

**GAMBARAN PENGETAHUAN IBU NIFAS TENTANG
KAPSUL VITAMIN A DIWILAYAH KERJA
PUSKESMAS RANCAEKEK DTP
KABUPATEN BANDUNG**

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ABSTRAK

Salah satu strategi untuk mengatasi kekurangan vitamin A pada ibu nifas ialah dengan pemberian suplemen vitamin A. Ibu nifas di Kabupaten Bandung tidak mengonsumsi vitamin A, padahal Dinas Kesehatan melaporkan bahwasanya cakupan pemberian vitamin A pada ibu nifas sudah mencapai 100%. Cakupan Puskesmas DTP Ranacekek masih rendah yakni 55%, cakupan Puskesmas DTP Cicalengka 65%, dan cakupan Puskesmas Bojongsoan 73%. Tujuan penelitian ini ialah untuk mengetahui gambaran pengetahuan ibu nifas tentang kapsul vitamin A di wilayah Puskesmas DTP Ranacekek Kabupaten Bandung. Penelitian deskriptif ini bertujuan untuk mengetahui pemahaman ibu nifas tentang pengertian vitamin A, akibat kekurangan vitamin A, manfaat vitamin A, sumber vitamin A, dan cara pengelolaan vitamin A. Sampel penelitian berjumlah 37 orang melalui pengumpulan data primer dengan cara menyebarkan kuesioner kepada responden dan menganalisis hasil penelitian secara univariat. Hasil penelitian menunjukkan bahwasanya pemahaman ibu pasca melahirkan tentang apa itu vitamin A 3 Orang (8,1%) Menanggapi Kategori Baik, 5 Responden 9 (13,5%) Sebanyak 78,4% responden atau 29 orang tergolong cukup. Terkategori sebagai Kurang.

Kata Kunci : Ibu Nifas, Pengetahuan, Vitamin A

**Description Of Postpartum Mothers' Knowledge About Vitamin A Capsules
In The Rancaekek DTP Health Center
Work Area Bandung District**

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ABSTRACT

One strategy to address vitamin A deficiency in postpartum women is vitamin A supplementation. Postpartum mothers in Bandung Regency do not consume vitamin A, although the Health Office reports that the coverage of vitamin A provision for these mothers has reached 100%. Ranacekek DTP Health Center has a low coverage rate of 55%, Cicalengka DTP Health Center has a coverage rate of 65%, and Bojongsoan Health Center has a coverage rate of 73%. The aim of this study was to describe postpartum mothers' awareness of the Adi vitamin capsule in the Bandung Regency's Ranacekek DTP Health Center area. The purpose of this descriptive study is to ascertain postpartum mothers' understanding of the definition of vitamin A, the consequences of vitamin A deficiency, the advantages of vitamin A, sources of vitamin A, and how to manage vitamin A. Up to 37 respondents provided samples through primary data collection, which involved distributing questionnaires to respondents and analyzing the results using univariate analysis. The study's findings demonstrated that postpartum moms' understanding of what vitamin A is 3 People (8.1%) Responded Good Category, 5 Respondents 9 (13.5%) 78.4% of respondents, or 29 people, were classified as adequate. Listed as Less.

Keywords: postpartum mothers, knowledge, vitamin A