

ABSTRAK

Bayi Berat Lahir Rendah memiliki risiko tinggi dibandingkan bayi berat badan normal. Dampak yang terjadi pada Bayi Berat Lahir Rendah diantaranya hipotermia, hipoglikemia, masalah ASI dan gangguan imunologi. Dampak tersebut menghambat terhadap peningkatan berat badan, maka diperlukan upaya meningkatkan berat badan salah satunya dengan cara pemberian musik.

Tujuan penelitian untuk mengetahui efektivitas pemberian nesting fiksasi Murottal dan musik klasik Mozart Lullaby terhadap berat badan pada BBLR di ruang Perinatologi Alamanda II RSUD Majalaya Kabupaten Bandung.

Metode penelitian berupa *quasi eksperiment non equivalen with control group*. Populasi sebanyak 40 orang. Sampel sebanyak 36 responden yaitu 18 orang kelompok eksperimen dan 18 orang kelompok kontrol dengan teknik *purposive sampling*. Analisa berupa univariat dan bivariat menggunakan uji *paired T test*.

Hasil penelitian didapatkan berat badan BBLR nesting fiksasi sebelum pemberian murottal mean 2049,17 gram, setelah nesting fiksasi pemberian murottal mean 2084,44 gram. Berat badan BBLR nesting fiksasi sebelum pemberian musik klasik mozart lullaby mean 2039,72 gram, setelah nesting fiksasi pemberian musik klasik mozart lullaby mean 2059,17 gram. Ada pengaruh nesting fiksasi disertai Murottal terhadap berat badan BBLR (p-value 0,000). Ada pengaruh nesting dan fiksasi disertai pemberian musik klasik mozart lullaby terhadap berat badan BBLR (p-value 0,000). Ada perbedaan peningkatan berat badan dengan nesting fiksasi murottal dan nesting fiksasi klasik mozart lullaby (p-value 0,000). Intervensi nesting fiksasi murottal lebih baik dibandingkan dengan nesting fiksasi musik klasik mozart lullaby dalam meningkatkan berat badan BBLR. Saran bagi perawat untuk bisa melakukan intervensi nesting fiksasi murottal dalam upaya meningkatkan berat badan BBLR.

Kata Kunci : Murottal, Musik Klasik Mozart Lullaby, Nesting Fiksasi.

Sumber : 35 buku (tahun 2011-2018)
23 Jurnal (tahun 2012-2019).

ABSTRACT

Low birth weight babies have a higher risk than normal weight babies. The impact that occurs on Low Birth Beat Babies includes hypothermia, hypoglycemia, breastfeeding problems and immunological disorders. This impact inhibits weight gain, so efforts are needed to increase body weight, one of which is by giving music.

The purpose of the study was to determine the effectiveness of the provision of Murottal fixation nesting and Mozart Lullaby classical music on body weight in low birth weight in the Alamanda II Perinatology room RSUD Majalaya Kabupaten Bandung.

The research method is in the form of a quasi-experimental non-equivalent control group. Population of 40 people. A sample of 36 respondents, 18 people in the experimental group and 18 people in the control group with purposive sampling technique. The analysis is in the form of univariate and bivariate with the paired T test.

The results showed that the weight of the fixation nesting LBW before giving murottal a mean of 2049.17 grams, after nesting the fixation, a mean of 2084.44 grams of fixation was given. Body weight LBW, nesting fixation before giving classical music mozart lullaby mean 2039.72 grams, after nesting fixation giving classical music mozart lullaby mean 2059.17 grams. There is an effect of fixation with Murottal nesting on LBW body weight (p-value 0.000). There is an effect of nesting and fixation along with the provision of classical music mozart lullaby on low birth weight (p-value 0,000). There was a difference between the weight gain and the classical mozart lullaby nesting fixation with murottal fixation nesting (p-value 0.000). Murottal fixation nesting intervention is better than nesting fixation of Mozart Lullaby classical music in increasing LBW body weight. Suggestions for nurses to be able to intervene with murottal fixation nesting in an effort to increase LBW body weight.

Keywords : *Fixation Nesting, Murottal, Mozart Lullaby Classical Music*

Source : *35 books (2011-2018)*

23 Journals (2012-2019).