

**ASUHAN KEPERAWATAN PADA PASIEN TONSILITIS  
DENGAN NYERI AKUT DI RUANG ALAMANDA  
BEDAH RSUD MAJALAYA**

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**ABSTRAK**

**Latar Belakang :** Tonsilitis masih menjadi masalah kesehatan utama dalam bidang THT Tonsilitis paling sering terjadi di negara subtropics. *World Health Organization ( WHO )* tidak mengeluarkan data mengenai jumlah kasus tonsillitis di dunia, namun WHO memperkirakan 287.000 orang dewasa diatas 15 tahun mengalami tonsilektomi. Tujuan penelitian ini melakukan Asuhan Keperawatan Pada Pasien Tonsillitis Dengan Nyeri Akut Di ruangan Alamanda Bedah RSUD Majalaya, **Metode** : secara deskriptip dengan pendekatan studi kasus. Studi kassus yang menjadi pokok bahasan dalam penelitian digunakan untuk mengeksplorisasi masalah asuhan keperawatan pada klien Tonsilitis dengan Nyeri akut. **Hasil :** Penelitian ini dilakukan pada tanggal 08 - 14 Januari 2024 dengan studi kasus didapatkan pasien satu dan pasien dua mengatakan mengeluh nyeri di tenggorokan dengan skala nyeri 4 nyeri bertambah jika pasien makan atau minum dan sulit menelan. Dari data pokok tersebut maka diagnose yang ditegakan Nyeri Akut ditandai dengan agen cedera fisik. Adapun intervensi dan implementasi yang dilakukan yaitu mengobservasi Tanda – tanda vital mengkaji lokasi, karakteristik, durasi, frekwensi, kualitas, intensitas nyeri mengidentifikasi skala nyeri, mengidentifikasi respon nyeri nonverbal, mengidentipikasi paktor yang memper berat dan memperingan nyeri, memberikan teknik non farmakologi latihan nafas dalam dan memberikan kompres air Es pada tenggorokan, menjelaskan penyebab, periode dan pemicu nyeri, berkolaborasi pemberian analgetik, dan berkolaborasi dengan ahli gizi. Berdasarkan evaluasi dilakukan tindakan keperawatan pada pasien satu dan pasien dua selama 2 x 24 jam masalah nyeri akut teratasi. Hendaknya dilakukan penelitian lebih lanjut terhadap Asuhan Keperawatan pada pasien tonsillitis dengan Nyeri Akut

Kata Kunci : Asuhan Keperawatan , Nyeri Akut ,Tonsilitis,

# **NURSING CARE FOR TONSILLITIS PATIENTS WITH ACUTE PAIN IN THE ALAMANDA ROOM MAJALAYA HOSPITAL SURGERY**

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## **ABSTRACT**

**Latar Belakang :** Tonsillitis is still a major health problem in the field of ENT. Tonsillitis most often occurs in subtropical countries. The World Health Organization (WHO) does not release data regarding the number of cases of tonsillitis in the world, but WHO estimates that 287,000 adults over 15 years have had tonsillectomy. The aim of this research is to provide nursing care for Tonsillitis Patients with Acute Pain in the Alamanda Surgical Room at Majalaya Regional Hospital. **Metode :** descriptively with a case study approach. The case study which was the subject of the research was used to explore the problem of nursing care for Tonsillitis clients with acute pain. **Hasil :** This research was conducted on 08 - 14 January 2024 with case studies showing that patient one and patient two said they complained of pain in the throat with a pain scale of 4, the pain increased when the patient ate or drank and had difficulty swallowing. From this focus data, the diagnosis made of Acute Pain is characterized by a physical injury agent. The interventions and implementation carried out include observing vital signs, assessing location, characteristics, duration, frequency, quality, intensity of pain, identifying pain scales, identifying nonverbal pain responses, identifying factors that aggravate and relieve pain, providing non-pharmacological techniques for deep breathing exercises. and giving an ice water compress to the throat, explaining the cause, period and triggers of pain, collaborating on giving analgesics, and collaborating with a nutritionist. Based on the evaluation, nursing actions were carried out on patient one and patient two for 2 x 24 hours. The acute pain problem was resolved. Further research should be carried out on nursing care for tonsillitis patients with acute pain

Kata Kunci : Nursing Care, Acute Pain, Tonsillitis