

**PENERAPAN POSISI SEMI FOWLER 45° DAN TERAPI OKSIGENASI  
DALAM ASUHAN KEPERAWATAN DENGAN KEGAWAT  
DARURATAN PADA PASIEN *CONGESTIVE HEART  
FAILURE* (CHF) DI IGD UOBK RSUD dr. SLAMET  
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**ABSTRAK**

**Latar Belakang:** *Congestive heart failure* (CHF) merupakan kondisi kegawatdaruratan yang ditandai oleh ketidakmampuan jantung memompa darah secara efektif, menyebabkan gangguan oksigenasi. Intervensi keperawatan berupa pemberian terapi oksigenasi dan posisi semi fowler 45° berpotensi meningkatkan oksigenasi jaringan. **Tujuan Penelitian:** Penelitian ini bertujuan untuk melakukan asuhan keperawatan gawatdarurat pada pasien *Congestive heart failure* dengan penerapan posisi semi fowler dan terapi oksigenasi di igd UOBK RSUD dr. Slamet Garut. **Metode Penelitian:** Ini merupakan metode studi kasus dengan pendekatan deskriptif. Subjek penelitian 2 pasien CHF di IGD UOBK RSUD dr. Slamet Garut. Data dikumpulkan melalui observasi, wawancara, dan studi pendokumentasi, kemudian dianalisis secara kualitatif. **Hasil:** Penerapan terapi oksigenasi dan posisi semi fowler 45° menunjukkan peningkatan saturasi oksigen pasien dari 93% menjadi 95%, serta penurunan frekuensi napas dari 28 kali/menit menjadi 20 kali/menit. Keluhan sesak napas juga berkurang secara signifikan. **Kesimpulan dan Saran:** Pada kedua pasien pemberian terapi oksigenasi dan posisi semi fowler 45° efektif dalam mengatasi masalah ketidakefektifan pola napas pada pasien CHF. Intervensi ini dapat direkomendasikan sebagai bagian dari asuhan keperawatan emergensi untuk meningkatkan oksigenasi dan kenyamanan pasien.

**Kata Kunci:** CHF, Oksigenasi, Posisi Semi Fowler 45°, Asuhan Keperawatan Gawatdarurat

**Referensi:** 8 Buku (2018-2021), 13 *Jurnal* (2021-2024), 7 *Internet*

**IMPLEMENTATION OF THE 45° SEMI-FOWLER POSITION AND  
OXYGENATION THERAPY IN EMERGENCY NURSING CARE  
FOR CONGESTIVE HEART FAILURE PATIENTS IN THE ER  
OF UOBK DR. SLAMET GARUT HOSPITAL IN 2025**

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**ABSTRACT**

**Background:** Congestive heart failure (CHF) is an emergency condition characterized by the heart's inability to pump blood effectively, causing impaired oxygenation. Nursing interventions in the form of oxygenation therapy and a 45° semi-Fowler position have the potential to increase tissue oxygenation. **Research Objective:** This study aims to provide emergency nursing care to patients with Congestive Heart Failure by applying a semi-Fowler position and oxygenation therapy in the emergency department of UOBK RSUD dr. Slamet Garut. **Research Method:** This is a case study method with a descriptive approach. The research subjects were 2 CHF patients in the emergency department of UOBK RSUD dr. Slamet Garut. Data were collected through observation, interviews, and documentation studies, then analyzed qualitatively. **Results:** The application of oxygenation therapy and a 45° semi-Fowler position showed an increase in patient oxygen saturation from 93% to 95%, as well as a decrease in respiratory rate from 28 times/minute to 20 times/minute. Complaints of shortness of breath were also significantly reduced. **Conclusions and Recommendations:** In both patients, oxygenation therapy and the 45° semi-Fowler's position were effective in addressing the ineffective breathing pattern in CHF patients. This intervention can be recommended as part of emergency nursing care to improve oxygenation and patient comfort.

**Keywords:** CHF, Oxygenation, 45° Semi-Fowler's Position, Emergency Nursing Care

**References:** 8 Books (2018-2021), 13 Journals (2021-2024), 7 Internet