

**POLA PERESEPAN OBAT HIPERTENSI PADA IBU HAMIL
DI RAWAT JALAN SALAH SATU RUMAH SAKIT
KABUPATEN BANDUNG**

ABSTRAK

Hipertensi pada kehamilan merupakan salah satu penyebab kematian dan kesakitan terhadap ibu selain mengalami infeksi maupun pendarahan. Hasil Riset Kesehatan dasar RISKESDAS 2018, prevalensi hipertensi di Indonesia meningkat sebanyak 34,1% dan terjadi lagi peningkatan kematian ibu hamil tahun 2021 ada 1.188 kasus dengan persentase sebanyak 40%. Penelitian ini bertujuan untuk mengetahui gambaran pola persepan obat hipertensi pada ibu hamil berdasarkan nama obat, golongan obat dan frekuensi pemberian obat di rawat jalan salah satu Rumah Sakit Kabupaten Bandung. Penelitian ini merupakan penelitian non-eksperimental yang dirancang secara deskriptif berupa data sekunder bersifat kuantitatif. Persepan obat hipertensi pada ibu hamil menunjukkan jumlah obat methyldopa tablet sering diresepkan dengan persentase sebanyak 42% Golongan obat hipertensi pada ibu hamil terbanyak yaitu golongan calcium chanel blocker-dihydropyridine dengan persentase sebanyak 45%, dan pemberian dosis menunjukkan obat methyldopa sehari 3x1 tab paling sering diresepkan dengan persentasi 27%.

Kata kunci: Hipetensi, kehamilan, pola persepan

PATTERN OF HYPERTENSION DRUG PRESCRIPTION IN PREGNANT WOMEN IN OUTPATIENT ONE HOSPITAL IN BANDUNG REGENCY

ABSTRACT

Hypertensionn pregnancys one of the causes of death and morbidity for mothers apart from experiencing infection and bleeding. The results of the 2018 RISKESDAS basic health research, the prevalence of hypertension in Indonesia increased by 34.1% and there was another increasen maternal mortality in 2021 there were 1,188 cases with a percentage of 40%. This study aims to describe the pattern of prescribing hypertension drugs in pregnant women based on drug names, drug classes and frequency of drug administration in outpatient care at one of the Bandung Regency Hospitals. This researchs non-experimental research designed descriptively in the form of quantitative secondary data. The prescribing of hypertension drugs in pregnant women shows the number of methyldopa tablets often prescribed with a percentage of 42%. The most common group of hypertension drugs in pregnant womens the calcium channel blocker-dihydropyridine group with a percentage of 45%, and the dosing shows methyldopa 3x1 tab a day most frequently prescribed with a percentage of 27%.

Keywords: hypertension, pregnancy, prescribing pattern