

ABSTRAK

Analisis Asuhan Keperawatan Jiwa Skizofrenia Pada Ny. S Dengan Masalah Gangguan Persepsi Sensori : Halusinasi Pendengaran Di Ruang Gelatik RSJ Provinsi Jawa Barat

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Data Riskesdas 2018 menunjukkan prevalensi gangguan jiwa berat, seperti skizofrenia mencapai sekitar 400.000 orang atau sebanyak 1,7 per 1.000 penduduk. Gejala nyata yang sering dialami pada pasien skizofrenia yaitu halusinasi. Halusinasi adalah salah satu gangguan jiwa dimana pasien mengalami perubahan sensori persepsi tentang suatu objek, gambaran dan pikiran yang sering terjadi tanpa adanya rangsangan dari luar meliputi suara dan semua sistem penginderaan (pendengaran, penglihatan, penciuman, perabaan, atau pengecapan).

Tujuan dari penelitian ini adalah untuk menganalisis bagaimana intervensi teknik menghardik pada Ny.S terhadap mengontrol halusinasi Di Ruang Gelatik RSJ Provinsi Jawa Barat berdasarkan *evidence based nursing*. Metode penelitian yang digunakan adalah studi kasus yaitu memberikan asuhan keperawatan melalui pendekatan proses keperawatan mulai dari pengkajian, diagnosa, intervensi, implementasi dan evaluasi di Ruang Gelatik RSJ Provinsi Jawa Barat.

Hasil Intervensi teknik mengardik mampu memberikan pengaruh terhadap pasien dengan halusinasi yang awalnya pasien mudah marah, gelisah, berbicara sendiri menjadi lebih baik dan mampu melakukan setiap intervensi yang diberikan mulai dari SP 1 pasien dapat mengenali halusinasinya dan mampu menghardik halusinasi, SP 2 pasien mampu mengontrol halusinasinya dengan minum obat teratur, SP 3 pasien mampu mempraktikan bercakap-cakap dengan orang lain, SP 4 pasien mampu melakukan aktivitas yang sudah terjadwal dan mengikuti pengobatan di Rumah Sakit Jiwa. Secara afektif, kognitif dan psikomotorik pasien mampu mencapai SP 1 hingga 4 dengan kooperatif.

Oleh karena itu, disarankan untuk Ilmu Keperawatan dapat menjadi pertimbangan dalam memberikan asuhan keperawatan yang komprehensif dan bagi Rumah Sakit diharapkan dapat menjadi acuan dan referensi dalam memberikan asuhan keperawatan pada klien dengan halusinasi pendengaran.

Kata kunci : Halusinasi, teknik menghardik, Skizofrenia

Sumber : 16 Jurnal (2016 – 2023)

17 Buku (2015 – 2018)

3 Website (2017– 2022)

ABSTRACT

Analysis of Schizophrenia Mental Nursing Care in Mrs. S With Problems with Sensory Perception Disorders: Auditory Hallucinations in the Gelatik Room, RSJ, West Java Province

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The 2018 Riskesdas data shows the prevalence of severe mental disorders, such as schizophrenia, reaches around 400,000 people or as many as 1.7 per 1,000 population. Real symptoms that are often experienced in patients with schizophrenia are hallucinations. Hallucinations are one of the mental disorders in which patients experience changes in sensory perception of objects, images and thoughts that often occur without external stimulation, including sound and all sensory systems (hearing, sight, smell, touch or taste).

The purpose of this study was to analyze how the technical intervention of scolding Mrs. S to control hallucinations in the Gelatik Room of the RSJ in West Java Province was based on evidence based nursing. The research method used is a case study, namely providing nursing care through the nursing process approach starting from assessment, diagnosis, intervention, implementation and evaluation in the Gelatik Room of the RSJ Province of West Java.

The results of the Ardik technique intervention were able to influence patients with hallucinations, who were initially irritable, anxious, spoke to themselves better and were able to carry out any given intervention starting from SP 1, the patient could recognize his hallucinations and was able to rebuke the hallucinations, SP 2, the patient was able to control his hallucinations by taking medication regularly, SP 3 the patient is able to practice conversing with other people, SP 4 the patient is able to carry out scheduled activities and take medication at the Mental Hospital. Affectively, cognitively and psychomotorically, the patient is able to achieve SP 1 to 4 cooperatively.

Therefore, it is suggested that Nursing Science can be considered in providing comprehensive nursing care and for Hospitals it is hoped that it can become a reference and reference in providing nursing care to clients with auditory hallucinations.

Keywords : *Hallucinations, rebuke techniques, Schizophrenia*

Source: *16 Journals (2016 – 2023)*

17 Books (2015 – 2018)

3 Websites (2017–2022)