      |
| 33 | SUHAIRI            | L | 57 | 297 | 290 | 341 | 330 |      |
| 34 | AI CUCU            | P | 68 | 123 | 142 | 212 | 310 |      |
| 35 | SITI RODIAH        | P | 42 | 279 | 237 | 368 | 303 |      |
| 36 | TRISNO SUCIPTO     | L | 55 | 92  | 128 | 225 | 294 |      |
| 37 | DENY MASDENI       | P | 56 | 204 | 146 | 331 | 262 |      |
| 38 | OMAH SALAMAH       | P | 53 | 129 | 82  | 178 | 107 | 12.9 |
| 39 | ADE MASLUH         | L | 50 | 247 | 78  | 251 | 231 | 10.7 |
| 40 | ATIKAH KARTIKA     | P | 58 | 270 | 281 | 331 | 322 |      |
| 41 | TITIN FATIMAH      | P | 62 | 187 | 190 | 277 | 260 |      |
| 42 | DEDE NURJANAH      | P | 61 | 150 | 189 | 250 | 251 |      |
| 43 | SITI ROMLAH        | P | 70 | 195 | 199 | 232 | 230 |      |
| 44 | CUCU               | P | 38 | 334 | 190 | 325 | 199 |      |
| 45 | DJEMONO            | L | 74 | 294 | 320 | 351 | 330 |      |
| 46 | RAGIL PAMUNGKAS    | L | 55 | 115 | 190 | 245 | 265 |      |
| 47 | EMMIRIA            | P | 58 | 232 | 250 | 241 | 280 |      |
| 48 | PURSITA            | P | 72 | 120 | 154 | 170 | 211 | 9.6  |
| 49 | ADE MAMAN          | L | 59 | 92  | 210 | 143 | 309 |      |
| 50 | ELIS SITI CHODIJAH | P | 59 | 149 | 246 | 239 | 86  |      |

|    |                   |   |    |     |     |     |     |      |
|----|-------------------|---|----|-----|-----|-----|-----|------|
| 51 | YENI ROHAENI      | P | 50 | 200 | 242 | 290 | 361 |      |
| 52 | RIDWAN SISWARA    | L | 56 | 243 | 254 | 281 | 294 | 13   |
| 53 | M.TEGUH SYAKHRONI | L | 78 | 164 | 162 | 169 | 208 |      |
| 54 | GHANDI ALGHIFARI  | L | 58 | 114 | 187 | 259 | 260 |      |
| 55 | DWI RAHAYU        | P | 68 | 449 | 235 | 487 | 204 |      |
| 56 | DADANG WARMA      | L | 68 | 111 | 126 | 198 | 225 |      |
| 57 | OEY SIOE HWA      | P | 65 | 219 | 265 | 303 | 392 |      |
| 58 | TONANG RUDIYAT    | L | 63 | 129 | 118 | 239 | 294 |      |
| 59 | WAWAN SETIAWAN    | L | 55 | 125 | 131 | 298 | 327 |      |
| 60 | IWAN CHANDRA      | L | 75 | 171 | 194 | 264 | 250 |      |
| 61 | IIS EUIS ATIKAH   | P | 61 | 110 | 179 | 218 | 289 | 12.4 |
| 62 | DEWAN             | L | 75 | 102 | 154 | 90  | 200 | 13.5 |
| 63 | DJULAEHA          | P | 81 | 190 | 182 | 233 | 297 |      |
| 64 | IKE HARYATI       | P | 44 | 141 | 166 | 224 | 236 |      |
| 65 | SRI LASMINI       | P | 58 | 50  | 138 | 68  | 170 |      |
| 66 | MELLY AMALIA      | P | 68 | 120 | 189 | 256 | 284 |      |
| 67 | ADE SITI ROHMAH   | P | 64 | 386 | 160 | 366 | 198 |      |
| 68 | HENNY KUSTIANI    | P | 71 | 183 | 186 | 356 | 283 |      |
| 69 | AHMAD TAUFIK      | L | 57 | 143 | 187 | 256 | 264 |      |
| 70 | SAMSUL BAHRI      | L | 60 | 180 | 222 | 246 | 106 |      |
| 71 | RISA NURZAENAH    | P | 49 | 121 | 200 | 203 | 220 |      |
| 72 | UNUNG KARMANA     | L | 61 | 171 | 141 | 240 | 260 |      |
| 73 | UU UMA YAH        | P | 68 | 191 | 209 | 316 | 264 |      |
| 74 | SARDJIDJO         | L | 75 | 145 | 34  | 382 | 234 |      |
| 75 | FACHRI SIREGAR    | L | 74 | 162 | 134 | 205 | 246 |      |
| 76 | YAYAH ROKA YAH    | P | 61 | 201 | 192 | 291 | 226 |      |

