

**HUBUNGAN STATUS GIZI DENGAN KEJADIAN DIARE PADA
BALITA DI UPTD PUSKESMAS CIPATUJAH
KABUPATEN TASIKMALAYA**

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ABSTRAK

Usia balita merupakan usia pra sekolah dimana seorang anak akan mengalami tumbuh kembang dan aktivitas yang sangat pesat dibandingkan dengan ketika masih bayi, kebutuhan zat gizi akan meningkat. Tujuan penelitian adalah mengetahui hubungan status gizi dengan kejadian diare pada balita di wilayah kerja UPTD puskesmas Cipatujah kabupaten Tasikmalaya. Desain penelitian ini adalah cross sectional study dengan status gizi sebagai variabel independen dan diare sebagai variabel dependen dengan jumlah sampel sebanyak 46 orang. Analisis data menggunakan Chi-Square. Hasil penelitian menunjukkan sebagian besar kejadian diare memiliki persentase 80,4%. Hubungan status gizi dengan kejadian diare banyak terdapat pada gizi baik yaitu (23,3%). Hasil analisis hubungan status gizi pada balita ($p=0,604$). Kesimpulan bahwa tidak terdapat nya hubungan antara status gizi dengan kejadian diare pada balita di wilayah kerja puskesmas Cipatujah kabupaten Tasikmalaya dengan p value $> 0,05$. Diharapkan tenaga kesehatan khususnya di Puskesmas Cipatujah perlu meningkatkan penyuluhan tentang diare pada ibu- ibu yang mempunyai balita di wilayah kerjanya.

Kata Kunci: Balita, Diare, Status gizi.

**RELATIONSHIP BETWEEN NUTRITIONAL STATUS AND DIARRHEA
INCIDENCE IN TODDLERS AT UPTD PUSKESMAS CIPATUJAH
TASIKMALAYA REGENCY**

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ABSTRACT

Toddler age is a pre-school age where a child will experience very rapid growth and activity compared to when they were babies, the need for nutrients will increase. The purpose of this study was to determine the relationship between nutritional status and the incidence of diarrhea in toddlers in the working area of the Cipatujah Health Center UPTD, Tasikmalaya Regency. The design of this study was a cross-sectional study with nutritional status as the independent variable and diarrhea as the dependent variable with a sample size of 46 people. Data analysis used Chi-Square. The results of the study showed that most cases of diarrhea had a percentage of 80.4%. The relationship between nutritional status and the incidence of diarrhea was found in good nutrition, namely (23.3%). The results of the analysis of the relationship between nutritional status in toddlers ($p = 0.604$). The conclusion is that there is no relationship between nutritional status and the incidence of diarrhea in toddlers in the working area of the Cipatujah Health Center, Tasikmalaya Regency with a p value > 0.05 . It is hoped that health workers, especially at the Cipatujah Health Center, need to increase counseling about diarrhea for mothers who have toddlers in their working area.

Keywords: *Toddlers, Diarrhea, Nutritional status.*