

## ABSTRAK

Kecemasan anak prasekolah saat menjalani hospitalisasi akan membuat proses penyembuhan anak menjadi terganggu, anak kesulitan untuk kooperatif dengan segala tindakan yang dilakukan selama perawatan di rumah sakit. Dukungan keluarga menjadi unsur penting dalam perawatan. Tujuan penelitian ini untuk mengetahui hubungan dukungan keluarga terhadap kecemasan anak prasekolah saat menjalani hospitalisasi *literature review*.

Metode menggunakan *literature review* dengan pendekatan *systematic literature review*. Populasi pada penelitian ini yaitu jurnal nasional dan internasional mengenai dukungan keluarga dengan kecemasan anak prasekolah sebanyak 2629 artikel. Sampel berdasarkan karakteristik tertentu, yaitu 5 jurnal sesuai dengan kriteria inklusi. Situs pencarian jurnal berasal dari *Google Scholar*, *PubMed*, *Science Direct*. Evaluasi kelayakan data dengan mengisi form ceklis pada instrumen *JBI Checklist for analytical cross sectional studies*.

Hasil penelitian menunjukkan adanya hubungan dukungan keluarga terhadap kecemasan anak prasekolah saat menjalani hospitalisasi ditinjau dari hasil *literature* yaitu 5 jurnal mengatakan bahwa ada hubungan antara dukungan keluarga terhadap kecemasan anak prasekolah saat menjalani hospitalisasi. Dukungan keluarga yang dikatakan baik adalah dukungan dari orang tua yang mendampingi (*Rooming In*) anak selama 24 jam selama menjalani hospitalisasi. Setelah dilakukannya *Rooming In* kebanyakan tingkat kecemasan pada anak prasekolah mengalami kecemasan sedang. Penelitian ini dapat dijadikan sebagai *evidence based practice* terbaru ilmu keperawatan anak dan dapat digunakan sebagai informasi tambahan bagi peneliti selanjutnya dalam mengembangkan penelitian mengenai hubungan dukungan keluarga terhadap kecemasan anak usia prasekolah saat menjalani hospitalisasi.

Kata Kunci : anak prasekolah, dukungan keluarga, hospitalisasi, kecemasan.

Daftar Pustaka: 10 Buku (2011-2021)

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## **ABSTRACT**

*Anxiety of preschool children while undergoing hospitalization will disrupt the child's healing process, children find it difficult to cooperate with all actions taken during hospitalization. Family support is an important element in care. The purpose of this study was to determine the relationship between family support and preschool children's anxiety while undergoing hospitalization literature review.*

*The method uses a literature review with a systematic literature review approach. The population in this study were national and international journals regarding family support with preschool children's anxiety as many as 2629 articles. The sample is based on certain characteristics, namely 5 journals according to the inclusion criteria. Journal search sites come from Google Scholar, PubMed, Science Direct. Evaluate the feasibility of the data by filling out the checklist form on the instrument JBI Checklist for analytical cross sectional studies.*

*The results showed that there was a relationship between family support and preschool children's anxiety while undergoing hospitalization in terms of the results of the literature, namely: 5 journals say that there is a relationship between family support and preschool children's anxiety while undergoing hospitalization. Family support that is said to be good is the support from parents who accompany (Rooming In) children for 24 hours during hospitalization. After doing Rooming In, most of the anxiety levels in preschool children experienced moderate anxiety. This research can be used as the latest evidence based practice of pediatric nursing and can be used as additional information for further researchers in developing research on the relationship of family support to the anxiety of preschool-aged children while undergoing hospitalization.*

*Keywords : anxiety, family support, hospitalization, preschool children.*

*References : 10 Books (2011-2021)  
14 Journals (2011-2021)*