|     |                     |   |    |     |     |     |     |     |
|-----|---------------------|---|----|-----|-----|-----|-----|-----|
| 77  | MELLY DARLINA       | P | 60 | 189 | 325 | 272 | 354 |     |
| 78  | ADE SUMIARSIH       | P | 62 | 245 | 287 | 321 | 351 |     |
| 79  | CICAH BINTI IYUS    | P | 75 | 189 | 197 | 289 | 291 |     |
| 80  | SARIMANAH           | P | 63 | 103 | 147 | 210 | 162 | 8.8 |
| 81  | YAYAN SUHERMAN      | L | 39 | 77  | 148 | 36  | 231 |     |
| 82  | TATI                | P | 57 | 115 | 152 | 157 | 178 |     |
| 83  | IYAH MARIAH         | P | 64 | 106 | 152 | 265 | 232 |     |
| 84  | SITI KARTISAH       | P | 38 | 142 | 93  | 248 | 191 |     |
| 85  | RITA SILPANA        | P | 35 | 80  | 116 | 359 | 159 |     |
| 86  | ENONG BINTI ABNA    | P | 58 | 370 | 354 | 427 | 450 |     |
| 87  | AAH WALIAH          | P | 68 | 181 | 218 | 509 | 392 |     |
| 88  | IPAH                | P | 48 | 91  | 111 | 95  | 151 |     |
| 89  | SERIATY TAMBOLON    | P | 67 | 151 | 130 | 359 | 225 |     |
| 90  | CICIH               | P | 63 | 130 | 152 | 212 | 240 |     |
| 91  | JUA DARWIATI        | P | 56 | 122 | 168 | 220 | 231 |     |
| 92  | SRI ROHMATUN        | P | 52 | 280 | 153 | 390 | 189 | 9   |
| 93  | SUKAESIH BINTI AKIR | P | 55 | 142 | 154 | 210 | 240 |     |
| 94  | NENENG SUPRIATY     | P | 36 | 161 | 83  | 300 | 137 | 6.9 |
| 95  | IDA NURSAIDAH       | P | 50 | 114 | 186 | 182 | 185 |     |
| 96  | YAYAN ROKA YAH      | P | 49 | 140 | 197 | 177 | 206 |     |
| 97  | SITI HATIJA H       | P | 39 | 118 | 109 | 220 | 225 |     |
| 98  | ENOK EHA JULAEHA    | P | 50 | 134 | 240 | 323 | 250 |     |
| 99  | IKAH                | P | 66 | 126 | 150 | 199 | 212 |     |
| 100 | TITIN FATIMAH       | P | 62 | 187 | 201 | 277 | 287 |     |
| 101 | ROKIMAH             | P | 59 | 165 | 180 | 116 | 170 |     |
| 102 | MARIAH              | P | 66 | 132 | 239 | 233 | 314 | 8.2 |
| 103 | ASEP GANDA          | L | 64 | 177 | 200 | 301 | 321 |     |

|     |                        |   |    |     |     |     |     |      |
|-----|------------------------|---|----|-----|-----|-----|-----|------|
| 104 | DEDE ROHAETI           | P | 54 | 147 | 160 | 183 | 214 |      |
| 105 | EUIS                   | P | 51 | 93  | 145 | 249 | 279 | 7.9  |
| 106 | NINA MARDIANA          | P | 52 | 469 | 452 | 499 | 487 |      |
| 107 | ABDUL SOMAD            | L | 42 | 223 | 195 | 365 | 302 | 14.4 |
| 108 | IPIT                   | P | 55 | 300 | 147 | 452 | 290 | 14.6 |
| 109 | SITI ROMLAH            | P | 70 | 181 | 174 | 159 | 153 |      |
| 110 | EKA PATRIANDI          | L | 41 | 264 | 291 | 204 | 284 |      |
| 111 | IJAR BINTI AHYA        | P | 58 | 197 | 163 | 122 | 182 | 6.8  |
| 112 | IMAS BINTI IROH        | P | 55 | 193 | 212 | 362 | 358 |      |
| 113 | DADAH ADAWIAH          | P | 55 | 156 | 136 | 255 | 64  |      |
| 114 | EMAN SOBARI            | L | 72 | 215 | 221 | 352 | 361 |      |
| 115 | EUIS MARIAH            | P | 60 | 187 | 158 | 201 | 255 |      |
| 116 | SURASIH BINTI SAMIARSO | P | 53 | 198 | 201 | 258 | 244 |      |
| 117 | JAJANG SUWARJO         | L | 54 | 124 | 200 | 172 | 218 |      |
| 118 | DENNI KURNIAWAN        | L | 51 | 153 | 227 | 206 | 187 | 11.4 |
| 119 | NURYATI                | P | 72 | 239 | 229 | 263 | 322 |      |
| 120 | IMAS KUSTIAH           | P | 80 | 100 | 110 | 179 | 212 |      |
| 121 | MASDAR BIN ARIFIN      | L | 50 | 102 | 115 | 145 | 158 |      |
| 122 | IIS AISAH              | P | 62 | 142 | 140 | 132 | 112 |      |
| 123 | SETIAWATI              | P | 66 | 199 | 70  | 199 | 72  |      |
| 124 | SINTA                  | P | 45 | 148 | 150 | 261 | 250 |      |
| 125 | SYARIFAH               | P | 62 | 113 | 135 | 100 | 125 |      |
| 126 | SAFINGI                | L | 58 | 170 | 165 | 250 | 261 |      |
| 127 | TETI                   | P | 62 | 142 | 140 | 132 | 112 |      |
| 128 | ENI ROHAENI            | P | 51 | 100 | 158 | 89  | 249 |      |
| 129 | DEDEN                  | L | 61 | 258 | 265 | 328 | 368 |      |
| 130 | AHMAD                  | L | 50 | 252 | 132 | 291 | 222 |      |

