

ABSTRAK

Perawat mempunyai kontribusi dalam menentukan kualitas pelayanan di rumah sakit. Kualitas pelayanan perawat dipengaruhi oleh kinerja perawat, Kinerja perawat yang baik dapat dipengaruhi oleh beban kerja yang dihadapi perawat setiap harinya dalam melaksanakan tugas keperawatan. **Tujuan:** untuk mengetahui hubungan beban kerja perawat terhadap kinerja perawat di rumah sakit. **Metode:** menggunakan *literature rivew*, data dipeoleh dari google scholar, dan *PubMed*. Populasi sebanyak 65 jurnal, sampel sebanyak 7 jurnal. instumen menggunakan JBI *crosssectional*, dan penyajian data dengan *critical appraisal*. **Hasil:** diperoleh 4 jurnal menyatakan hasil Ho ditolak yang artinya variabel beban kerja memiliki hubungan terhadap variabel kinerja keperawatan, yaitu hasil penelitian oleh Qurratul (2014), Elisabeth, dkk (2015), Adhar, dkk (2015), dan Iis, dkk (2019), sedangkan pada 3 jurnal lainnya diperoleh hasil tidak ada hubungan antara beban kerja dengan kinerja perawat, yaitu hasil penelitian oleh Ahmad, dkk (2012). Diana, dkk (2015) dan Budiawan, dkk (2015). **Kesimpulan:** beban kerja yang tidak berlebih dapat mempengaruhi kinerja perawat menjadi baik dalam melaksanakan tugas di rumah sakit.

Kata Kunci: Perawat, Beban Kerja, Kinerja

Kepustakaan: 10 Buku (2010 – 2018)

8 Web site (2012-2019)

18 Jurnal (2010 -2019)

ABSTRACT

*Nurses have a contribution in determining the quality of service in the hospital. The quality of nurse services is influenced by the performance of nurses. A good nurse's performance can be influenced by the workload that nurses face every day in carrying out nursing tasks. **Purpose:** to determine the relationship between the workload of nurses and the performance of nurses in the hospital. **Methods:** using literature review, data obtained from Google Scholar, and PubMed. Population of 65 journals, sample of 7 journals. instruments using cross sectional JBI, and presented data with critical appraisal. **Results:** obtained 4 journals stating that Ho's results are rejected, which means that the workload variable has a relationship to nursing performance variables, namely the results of research by Qurratul (2014), Elisabeth, et al (2015), Adhar, et al (2015), and Iis, et al (2019).), while in the other 3 journals, it was found that there was no relationship between workload and nurse performance, namely the results of research by Ahmad et al (2012). Diana, et al (2015) and Budiawan, et al (2015). **Conclusion:** The workload that is not excessive can affect the performance of nurses to be good at carrying out their duties in the hospital.*

Keywords: Nurses, Workload, Performance

Bibliography: 10 Books (2010 - 2018)

8 Web sites (2012-2019)

18 Journals (2010-2019)