

**GAMBARAN PENGETAHUAN DAN SIKAP TERHADAP KESEHATAN
DAN KESELAMATAN KERJA DI RUANG OPERASI PADA TENAGA
KESEHATAN DI RSUD AL-IHSAN PROVINSI JAWA BARAT**

RENDY SYAHPUTRA

211FI03013

Program Studi Sarjana Terapan Keperawatan Anestesiologi, Fakultas Ilmu
Kesehatan, Universitas Bhakti Kencana Bandung

ABSTRAK

Ruang operasi merupakan area kerja dengan risiko tinggi bagi tenaga kesehatan, karena adanya potensi paparan terhadap agen infeksius, benda tajam, serta tingginya beban kerja. Oleh karena itu, penerapan prinsip Kesehatan dan Keselamatan Kerja (K3) menjadi hal yang sangat penting. Pengetahuan dan sikap tenaga kesehatan memainkan peran krusial dalam optimalisasi penerapan K3. Penelitian ini bertujuan untuk menggambarkan tingkat pengetahuan dan sikap tenaga kesehatan terhadap K3 di ruang operasi, dengan fokus pada perawat bedah dan penata anestesi. Penelitian dilakukan di RSUD Al-Ihsan, Provinsi Jawa Barat, menggunakan metode kuantitatif deskriptif dengan pendekatan cross-sectional. Sampel berjumlah 41 orang, terdiri dari 20 perawat bedah dan 21 penata anestesi, yang dipilih melalui teknik total sampling. Data dikumpulkan menggunakan kuesioner tertutup yang telah diuji validitasnya, dan dianalisis secara univariat. Hasil penelitian menunjukkan bahwa mayoritas perawat bedah (75%) dan penata anestesi (85,7%) memiliki tingkat pengetahuan yang baik mengenai K3. Seluruh responden dari kedua kelompok menunjukkan sikap yang sangat baik (100%) terhadap penerapan K3. Temuan ini menunjukkan bahwa tenaga kesehatan di ruang operasi RSUD Al-Ihsan memiliki pemahaman serta sikap positif terhadap keselamatan kerja. Meskipun demikian, pelatihan dan edukasi secara berkala tetap diperlukan untuk menjaga dan meningkatkan kompetensi K3 di masa yang akan datang.

.Kata Kunci: Kesehatan dan Keselamatan Kerja (K3), Pengetahuan, Sikap, Ruang Operasi, Tenaga Kesehatan

**DESCRIPTION OF KNOWLEDGE AND ATTITUDE TOWARDS
OCCUPATIONAL HEALTH AND SAFETY IN THE OPERATING
ROOM AMONG HEALTH WORKERS AT AL-IHSAN REGIONAL
HOSPITAL, WEST JAVA PROVINCE**

RENDY SYAHPUTRA

211FI03013

*Bachelor of Nursing Anesthesiology, Faculty of Health Sciences, Bhakti
Kencana University*

ABSTRAK

The operating room is a high-risk work area for health workers, due to the potential for exposure to infectious agents, sharp objects, and high workload. Therefore, the application of Occupational Health and Safety (OHS) principles is very important. The knowledge and attitude of health workers play a crucial role in optimizing the implementation of OHS. This study aims to describe the level of knowledge and attitude of health workers towards OHS in the operating room, with a focus on surgical nurses and anesthesiologists. The study was conducted at Al-Ihsan Hospital, West Java Province, using a descriptive quantitative method with a cross-sectional approach. The sample consisted of 41 people, consisting of 20 surgical nurses and 21 anesthesiologists, who were selected through a total sampling technique. Data were collected using a closed questionnaire that had been tested for validity, and analyzed univariately. The results showed that the majority of surgical nurses (75%) and anesthesiologists (85.7%) had a good level of knowledge regarding OHS. All respondents from both groups showed a very good attitude (100%) towards the implementation of OHS. These findings indicate that health workers in the operating room of Al-Ihsan Hospital have a positive understanding and attitude towards occupational safety. Nevertheless, regular training and education are still needed to maintain and improve K3 competency in the future.

.Keywords: Occupational Health and Safety (K3), Knowledge, Attitude, Operating Room, Health Workers.