|     |                    |   |    |     |     |     |     |      |
|-----|--------------------|---|----|-----|-----|-----|-----|------|
| 131 | ANNA MATHOPANI     | P | 48 | 218 | 295 | 330 | 421 |      |
| 132 | INDRA SANJAYA      | L | 47 | 192 | 252 | 337 | 210 |      |
| 133 | LINAWATI           | P | 50 | 147 | 133 | 162 | 143 | 12.4 |
| 134 | HERI KOSASIH       | L | 69 | 186 | 186 | 274 | 171 |      |
| 135 | NANA               | L | 80 | 107 | 168 | 199 | 258 |      |
| 136 | SUTIMIN PAIMIN     | L | 64 | 106 | 125 | 201 | 198 |      |
| 137 | HERMAN             | L | 52 | 223 | 130 | 419 | 148 |      |
| 138 | LIA KARMILA        | P | 44 | 154 | 150 | 250 | 308 | 9.3  |
| 139 | TEDI SETIADI       | L | 50 | 119 | 151 | 144 | 215 |      |
| 140 | AHMAD YUSUF        | L | 70 | 130 | 150 | 292 | 253 |      |
| 141 | SOLEH BIN MUKLIS   | L | 64 | 134 | 125 | 224 | 191 |      |
| 142 | FENNY WINDIYANI    | P | 45 | 117 | 107 | 227 | 228 |      |
| 143 | ALI ARMEN          | L | 63 | 184 | 96  | 276 | 286 |      |
| 144 | SUDARMIYATI        | P | 73 | 267 | 230 | 422 | 399 |      |
| 145 | NURLENAH           | P | 57 | 172 | 178 | 120 | 236 |      |
| 146 | ROSNELI            | P | 63 | 335 | 372 | 412 | 343 | 12.6 |
| 147 | TONGAM SIMANJUNTAK | L | 51 | 119 | 119 | 128 | 230 | 8.4  |
| 148 | SOETRISNO          | L | 60 | 179 | 124 | 154 | 271 |      |
| 149 | ACU SYACHWAN       | L | 63 | 260 | 184 | 249 | 212 |      |
| 150 | SYARIF             | L | 69 | 102 | 243 | 185 | 303 |      |
| 151 | ASEP YAYAT         | L | 62 | 107 | 130 | 137 | 205 |      |
| 152 | NIA KANIA          | P | 51 | 90  | 115 | 342 | 215 |      |
| 153 | WAWAT BINTI RAMDAN | P | 52 | 126 | 230 | 126 | 175 |      |
| 154 | DEDE ROKAYAH       | P | 62 | 139 | 149 | 230 | 233 |      |
| 155 | ATIN AGUSTIN       | L | 45 | 187 | 125 | 178 | 134 |      |
| 156 | SUNARMI            | P | 67 | 255 | 342 | 262 | 341 |      |
| 157 | TJETJEP            | L | 72 | 141 | 133 | 174 | 139 |      |
| 158 | RIFKY SAPUTRA      | L | 50 | 151 | 175 | 211 | 189 |      |
| 159 | KARTINI BINTI NURI | P | 52 | 189 | 170 | 289 | 289 |      |
| 160 | ANDI HARMANTO      | L | 41 | 150 | 175 | 151 | 179 |      |

