

ABSTRAK

Asuhan kebidanan komprehensif dilakukan pada Ny. I G1P0A0 umur 26 tahun di BPM. L Kota Bandung tahun 2020 meliputi pengkajian, analisa, penatalaksanaan dan evaluasi pada saat kehamilan, persalinan nifas, dan BBL. Masalah yang ditemukan pada Ny. I pada masa kehamilan yaitu mengalami anemia pada kehamilan sehingga dilakukan intervensi berupa pemberian jus buah bit.

Pelaksanaan asuhan kebidanan secara keseluruhan sudah sesuai dengan teori. Masalah yang dihadapi Ny. I yaitu anemia, penatalaksanaan awal berupa kontrak waktu dan pemberian inform consent setelah itu dilakukan intervensi berupa pemberian jus buah bit sebanyak 500 ml sehari dan diberikan selama 1 bulan.

Hasil evaluasi didapatkan bahwa masalah anemia yang terjadi pada Ny. I bisa teratasi dengan cara pemberian jus buah bit, dengan kata lain jus buah bit efektif dalam meningkatkan kadar Hb.

Simpulan didapatkan bahwa semua asuhan kebidanan sudah sesuai dan intervensi jus buah bit efektif dalam meningkatkan kadar Hb. Saran bagi instansi pelayanan bisa menerapkan terapi komplementer dalam menangani keluhan ibu.

Kata kunci : Anemia, Asuhan Kebidanan, Jus Buah Bit

Daftar Pustaka : 21 buku (tahun 2013-2019)

3 jurnal (tahun 2015-2019)

ABSTRACT

Comprehensive midwifery care is performed on Mrs. I G1P0A0 is 26 years old at BPM. L Bandung City in 2020 includes the assessment, analysis, management and evaluation during pregnancy, childbirth, and LBW. Problems found in Mrs. I during pregnancy that is anemic in pregnancy so that the intervention is done in the form of beet juice.

The implementation of midwifery care as a whole is in accordance with the theory. Problems faced by Mrs. I, namely anemia, initial management in the form of a time contract and the provision of informed consent after which an intervention is carried out in the form of beetroot juice as much as 500 ml a day and given for 1 month.

Evaluation results found that anemia problems that occur in Ny. I can be overcome by giving beetroot juice, in other words beetroot juice is effective in increasing Hb levels.

It was concluded that all midwifery care was appropriate and beetroot juice intervention was effective in increasing Hb levels. Suggestions for service agencies can implement complementary therapy in handling maternal complaints.

Keywords : Anemia, Midwifery Care, Beet Fruit Juice

Bibliography : 21 books (2013-2019)

3 journals (2015-2019)