

GAMBARAN PERSEPSI IBU SETELAH MENGGUNAKAN KBPP DI PONED PUSKESMAS BLUBUR LIMBANGAN

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ABSTRAK

KB pasca persalinan merupakan upaya pencegahan kehamilan dengan menggunakan alat dan obat kontrasepsi segera setelah melahirkan sampai dengan 42 hari/ 6 minggu setelah melahirkan. Tujuan penelitian ini adalah untuk mengetahui gambaran persepsi ibu setelah menggunakan KBPP di poned puskesmas blubur limbangan. Penelitian ini menggunakan jenis penelitian adalah penelitian deskriptif analitik. Populasi pada penelitian ini adalah 50 ibu yang mengikuti program KBPP dengan pengambilan sampel menggunakan teknik *Purposive* sampling dengan hasil sampel 28 responden. Hasil penelitian, Umur ibu setengahnya responden 26 – 35 tahun sebanyak 14 (50%), sebagian kecil 36 – 45 tahun sebanyak 4 (14,3%). Persepsi ibu setelah menggunakan KBPP sebagian besar responden Baik sebanyak 16 (57,1%), hampir sebagian responden cukup puas sebanyak 12 (42,9%). Kesimpulan, Persepsi ibu setelah menggunakan KBPP di Poned Puskesmas Blubur Limbangan, mendapatkan hasil ibu yang mengikuti program KBPP puas atas penggunaan KBPP. Saran, Bagi ibu yang mengikuti program KBPP bisa melakukan konsultasi kepada bidan agar dalam penggunaan KB tidak mengalami efek samping yang membuat ibu tidak nyaman. **Kata Kunci** : Alat Kontrasepsi, KBPP dan Persepsi

PICTURE OF MOTHER'S SATISFACTION AFTER USING KBPP IN PONED OF BLUBUR LIMBANGAN COMMUNITY HEALTH CENTER

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ABSTRACT

Postpartum family planning is an effort to prevent pregnancy by using contraceptive devices and drugs immediately after giving birth up to 42 days/6 weeks after giving birth. The aim of this study was to determine the mother's perception after using KBPP at the Blubur Limangan Public Health Center. This research uses a type of research, analytical descriptive research. The population in this study was 50 mothers who participated in the KBPP program with samples taken using purposive sampling techniques with a sample of 28 respondents. The research results showed that half of the respondents' mothers' age was 26 - 35 years, 14 (50%), the majority were 36 - 45 years, 4 (14.3%). Most of the respondents' mother's weight was >71 kg as many as 10 (35.7%), a small number <50 kg as many as 2 (7.1%). Most of the respondents' maternal height was 151 – 159 cm, 21 (75%), a small number <150 cm, 2 (7.1%). Most of the respondents' perceptions of mothers after using KBPP were good, 16 (57.1%), almost 12 (42.9%) of the respondents were quite satisfied. Conclusion: Mother's perception after using KBPP at Poned Puskesmas Blubur Limbangan, the results showed that mothers who took part in the KBPP program were satisfied with the use of KBPP. Suggestion: For mothers who take part in the KBPP program, they can consult a midwife so that when using KB they do not experience side effects that make the mother uncomfortable.

Keywords: *Contraceptives, BPP and Satisfaction*