## LAMPIRAN 2 DATA PENGGUNAAN INSULIN BERDASARKAN JENIS INSULIN

| DATA PENGGUNAAN INSULIN PADA PASIEN DM TIPE 2 DI POLIKLINIK PENYAKIT DALAM RSUD CIBABAT CIMAHI |                     |               |      |        |           |         |        |             |                |                |         |
|------------------------------------------------------------------------------------------------|---------------------|---------------|------|--------|-----------|---------|--------|-------------|----------------|----------------|---------|
| PERIODE OKTOBER 2019 - DESEMBER 2019                                                           |                     |               |      |        |           |         |        |             |                |                |         |
| NO                                                                                             | NAMA PASIEN         | JENIS KELAMIN | USIA | APIDRA | NOVORAPID | LEVEMIR | LANTUS | HUMALOG 100 | HUMALOG MIX 25 | HUMALOG MIX 50 | NOVOMIX |
| 1                                                                                              | AROS SJAEPURNAMA    | L             | 68   | 1      |           | 1       | 1      |             |                |                |         |
| 2                                                                                              | DAUD ZAKARIA        | L             | 71   |        | 1         | 1       | 1      |             |                |                |         |
| 3                                                                                              | ANIK SUDARWATI      | P             | 61   |        | 1         |         | 1      |             |                |                |         |
| 4                                                                                              | NANI SURYANI        | P             | 65   |        |           |         | 1      | 1           |                |                |         |
| 5                                                                                              | NANA DJUNAEDI       | L             | 68   |        |           |         |        |             |                |                |         |
| 6                                                                                              | ELSYERIA PASARIBU   | P             | 76   |        | 1         |         | 1      |             |                | 1              |         |
| 7                                                                                              | RONI SUJANA         | L             | 75   |        | 1         |         | 1      |             |                |                |         |
| 8                                                                                              | NUNUNG              | P             | 50   |        | 1         | 1       |        |             |                |                |         |
| 9                                                                                              | E.KARMILA           | P             | 60   |        |           |         | 1      |             |                |                |         |
| 10                                                                                             | ADE MARJUK          | L             | 58   |        |           |         | 1      | 1           |                |                |         |
| 11                                                                                             | RATNASARI           | P             | 57   |        | 1         |         | 1      |             |                |                |         |
| 12                                                                                             | AAN KURNIA          | L             | 48   |        |           |         | 1      |             |                |                |         |
| 13                                                                                             | LILIS SUMIATI       | P             | 52   | 1      |           |         | 1      |             |                |                |         |
| 14                                                                                             | EDHI PRAMONO        | L             | 65   |        |           |         | 1      | 1           |                |                |         |
| 15                                                                                             | AMIRAH              | P             | 68   |        |           |         |        | 1           |                |                |         |
| 16                                                                                             | ENDANG PUJI RAHA YU | P             | 61   |        | 1         |         | 1      |             |                |                |         |
| 17                                                                                             | ETI DJUMIRAH        | P             | 67   |        | 1         | 1       | 1      |             |                |                |         |
| 18                                                                                             | SARWONO             | L             | 52   |        | 1         |         | 1      |             |                |                |         |
| 19                                                                                             | EDDY FIRDAUS        | L             | 54   |        |           |         | 1      |             |                |                |         |
| 20                                                                                             | SYARIEF HIDA YAT    | L             | 61   |        |           | 1       |        |             |                |                |         |
| 21                                                                                             | SUYANTI             | P             | 60   |        |           |         | 1      |             |                |                |         |
| 22                                                                                             | TATI KARWATI        | P             | 54   | 1      |           |         | 1      |             |                |                |         |
| 23                                                                                             | LEO HAPPY           | P             | 34   |        | 1         |         | 1      |             |                |                |         |
| 24                                                                                             | JAPINAR SIANTURI    | L             | 67   |        | 1         |         | 1      |             |                |                |         |
| 25                                                                                             | PUJI ASTUTI         | P             | 64   |        | 1         |         | 1      |             |                | 1              |         |

