

HUBUNGAN PELAYANAN *CARING* PENATA ANESTESI DENGAN TINGKAT KECEMASAN PASIEN PREANESTESI YANG MENJALANI ANESTESI UMUM DI IBS RUMAH SAKIT UMUM DAERAH ARJAWINANGUN

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ABSTRAK

Kecemasan merupakan suatu gambaran akibat perasaan yang tidak menentu atau takut dan tidak berdaya maupun ketidakpastian. Namun kecemasan pada pre operatif adalah suatu gambaran adanya respon emosional akibat merasa bahaya, baik ilusi ataupun nyata. Banyaknya alasan yang mendasari kecemasan pre operasi, seperti kurangnya pengetahuan terhadap proses anestesi maupun pembedahan, ketakutan akan kematian, takut terhadap nyeri, takut jika terjadi kesalahan kemudian terjadi cacat yang berdampak pada tubuh dan ketidaktahuan akibat minimnya pengetahuan pada saat seseorang akan menjalani tindakan medis seperti tindakan pembedahan pada *sectio caesarea*. Mengetahui Hubungan Pelayanan *Caring* Penata Anestesi Dengan Tingkat Kecemasan Pasien Preanestesi Yang Menjalani Anestesi Umum Di IBS RSUD Arjawinangun. Ini menggunakan kuantitatif, survey analitik dengan metode *Cross Sectional*. Kecemasan pasien pre operasi di ruang pre operasi IBS RSUD Arjawinangun di dapatkan hasil kecemasan sama sekali tidak cemas terdapat 14 orang (26,4%), tidak terlalu cemas terdapat 10 orang (18,9%), sedikit cemas terdapat 7 orang (13,2%), dan agak cemas terdapat 20 orang (37,7%), dan sangat cemas 2 orang (3,8%). Hasil dari uji korelasi rank spearman didapatkan hasil $\rho = 0,000$, berarti $\rho = 0,000$, dengan nilai $-0,709$. artinya terdapat adanya Hubungan Pelayanan *Caring* Penata Anestesi Dengan Tingkat Kecemasan Pasien Preanestesi Yang Menjalani Anestesi Umum. Tingkat pelayanan yang dimiliki pasien berhubungan secara signifikan (kuat) dengan tingkat kecemasan pasien, dikarenakan tingkat kecemasan dapat menurun dengan meningkatnya tingkat pelayanan *caring*. Agar institusi Pendidikan harus meningkatkan kualitas mahasiswa anestesi terutama dalam bidang anestesi umum agar dapat mengedukasi pasien dalam menurunkan tingkat kecemasan pada pasien.

Kata kunci: Anestesi umum, Kecemasan, Pelayanan *caring*. Penata Anestesi

**THE CORELLATION OF ANESTHESIAN CARING SERVICES
WITH THE ANXIETY LEVEL OF PREANESTHETIC PATIENTS
UNDERGOING GENERAL ANESTHESIA IN IBS
ARJAWINANGUN REGIONAL HOSPITAL**

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ABSTRACT

Anxiety is a description of feelings of uncertainty or fear, helplessness or uncertainty. However, preoperative anxiety is an illustration of an emotional response due to a feeling of danger, whether illusory or real. There are many reasons that underlie pre-operative anxiety, such as lack of knowledge about the anesthesia and surgery process, fear of death, fear of pain, fear that if something goes wrong and ignorance due to lack of knowledge. The aim of this study was to know the corellation between Anesthesia Care Caring Services and the Anxiety Level of Preanesthesia Patients Undergoing General Anesthesia at Ibs RSUD Arjawinangun. It uses a quantitative, analytical survey with a Cross Sectional method. The pre-operative anxiety of patients in the IBS pre-operative room at Arjawinangun Regional Hospital was obtained as a result of not being anxious at all, there were 14 people (26.4%), not too anxious, there were 10 people (18.9%), slightly anxious, there were 7 people (13, 2%), and there were 20 people somewhat anxious (37.7%), and 2 people (3.8%) very anxious. The results of the Spearmanrank correlation test showed $p=0.000$, meaning $p=0.000$, with a value of -0.709 . This means that there is a relationship between anesthesia care providers and the anxiety level of pre-anesthesia patients undergoing general anesthesia. The level of service received by the patient is significantly (strongly) related to the patient's level of anxiety, because the level of anxiety can decrease with increasing levels of caring services. Educational institutions must improve the quality of anesthesia students, especially in the field of general anesthesia, so that they can educate patients in reducing anxiety levels in patients.

Keywords: General Anesthesia, Anxiety, *Caring Services*, Nurse Anesthtetist