

**PENERAPAN TERAPI *QUR'ANIC HEALING* DALAM ASUHAN
KEPERAWATAN JIWA PADA PASIEN SKIZOFRENIA DENGAN GANGGUAN
HALUSINASI PENDENGARAN DI WILAYAH
KERJA PUSKESMAS LIMBANGAN KABUPATEN
GARUT TAHUN 2025**

WAWAN GUNAWAN

221FK06132

**Program Studi DIII Keperawatan, Fakultas Keperawatan
Universitas Bhakti Kencana**

ABSTRAK

Latar Belakang Skizofrenia adalah gangguan jiwa berat yang sering menunjukkan gejala halusinasi pendengaran. Halusinasi pendengaran adalah salah satu jenis halusinasi yang paling sering terjadi, khususnya pada orang dengan gangguan mental. Penanganan halusinasi umumnya dengan terapi farmakologi, namun teknik nonfarmakologi seperti terapi *Qur'anic Healing* terbukti mengurangi tingkat halusinasi khususnya halusinasi pendengaran. **Tujuan Penelitian** Mampu melakukan Terapi *Qur'anic Healing* dalam asuhan keperawatan jiwa pada pasien skizofrenia dengan gangguan halusinasi pendengaran di wilayah kerja Puskesmas Limbangan. **Metode Penelitian** Penelitian ini menggunakan metode deskriptif kualitatif dengan pendekatan studi kasus dan melalui proses asuhan keperawatan pada kedua pasien dengan diagnosa skizofrenia gangguan halusinasi pendengaran yang dilakukan pada tanggal 20-22 Juli 2025 masing-masing 3 hari pelaksanaan dan instrument pengumpulan data menggunakan format Asuhan Keperawatan Jiwa, informed consent, SOP *Qur'anic Healing*, leaflet dan lembar *Auditory Hallucination Rating Scale* (AHRS). **Hasil Penelitian** Setelah pemberian terapi *Qur'anic Healing*, terjadi penurunan halusinasi pendengaran pada kedua responden. Hal ini terbukti saat dilakukan terapi selama 3x24 jam dari skor AHRS (*Auditory Hallucination Rating Scale*) yang menurun pada pasien I dengan skor AHRS 28 (halusinasi berat) menjadi skor 16 (halusinasi sedang) dan pada pasien II dengan skor 27 (halusinasi berat) menjadi skor 15 (halusinasi sedang), serta perubahan perilaku yang lebih tenang dan kooperatif. **Kesimpulan** Terapi *Qur'anic Healing* efektif dalam mengendalikan halusinasi pendengaran pada pasien skizofrenia dan dapat menjadi intervensi keperawatan mandiri untuk mengatasi masalah yang sama. **Saran** Disarankan untuk diterapkan oleh tenaga keperawatan dan keluarga sebagai intervensi nonfarmakologis dalam mengatasi halusinasi pendengaran pada pasien Skizofrenia.

Kata kunci : Asuhan Keperawatan, Halusinasi, Halusinasi Pendengaran, Skizofrenia,
Terapi *Qur'anic Healing*.

Referensi : 10 Buku (2020-2024), 5 artikel, 9 jurnal (2019-2024)

THE APPLICATION OF QUR'ANIC HEALING THERAPY IN MENTAL NURSING CARE FOR SCHIZOPHRENIA PATIENTS WITH AUDITORY HALLUCINATIONS IN THE WORKING AREA OF LIMBANGAN PUBLIC HEALTH CENTER, GARUT REGENCY, 2025

WAWAN GUNAWAN

221FK06132

DIII Nursing Study Program, Faculty of Nursing

Bhakti Kencana University

ABSTRACT

Background: *Background* Schizophrenia is a severe mental disorder that often presents with auditory hallucinations. Auditory hallucinations are one of the most common types of hallucinations, particularly in individuals with mental disorders. The treatment for hallucinations is usually pharmacological therapy; however, non-pharmacological techniques such as Qur'anic Healing therapy have been proven to reduce the frequency of hallucinations, especially auditory hallucinations. **Research Objectives** To implement Qur'anic Healing therapy in psychiatric nursing care for schizophrenia patients with auditory hallucinations in the working area of Limbangan Public Health Center. **Research Methodology** This study employs a qualitative descriptive method with a case study approach and was conducted through the nursing care process for two patients diagnosed with schizophrenia with auditory hallucinations. The care was carried out over three days for each patient, from July 20 to 22, 2025. Data collection instruments included the Mental Health Nursing Care format, informed consent, the Qur'anic Healing Standard Operating Procedure (SOP), a leaflet, and the Auditory Hallucination Rating Scale (AHRS). **Results** After the administration of Qur'anic Healing therapy, there was a reduction in auditory hallucinations in both patients. This was evidenced by the reduction in AHRS scores over the 3-day therapy period: Patient I's score decreased from 28 (severe hallucination) to 16 (moderate hallucination), and Patient II's score decreased from 27 (severe hallucination) to 15 (moderate hallucination). Furthermore, behavioral changes were observed, including a more calm and cooperative demeanor. **Conclusion** Qur'anic Healing therapy is effective in controlling auditory hallucinations in schizophrenia patients and can serve as an independent nursing intervention for addressing similar issues. **Recommendation** It is recommended for healthcare providers and families to apply Qur'anic Healing as a non-pharmacological intervention to address auditory hallucinations in schizophrenia patients.

Keywords: *Nursing Care, Hallucination, Auditory Hallucination, Schizophrenia, Qur'anic Healing Therapy*

References: *10 Books (2020-2024), 5 Internet Sources, 9 Journals (2019-2024)*