|    |                    |   |    |   |   |   |   |   |   |   |   |
|----|--------------------|---|----|---|---|---|---|---|---|---|---|
| 26 | EYEN               | L | 79 |   |   |   | 1 |   |   |   |   |
| 27 | IKA ROSTIKAWATI    | P | 49 |   |   |   | 1 |   |   |   |   |
| 28 | HERYANI            | P | 69 |   |   |   |   | 1 |   |   |   |
| 29 | YULIANA            | P | 45 |   |   |   | 1 |   |   |   |   |
| 30 | ICAH BINTI AYUR    | P | 62 | 1 |   | 1 |   |   |   |   |   |
| 31 | OJANAH             | P | 56 |   |   | 1 |   |   |   |   |   |
| 32 | NANI               | P | 66 | 1 |   |   | 1 |   |   |   |   |
| 33 | SUHAIRI            | L | 57 |   |   | 1 |   |   |   |   |   |
| 34 | AI CUCU            | P | 68 |   | 1 |   | 1 |   |   |   |   |
| 35 | SITI RODIAH        | P | 42 |   | 1 | 1 |   |   |   |   |   |
| 36 | TRISNO SUCIPTO     | L | 55 |   | 1 | 1 |   |   |   |   |   |
| 37 | DENY MASDENI       | P | 56 |   | 1 | 1 |   |   |   |   |   |
| 38 | OMAH SALAMAH       | P | 53 |   |   | 1 |   |   |   |   |   |
| 39 | ADE MASLUH         | L | 50 |   |   |   |   |   | 1 |   |   |
| 40 | ATIKAH KARTIKA     | P | 58 |   |   | 1 |   |   |   |   |   |
| 41 | TITIN FATIMAH      | P | 62 |   |   | 1 |   |   |   |   |   |
| 42 | DEDE NURJANAH      | P | 61 |   | 1 |   | 1 |   |   |   |   |
| 43 | SITI ROMLAH        | P | 70 |   | 1 |   | 1 |   |   |   |   |
| 44 | CUCU               | P | 38 |   |   | 1 |   |   |   |   |   |
| 45 | DJEMONO            | L | 74 |   | 1 |   | 1 |   |   |   |   |
| 46 | RAGIL PAMUNGKAS    | L | 55 |   |   |   | 1 |   |   |   |   |
| 47 | EMMIRIA            | P | 58 |   |   |   |   |   | 1 |   | 1 |
| 48 | PURSITA            | P | 72 |   |   | 1 |   |   |   |   |   |
| 49 | ADE MAMAN          | L | 59 |   |   |   | 1 |   |   | 1 |   |
| 50 | ELIS SITI CHODIJAH | P | 59 | 1 |   |   | 1 |   |   |   |   |

|    |                   |   |    |   |   |   |   |   |   |   |   |
|----|-------------------|---|----|---|---|---|---|---|---|---|---|
| 51 | YENI ROHAENI      | P | 50 | 1 | 1 |   | 1 |   |   |   |   |
| 52 | RIDWAN SISWARA    | L | 56 |   |   | 1 |   |   |   |   |   |
| 53 | M.TEGUH SYAKHRONI | L | 78 |   | 1 | 1 |   |   |   | 1 |   |
| 54 | GHANDI ALGHIFARI  | L | 58 |   |   |   |   |   | 1 | 1 |   |
| 55 | DWI RAHAYU        | P | 68 |   | 1 | 1 | 1 |   |   |   | 1 |
| 56 | DADANG WARMA      | L | 68 |   | 1 |   | 1 |   |   |   |   |
| 57 | OEY SIOE HWA      | P | 65 |   | 1 | 1 | 1 |   |   |   |   |
| 58 | TONANG RUDIYAT    | L | 63 |   |   |   | 1 | 1 |   |   |   |
| 59 | WAWAN SETIAWAN    | L | 55 |   | 1 |   | 1 | 1 |   |   |   |
| 60 | IWAN CHANDRA      | L | 75 |   |   |   | 1 |   |   |   |   |
| 61 | IIS EUIS ATIKAH   | P | 61 |   |   | 1 |   |   |   |   |   |
| 62 | DEWAN             | L | 75 |   | 1 |   | 1 |   |   |   |   |
| 63 | DJULAEHA          | P | 81 |   |   | 1 |   |   |   |   |   |
| 64 | IKE HARYATI       | P | 44 |   | 1 | 1 |   |   |   |   |   |
| 65 | SRI LASMINI       | P | 58 |   | 1 | 1 | 1 |   |   |   | 1 |
| 66 | MELLY AMALIA      | P | 68 |   |   |   | 1 |   |   |   |   |
| 67 | ADE SITI ROHMAH   | P | 64 |   |   |   | 1 |   |   |   |   |
| 68 | HENNY KUSTIANI    | P | 71 |   |   |   | 1 |   |   |   | 1 |
| 69 | AHMAD TAUFIK      | L | 57 |   | 1 | 1 |   |   |   |   |   |
| 70 | SAMSUL BAHRI      | L | 60 |   | 1 | 1 |   |   |   |   |   |
| 71 | RISA NURZAENAH    | P | 49 |   | 1 | 1 |   |   |   |   | 1 |
| 72 | UNUNG KARMANA     | L | 61 |   | 1 |   |   |   |   |   |   |
| 73 | UU UMAYAH         | P | 68 |   | 1 |   |   |   | 1 |   | 1 |
| 74 | SARDJIDJO         | L | 75 |   | 1 |   |   |   |   |   |   |
| 75 | FACHRI SIREGAR    | L | 74 |   |   | 1 |   |   |   |   |   |
| 76 | YAYAH ROKAYAH     | P | 61 |   | 1 |   | 1 |   |   |   | 1 |

