

ABSTRAK

GAMBARAN SKALA NYERI PADA PASIEN KURETASE PASCA ANESTESI UMUM TIVA DENGAN ANALGETIK KETOPROFEN SUPPOSITORIA DI RSUD KOTA BANDUNG

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Kuretase merupakan tindakan pengerokan dan pembersihan lapisan endometrium uterus. Tindakan ini termasuk kedalam kelompok bedah minor yang menyebabkan sensasi nyeri dan cemas saat dilakukan dilatasi serviks. Tindakan kuretase merupakan salah satu pembedahan yang membutuhkan teknik anestesi umum total intravena anestesi (TIVA). Salah satu faktor yang menghambat keberhasilan kuretase adalah manajemen nyeri. Pasien seringkali mengalami nyeri sedang sampai nyeri berat saat menjalani kuretase. Ketoprofen suppositoria adalah kelompok dari NSAID yang sangat bermanfaat untuk manajemen nyeri pasca operasi karena memberikan efek analgesik, antiinflamasi, dan antipiretik. Penelitian ini dilakukan diruang rawat nifas 6 jam pasca operasi kuretase. Tujuan dari penelitian ini untuk mengetahui gambaran skala nyeri pada pasien kuretase pasca anestesi umum dengan analgetik suppositoria di RSUD Kota Bandung. Penelitian ini menggunakan metode kuantitatif dengan desain penelitian deskriptif observasional. Sampel berjumlah 32 responden dengan menggunakan teknik total sampling. Instrumen penelitian menggunakan skala *Numeric Rating Scale* (NRS). Hasil dari penelitian ini menunjukkan sebagian besar mengalami nyeri ringan sebanyak 22 responden (68,8%), nyeri sedang sebanyak 10 responden (31,1%) dan tidak terdapat nyeri berat. Dapat disimpulkan hasil terbanyak dari penelitian ini yaitu nyeri ringan sebanyak 22 responden (68,8%).

Kata Kunci : Kuretase, Nyeri, Suppositoria

ABSTRACT

DESCRIPTION OF PAIN SCALE IN CURETTAGE PATIENTS AFTER GENERAL ANAESTHESIA TIVA WITH ANALGETIC KETOPROFEN SUPPOSITORIES IN BANDUNG CITY HOSPITAL

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Curettage is the act of scraping and cleaning the endometrial layer of the uterus. It is a minor surgical procedure that which causes pain and anxiety during cervical dilatation. Curettage is one of the surgeries that require the technique of general anaesthesia total intravenous anaesthesia (TIVA). One of the factors that hinder successful curettage is pain management. Patients often experience moderate to severe pain during curettage. Ketoprofen suppositories are a group of NSAIDs that are very useful for postoperative pain management because they provide analgesic, anti-inflammatory, and antipyretic effects. This study was conducted in the postpartum ward 6 hours after curettage surgery. The purpose of this study was to determine the description of the pain scale in curettage patients after general anaesthesia with analgesic suppositories. This study used quantitative methods with descriptive observational research design. The sample numbered 32 respondents using total sampling tectics. The research instrument used the Numeric Rating Scale (NRS). The results of this study showed that most experienced mild pain as many as 22 respondents (68.8%), moderate pain as many as 10 respondents (31.1%) and no severe pain. It can be concluded that the most common result of this study is mild pain as many as 22 respondents (68.8%).

Keywords: Curettage, Pain, Suppositories