

ABSTRAK

Perawatan bayi baru lahir terutama BBLR dengan berat badan kurang dari 2500 gram dengan tidak memandang usia gestasi apabila sudah selesai di rumah sakit maka diperlukan perawatan di rumah. Perawatan BBLR di rumah yang dilakukan seperti mempertahankan suhu tubuh bayi, memperhatikan posisi tidur, ASI eksklusif, intensif memantau perkembangan dan pertumbuhan bayi, melengkapi kebutuhan imunisasi dan membatasi aktivitas bayi. Permasalahan yang utama yaitu ketidaktahuan ibu dalam perawatan BBLR. Upaya yang bisa dilakukan yaitu pemberian edukasi dengan metode diskusi dan penggunaan media leaflet. Tujuan dalam penelitian ini yaitu mengetahui pengaruh edukasi metode diskusi media leaflet terhadap pengetahuan ibu merawat BBLR di ruang Melati RSUD Kota Bandung.

Desain penelitian yang digunakan adalah penelitian *pre eksperiment one group pretest-posttest*. Populasi sebanyak 40 orang. Teknik pengumpulan sampel *purposive sampling* dengan sampel sebanyak 17 orang ibu dengan BBLR pertama kali dan sedang persiapan pulang. Intervensi berupa edukasi metode diskusi media leaflet. Instrumen yang digunakan berupa kuesioner. Data disajikan dalam bentuk distribusi frekuensi dan uji pengaruh menggunakan uji *wilcoxon*.

Hasil penelitian didapatkan pengetahuan ibu merawat BBLR sebelum dilakukan edukasi metode diskusi media leaflet sebagian besar pengetahuan ibu kurang sebanyak 14 orang (82,4%). Pengetahuan ibu merawat BBLR setelah dilakukan edukasi metode diskusi media leaflet sebagian besar pengetahuan ibu baik sebanyak 13 orang (76,5%). Ada pengaruh edukasi metode diskusi media leaflet terhadap pengetahuan ibu merawat BBLR ($p\text{-value } 0,000 < 0,05$).

Pemberian edukasi metode diskusi media leaflet efektif dalam meningkatkan pengetahuan ibu merawat BBLR. Disarankan kepada perawat untuk bisa melaksanakan edukasi perawatan BBLR terhadap ibu dengan BBLR.

Kata Kunci : BBLR, Diskusi, Edukasi, Laeflet
Sumber : 23 buku (2015-2018)
9 Jurnal (2016-2019)

ABSTRACT

Treatment of newborns, especially LBW with a body weight of less than 2500 grams regardless of gestational age, when finished in hospital, requires treatment at home. LBW care at home is carried out such as maintaining the baby's body temperature, paying attention to sleeping position, exclusive breastfeeding, intensively monitoring the baby's development and growth, completing immunization needs and limiting baby activities. The main problem is the mother's ignorance in LBW care. Efforts that can be done are providing education with the method of discussion and the use of leaflet media. The purpose of this study was to determine the effect of education on the leaflet media discussion method on the knowledge of mothers caring for LBW in the Melati room of the Bandung City Hospital.

The research design used was a pre-experimental one group pretest-posttest study. The population is 40 people. The sampling technique was purposive sampling with a sample of 17 mothers with low birth weight for the first time and were preparing to go home. The intervention was in the form of education on leaflet media discussion methods. The instrument used is a questionnaire . The data is presented in the form of a frequency distribution and the influence test uses the Wilcoxon test.

The results of the study showed that the knowledge of mothers caring for LBW before education on the leaflet media discussion method was mostly lacking in knowledge of 14 people (82.4%). Mother's knowledge of caring for LBW after educating the leaflet media discussion method, most of the mothers' knowledge was good as many as 13 people (76.5%). There is an effect of education on the leaflet media discussion method on the knowledge of mothers caring for LBW (p-value 0.000 <0.05).

The provision of education on the leaflet media discussion method is effective in increasing the knowledge of mothers caring for LBW. It is recommended for nurses to be able to carry out LBW care education for mothers with LBW.

Keywords : Education, Discussion, LBW, Leaflet
Source : 23 books (2015-2018)
9 Journals (2016-2019)