|     |                     |   |    |   |   |   |   |   |  |  |   |
|-----|---------------------|---|----|---|---|---|---|---|--|--|---|
| 77  | MELLY DARLINA       | P | 60 |   | 1 |   | 1 |   |  |  | 1 |
| 78  | ADE SUMIARSIH       | P | 62 |   |   |   | 1 |   |  |  |   |
| 79  | CICAH BINTI IYUS    | P | 75 |   | 1 |   |   |   |  |  |   |
| 80  | SARIMANAH           | P | 63 |   | 1 |   | 1 | 1 |  |  |   |
| 81  | YAYAN SUHERMAN      | L | 39 |   | 1 | 1 |   |   |  |  |   |
| 82  | TATI                | P | 57 |   |   | 1 |   |   |  |  |   |
| 83  | IYAH MARIAH         | P | 64 |   |   |   | 1 |   |  |  |   |
| 84  | SITI KARTISAH       | P | 38 |   | 1 |   | 1 |   |  |  |   |
| 85  | RITA SILPANA        | P | 35 | 1 |   |   | 1 |   |  |  |   |
| 86  | ENONG BINTI ABNA    | P | 58 |   | 1 |   | 1 |   |  |  |   |
| 87  | AAH WALIAH          | P | 68 |   | 1 | 1 | 1 | 1 |  |  |   |
| 88  | IPAH                | P | 48 |   |   |   |   | 1 |  |  |   |
| 89  | SERIATY TAMBOLON    | P | 67 |   | 1 | 1 |   |   |  |  |   |
| 90  | CICIH               | P | 63 |   | 1 |   | 1 |   |  |  |   |
| 91  | JUA DARWIATI        | P | 56 | 1 |   |   | 1 |   |  |  |   |
| 92  | SRI ROHMATUN        | P | 52 |   | 1 | 1 |   |   |  |  |   |
| 93  | SUKAESIH BINTI AKIR | P | 55 |   | 1 |   |   |   |  |  |   |
| 94  | NENENG SUPRIATY     | P | 36 |   | 1 | 1 |   |   |  |  |   |
| 95  | IDA NURSAIDAH       | P | 50 |   | 1 | 1 |   |   |  |  | 1 |
| 96  | YAYAN ROKAYAH       | P | 49 | 1 | 1 | 1 |   |   |  |  |   |
| 97  | SITI HATIJA         | P | 39 |   | 1 |   | 1 |   |  |  |   |
| 98  | ENOK EHA JULAEHA    | P | 50 |   | 1 |   | 1 |   |  |  |   |
| 99  | IKAH                | P | 66 |   |   |   | 1 |   |  |  |   |
| 100 | TITIN FATIMAH       | P | 62 |   |   | 1 |   |   |  |  |   |
| 101 | ROKIMAH             | P | 59 |   |   |   | 1 |   |  |  |   |
| 102 | MARIAH              | P | 66 |   | 1 |   | 1 |   |  |  |   |
| 103 | ASEP GANDA          | L | 64 |   | 1 |   | 1 |   |  |  |   |

|     |                        |   |    |   |   |   |   |   |   |   |  |
|-----|------------------------|---|----|---|---|---|---|---|---|---|--|
| 104 | DEDE ROHAETI           | P | 54 |   | 1 |   | 1 |   |   |   |  |
| 105 | EUIS                   | P | 51 |   | 1 | 1 |   |   |   |   |  |
| 106 | NINA MARDIANA          | P | 52 |   |   | 1 |   |   |   |   |  |
| 107 | ABDUL SOMAD            | L | 42 |   | 1 |   | 1 |   |   |   |  |
| 108 | IPIT                   | P | 55 |   |   |   | 1 |   |   |   |  |
| 109 | SITI ROMLAH            | P | 70 |   | 1 |   | 1 |   |   |   |  |
| 110 | EKA PATRIANDI          | L | 41 |   |   | 1 |   |   |   |   |  |
| 111 | IJAR BINTI AHYA        | P | 58 |   | 1 |   | 1 |   |   |   |  |
| 112 | IMAS BINTI IROH        | P | 55 | 1 |   |   | 1 |   |   |   |  |
| 113 | DADAH ADAWIAH          | P | 55 |   | 1 |   | 1 |   |   |   |  |
| 114 | EMAN SOBARI            | L | 72 |   | 1 |   | 1 |   |   |   |  |
| 115 | EUIS MARIAH            | P | 60 |   | 1 |   | 1 |   |   |   |  |
| 116 | SURASIH BINTI SAMIARSO | P | 53 |   |   |   | 1 |   |   |   |  |
| 117 | JAJANG SUWARJO         | L | 54 |   | 1 | 1 | 1 | 1 |   |   |  |
| 118 | DENNI KURNIAWAN        | L | 51 |   | 1 |   | 1 |   |   |   |  |
| 119 | NURYATI                | P | 72 |   |   |   | 1 |   |   | 1 |  |
| 120 | IMAS KUSTIAH           | P | 80 |   |   |   | 1 |   |   |   |  |
| 121 | MASDAR BIN ARIFIN      | L | 50 |   | 1 |   | 1 |   |   |   |  |
| 122 | IIS AISAH              | P | 62 |   | 1 |   | 1 |   |   |   |  |
| 123 | SETIAWATI              | P | 66 |   |   |   | 1 |   |   |   |  |
| 124 | SINTA                  | P | 45 |   |   |   | 1 |   |   |   |  |
| 125 | SYARIFAH               | P | 62 |   |   |   | 1 |   |   |   |  |
| 126 | SAFINGI                | L | 58 |   | 1 | 1 |   |   |   |   |  |
| 127 | TETI                   | P | 62 |   | 1 |   | 1 |   |   |   |  |
| 128 | ENI ROHAENI            | P | 51 |   | 1 |   | 1 |   |   |   |  |
| 129 | DEDEN                  | L | 61 |   | 1 |   | 1 |   | 1 |   |  |
| 130 | AHMAD                  | L | 50 |   | 1 |   |   |   |   |   |  |

