

**PENERAPAN TERAPI PSIKORELIGIUS MUROTAL AL-QUR'AN SURAT
AR-RAHMAN DALAM ASUHAN KEPERAWATAN JIWA PADA PASIEN
SKIZOFRENIA DENGAN HALUSINASI PENDENGARAN DI WILAYAH KERJA
PUSKESMAS LIMBANGAN KABUPATEN GARUT**

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ABSTRAK

Latar Belakang : Gangguan jiwa adalah gangguan emosi, berpikir, berperilaku, dan persepsi. Skizofrenia, salah satu jenis gangguan jiwa, melibatkan reaksi psikotik yang mempengaruhi berpikir, berkomunikasi dan fungsi otak. Sering kali disertai halusinasi, termasuk halusinasi pendengaran yang memberi perintah. Menurut sumber data tahun (2023) didapatkan bahwa diagnosa skizofrenia di Kabupaten Garut dengan jumlah 3.739 jiwa. Salah satu cara untuk mengurangi halusinasi pendengaran adalah dengan terapi murotal Al-Qur'an surat Ar-Rahman. **Tujuan :** Penelitian bertujuan untuk menerapkan penerapan terapi murotal Al-Qur'an surat Ar-Rahman sebagai intervensi keperawatan dalam menurunkan gejala halusinasi pendengaran. **Metode :** Penelitian ini menggunakan pendekatan deskriptif kualitatif dengan metode studi kasus dengan pendekatan asuhan keperawatan jiwa pada 2 responden yang mengalami gangguan halusinasi pendengaran. Intervensi Terapi murotal Al-Qur'an surat Ar-Rahman dilakukan sesuai dengan SOP selama 12 menit sebanyak 2 kali sehari. Instrumen yang digunakan format asuhan keperawatan jiwa, format AHRS, alat pemeriksaan fisik. SOP, Leaflet, mp3/spiker. **Hasil :** Setelah dilakukan implementasi keperawatan selama 3 hari dengan dilakukan penerapan Terapi Psikoreligius Murotal Al-Qur'an surat Ar-Rahman dimana kedua responden menunjukkan perubahan yaitu **Kesimpulan :** Terapi Psikoreligius Murotal Al-Qur'an surat Ar-Rahman efektif dalam menurunkan pada seseorang yang mengalami gangguan halusinasi pendengaran **Saran :** Penelitian ini diharapkan keluarga dapat mengaplikasikan Terapi Psikoreligius Murotal Al-Qur'an surat Ar-Rahman untuk menurunkan gejala halusinasi pendengaran. **Kata kunci :** Skizofrenia, halusinasi pendengaran, terapi psikoreligius murotal Al-Qur'an, Asuhan Keperawatan Jiwa

Daftar Pustaka : 4 Buku (2018-2022) + jurnal (2019-2024) + internet

**APPLICATION OF AL-QUR'AN MUROTAL PSYCHORELIGIOUS THERAPY IN
MENTAL NURSING CARE TO SCHIZOPHRENIC PATIENTS WITH AUDITORY
HALLUCINATIONS IN THE WORK AREA OF THE LIMBANGAN HEALTH
CENTER, GARUT REGENCY**

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ABSTRACT

Background: Mental disorders are disorders of emotions, thinking, behavior, and perception. Schizophrenia, a type of mental disorder, involves psychotic reactions that affect thinking, communication, and brain function. It is often accompanied by hallucinations, including auditory hallucinations that give commands. According to data sources in 2023, the diagnosis of schizophrenia in Garut Regency was 3,739 people. One way to reduce auditory hallucinations is with murotal therapy of the Al-Qur'an surah Ar-Rahman. Objective: The study aims to apply the application of murotal therapy of the Al-Qur'an surah Ar-Rahman as a nursing intervention in reducing the symptoms of auditory hallucinations. Method: This study uses a qualitative descriptive approach with a case study method with a psychiatric nursing care approach to 2 respondents who experienced auditory hallucination disorders. The intervention of murotal therapy of the Al-Qur'an surah Ar-Rahman was carried out according to the SOP for 12 minutes twice a day. The instruments used were the psychiatric nursing care format, AHRS format, and physical examination tools. SOP, Leaflet, mp3/speaker. Results: After the implementation of nursing for 3 days with the application of Psychoreligious Therapy Murotal Al-Qur'an surah Ar-Rahman where both respondents showed changes, namely Conclusion: Psychoreligious Therapy Murotal Al-Qur'an surah Ar-Rahman is effective in reducing someone who experiences auditory hallucinations. Suggestion: This study is expected that families can apply Psychoreligious Therapy Murotal Al-Qur'an surah Ar-Rahman to reduce symptoms of auditory hallucinations. Keywords: Schizophrenia, auditory hallucinations, psychoreligious therapy murotal Al-Qur'an, Mental Nursing Care Keywords: Schizophrenia, auditory hallucinations, murotal psychoreligious therapy Al-Qur'an, Mental Nursing Care

Bibliography: 4 Books (2018-2022) + journal (2019-2024) + internet