

**Analisis Asuhan Keperawatan Dengan Diagnosa Medis Skizofrenia
Pada Nn. T Dengan Masalah Keperawatan Isolasi Sosial
Menggunakan SP 1-4 Dan Penerapan TAK Sosialisasi
Di Ruang Gelatik RSJ Provinsi Jawa Barat**

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Abstrak

Latar belakang : Skizofrenia merupakan gangguan mental berat dan kronis yang menyerang 20 juta orang di seluruh dunia. Gejala negative dari skizofrenia yaitu isolasi sosial Terdapat didapat jumlah pasien isolasi sosial. Jika tidak diatasi segera menyebabkan kemunduran pada kualitas kehidupan sosial seseorang atau menjadi gejala lainnya. Pada tahun 2018 sebanyak 224 orang (5,6%), dan merupakan diagnosa ketiga terbesar setelah halusinasi (79,8%) dan defisit perawatan diri (6,5%). **Tujuan:** Menganalisis pasien skizofrenia dengan masalah keperawatan isolasi sosial. **Metode :** Studi kasus ini digunakan untuk mengeksplorasi suatu masalah asuhan keperawatan pada pasien dengan masalah Keperawatan Isolasi Sosial. Pengumpulan data dilakukan dengan cara wawancara, observasi dan studi dokumentasi. **Hasil :** Hasil pengkajian dengan klien hasil pasien sulit diajak berbicara, berbicara pelan, sulit menyampaikan sesuatu/memberikan jawaban saat ditanya. Pasien terlihat murung, ingin menyendiri, klien merasa sendirian, kontak mata tidak ada, pada saat interaksi pasien selalu menundukan kepala ke bawah, penampilan pasien rambut kotor dan hipersaliva. Sehingga dari data-data pasien penegakan diagnosis keperawatan isolasi sosial pada Nn. T di ruang Gelatik RSJ Provinsi Jawa Barat, sesuai dengan data yang ditemukan maka diagnosis utama yaitu isolasi sosial. Peneliti memberikan intervensi sesuai SP 1-4 isolasi sosial. Setelah di evaluasi di dapat hasil Nn.T mengatakan klien mulai berbicara, bisa berkenalan dengan orang lain, kontak mata tidak ada, menunduk, kesimpulannya didapatkan hasil pemberian asuhan keperawatan berdasarkan SP 1-4 dan pemberian TAKS mampu menurunkan isolasi sosial pada pasien.

Kata kunci : Isolasi sosial, Skizofrenia, Strategi pelaksanaan, Terapi Aktivitas kelompok

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Analysis of Nursing Care with a Medical Diagnosis of Schizophrenia
At Ms. T With the Nursing Problem of Social Isolation
Using SP 1-4 and Implementing TAK Socialization
In the Wren Room of RSJ West Java Province

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Abstract

Background: Schizophrenia is a serious and chronic mental disorder that attacks 20 million people worldwide. The negative symptom of schizophrenia is social isolation. There are a number of social isolation patients. If not treated, it will soon cause a decline in the quality of a person's social life or become other symptoms. In 2018 there were 224 people (5.6%), and it was the third largest diagnosis after hallucinations (79.8%) and self-care deficits (6.5%). **Objective:** Analyze schizophrenic patients with social isolation nursing problems. **Method:** This case study was used to explore a nursing care problem for patients with social isolation nursing problems. Data collection was carried out by means of interviews, observation and documentation studies. **Results:** The results of the assessment with the client showed that the patient was difficult to talk to, spoke slowly, had difficulty conveying something/giving an answer when asked. The patient looks gloomy, wants to be alone, the client feels alone, there is no eye contact, during interactions the patient always bows his head down, the patient's appearance has dirty hair and hypersaliva. So, from the patient data, the nursing diagnosis of social isolation for Ms. T in the Wren room at RSJ West Java Province, according to the data found, the main diagnosis is social isolation. Researchers provide interventions according to SP 1-4 social isolation. After the evaluation, Ms. T got the results saying the client started talking, could get to know other people, had no eye contact, looked down, the conclusion was that the results of providing nursing care based on SP 1-4 and giving TAKS were able to reduce social isolation in patients.

Keywords: Social isolation, schizophrenia, implementation strategies, group activity therapy

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