|     |                    |   |    |  |   |   |   |   |   |   |   |
|-----|--------------------|---|----|--|---|---|---|---|---|---|---|
| 131 | ANNA MATHOPANI     | P | 48 |  | 1 | 1 | 1 |   |   |   |   |
| 132 | INDRA SANJAYA      | L | 47 |  | 1 |   | 1 |   |   |   |   |
| 133 | LINAWATI           | P | 50 |  | 1 |   | 1 |   |   |   | 1 |
| 134 | HERI KOSASIH       | L | 69 |  | 1 | 1 |   | 1 |   |   |   |
| 135 | NANA               | L | 80 |  |   |   |   |   |   |   | 1 |
| 136 | SUTIMIN PAIMIN     | L | 64 |  |   |   | 1 |   |   |   | 1 |
| 137 | HERMAN             | L | 52 |  | 1 | 1 |   |   |   |   |   |
| 138 | LIA KARMILA        | P | 44 |  |   |   |   |   | 1 |   | 1 |
| 139 | TEDI SETIADI       | L | 50 |  | 1 | 1 |   |   | 1 |   |   |
| 140 | AHMAD YUSUF        | L | 70 |  | 1 | 1 | 1 |   |   |   |   |
| 141 | SOLEH BIN MUKLIS   | L | 64 |  | 1 |   | 1 |   |   |   |   |
| 142 | FENNY WINDIYANI    | P | 45 |  |   |   | 1 |   |   |   |   |
| 143 | ALI ARMEN          | L | 63 |  | 1 |   | 1 |   |   | 1 |   |
| 144 | SUDARMIYATI        | P | 73 |  | 1 |   | 1 | 1 |   |   |   |
| 145 | NURLENAH           | P | 57 |  | 1 | 1 |   |   |   |   | 1 |
| 146 | ROSNELI            | P | 63 |  | 1 |   | 1 |   |   |   |   |
| 147 | TONGAM SIMANJUNTAK | L | 51 |  |   | 1 | 1 |   |   |   |   |
| 148 | SOETRISNO          | L | 60 |  | 1 |   | 1 |   |   |   |   |
| 149 | ACU SYACHWAN       | L | 63 |  | 1 |   | 1 |   | 1 |   |   |
| 150 | SYARIF             | L | 69 |  |   |   |   |   |   |   | 1 |
| 151 | ASEP YAYAT         | L | 62 |  | 1 |   | 1 |   |   |   | 1 |
| 152 | NIA KANIA          | P | 51 |  |   |   | 1 |   |   |   |   |
| 153 | WAWAT BINTI RAMDAN | P | 52 |  | 1 | 1 |   |   |   |   |   |
| 154 | DEDE ROKAYAH       | P | 62 |  | 1 |   | 1 |   |   |   | 1 |
| 155 | ATIN AGUSTIN       | L | 45 |  |   | 1 |   |   |   |   | 1 |
| 156 | SUNARMI            | P | 67 |  |   |   |   |   | 1 |   |   |
| 157 | TJETJEP            | L | 72 |  |   |   |   |   |   | 1 |   |
| 158 | RIFKY SAPUTRA      | L | 50 |  | 1 |   | 1 |   |   |   |   |
| 159 | KARTINI BINTI NURI | P | 52 |  | 1 |   | 1 |   |   |   |   |
| 160 | ANDI HARMANTO      | L | 41 |  | 1 |   | 1 |   |   |   | 1 |

### LAMPIRAN 3

Kriteria Penggunaan Obat (KPO) Insulin Pada Pasien Diabetes Mellitus Tipe 2 Di Poliklinik Penyakit Dalam RSUD Cibabat Cimahi

