

**SOSIALISASI DAN DEMONSTRASI PENERAPAN HAND
HYGIENE PADA ORANGTUA SAAT MENGUNJUNGI
ANAKNYA DI RUANG PICU RSUD WELAS ASIH
KABUPATEN BANDUNG**

Anjelina Putri Wijaya, S.Kep¹, Susan Irawan Rifai, S.Kep., Ners., MAN²

¹Mahasiswa Profesi Ners, Fakultas Keperawatan Universitas Bhakti Kencana
Bandung

²Dosen, Fakultas Keperawatan Universitas Bhakti Kencana Bandung

ABSTRAK

Latar Belakang: Hand hygiene merupakan salah satu langkah penting dalam pencegahan penularan infeksi di rumah sakit. Meskipun di ruang Pediatric Intensive Care Unit (PICU) RSUD Welas Asih tidak ditemukan kejadian infeksi nosokomial dalam tiga bulan terakhir, hasil observasi menunjukkan masih adanya orang tua pasien yang belum sepenuhnya patuh melaksanakan cuci tangan saat berkunjung. Hal ini menandakan perlunya upaya edukasi agar kepatuhan dapat ditingkatkan. Tujuan: Mengetahui efektivitas sosialisasi dan demonstrasi dalam meningkatkan pengetahuan dan kepatuhan orang tua melakukan hand hygiene di ruang PICU RSUD Welas Asih. Metode: Penelitian menggunakan pendekatan deskriptif dengan intervensi berupa pemberian sosialisasi dan demonstrasi teknik cuci tangan 6 langkah WHO dilaksanakan pada 28 Juli–1 Agustus 2025, melibatkan 11 orang tua pasien di ruang PICU. Hasil: Orang tua pasien menunjukkan respon positif, antusias mengikuti kegiatan, serta mampu mempraktikkan kembali teknik cuci tangan dengan benar. Kegiatan didukung kepala ruangan dan tim PPI, serta ditindaklanjuti dengan pemasangan poster edukasi cuci tangan di area PICU. Kesimpulan: Sosialisasi dan demonstrasi terbukti efektif meningkatkan pengetahuan dan keterampilan orang tua dalam melaksanakan hand hygiene, meskipun tidak ditemukan kejadian infeksi nosokomial. Edukasi berkelanjutan dan penggunaan media visual perlu dilakukan untuk mendukung kepatuhan orang tua dalam mencegah risiko penularan infeksi.

Kata Kunci: Hand hygiene, sosialisasi, demonstrasi, kepatuhan orang tua

Daftar Pustaka : 4 Buku (2017-2019)

9 Jurnal (2017-2025)

**SOCIALIZATION AND DEMONSTRATION OF HAND HYGIENE
IMPLEMENTATION FOR PARENTS VISITING THEIR CHILDREN
IN THE PICU AT WELAS ASIH REGIONAL HOSPITAL
BANDUNG REGENCY**

Anjelina Putri Wijaya, S,Kep¹, Susan Irawan Rifai, S.Kep., Ners., MAN²

¹Professional Nurse Student, Faculty of Nursing, Bhakti Kencana University,
Bandung

²Lecturer, Faculty of Nursing, Bhakti Kencana University, Bandung

ABSTRACT

Background: Hand hygiene is one of the most important measures in preventing the transmission of infections in hospitals. Although no nosocomial infections were reported in the Pediatric Intensive Care Unit (PICU) of RSUD Welas Asih during the past three months, observations revealed that some parents were still not fully compliant with handwashing during visits. This indicates the need for educational interventions to improve compliance. **Objective:** To evaluate the effectiveness of health education through socialization and demonstration in improving parents' knowledge and compliance with hand hygiene practices in the PICU of RSUD Welas Asih. **Methods:** This descriptive study applied an intervention in the form of socialization and demonstration of the WHO 6-step handwashing technique. The activity was carried out from July 28 to August 1, 2025, involving 11 parents of patients in the PICU. **Results:** Parents showed a positive response, demonstrated enthusiasm in participating, and were able to correctly re-demonstrate the handwashing steps. The intervention received support from the head nurse and the Infection Prevention and Control (IPC) team, followed by the installation of hand hygiene educational posters in the PICU area. **Conclusion:** Socialization and demonstration were proven effective in improving parents' knowledge and skills in performing hand hygiene, despite the absence of nosocomial infection cases. Sustained education and the use of visual media are recommended to strengthen parents' compliance in preventing infection transmission.

Keywords: Hand hygiene, socialization, demonstration, parental compliance

References : 4 Buku (2017-2019)

9 Jurnal (2017-2025)