Nama Obat: Insulin Aspart (Novorapid)

| Mekanisme Kerja                                                                                                                                                                                                                                                                                                        | Dosis                                                                                                                                 | Kontra Indikasi                  | Efek Samping                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-----------------------------------------------------------|
| Insulin dan analognya menurunkan glukosa darah dengan menstimulasi pengambilan glukosa perifer, terutama oleh otot rangka dan lemak, dengan menghambat produksi glukosa hepatic, insulin menghambat lipolisis dan proteolisis, meningkatkan sintesis protein, target termasuk otot rangka, hati, dan jaringan adiposa. | 10 unit/hari SC (0,1-0,2 unit/kg/hari) di malam hari/dibagi 12 jam dari perantara. Insulin regular/insulin kerja cepat sebelum makan. | Hipoglikemia, hipersensitivitas. | Nasofaringitis, Fiasp pasca makan dengan insulin detemir. |

#### LAMPIRAN 4

Kriteria Penggunaan Obat (KPO) Insulin Pada Pasien Diabetes Mellitus Tipe 2 Di Poliklinik Penyakit Dalam RSUD Cibabat Cimahi

Nama Obat: Insulin Glulisin (Apidra)

| Mekanisme Kerja                                                                                                    | Dosis                                                                                                                                                                                                                  | Kontra Indikasi | Efek Samping                                               |
|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|------------------------------------------------------------|
| Merangsang pengambilan glukosa perifer oleh otot rangka dan lemak, dan dengan menghambat produksi glukosa hepatic. | Total kebutuhan insulin harian bervariasi antara 0,5-1 unit/kg/hari. Berikan dalam waktu 15 menit sebelum makan/ 20 menit setelah memulai makan. Diberikan dengan injeksi SC di dinding perut, paha, atau lengan atas. | Pramlintide     | Hipoglikemia, insulin resisten, lipodistrofi, hipokalemia. |

## LAMPIRAN 5

Kriteria Penggunaan Obat (KPO) Insulin Pada Pasien Diabetes Mellitus Tipe 2 Di Poliklinik Penyakit Dalam RSUD Cibabat Cimahi

Nama Obat: Insulin Glargine (Lantus)

| Mekanisme Kerja                                                                                                                                                                                                                                                                                                        | Dosis                                                                                                                                 | Kontra Indikasi | Efek Samping                                 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------|----------------------------------------------|
| Insulin dan analognya menurunkan glukosa darah dengan menstimulasi pengambilan glukosa perifer, terutama oleh otot rangka dan lemak, dengan menghambat produksi glukosa hepatic, insulin menghambat lipolisis dan proteolisis, meningkatkan sintesis protein, target termasuk otot rangka, hati, dan jaringan adiposa. | Mulai 0,2 unit/kg/ hari, sesuaikan dosis obat antidiabetik lain saat memulai insulin Glargine untuk meminimalkan risiko hipoglikemia. | Pramlintide     | Hipokalemia, takikardi, sakit kepala, diare. |

## LAMPIRAN 6

Kriteria Penggunaan Obat (KPO) Insulin Pada Pasien Diabetes Mellitus Tipe 2 Di Poliklinik Penyakit Dalam RSUD Cibabat Cimahi

Nama Obat: Insulin Determir (Levemir)

| Mekanisme Kerja                                                                                                                                                                                                                                                                                                        | Dosis                                                                                      | Kontra Indikasi | Efek Samping                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------|-----------------------------------------------------|
| Insulin dan analognya menurunkan glukosa darah dengan menstimulasi pengambilan glukosa perifer, terutama oleh otot rangka dan lemak, dengan menghambat produksi glukosa hepatik, insulin menghambat lipolisis dan proteolisis, meningkatkan sintesis protein, target termasuk otot rangka, hati, dan jaringan adiposa. | 10 unit/ hari SC<br>(atau 0,1-0,2<br>unit/kg/hari) di<br>malam hari atau<br>dibagi 12 jam. | Pramlintide     | Hipokalemia, alergi,<br>takikardi,<br>hipoglikemia. |

## LAMPIRAN 7

Kriteria Penggunaan Obat (KPO) Insulin Pada Pasien Diabetes Mellitus Tipe 2 Di Poliklinik Penyakit Dalam RSUD Cibabat Cimahi

Nama Obat: Insulin Mixtures (Humalog mix)

| Mekanisme Kerja                                                                                                                                                                                                         | Dosis                                                                                                                                                                      | Kontra Indikasi                  | Efek Samping                      |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-----------------------------------|
| Mengikat reseptor insulin, mengaktifkan mekanisme yang menurunkan glukosa darah dengan memfasilitasi penyerapan glukosa seluler ke dalam otot rangka dan lemak, secara bersamaan menghambat keluaran glukosa dari hati. | Regimen dosis bervariasi tergantung pada kebutuhan metabolisme, kebutuhan insulin harian tipikal berkisar antara 0,5-1 unit/kg. diberikan sebelum sarapan dan makan malam. | Hipersensitivitas, hipoglikemia. | Hipokalemia, hipoglikemia, edema. |