

ABSTRAK

Talasemia merupakan penyakit kelainan darah yang menyebabkan sel darah (Hemoglobin) merah cepat hancur sehingga usia sel-sel darah menjadi lebih pendek dan tubuh kekurangan darah. Talasemia mempunyai karakteristik yaitu umur, jenis kelamin, lama menderita, pengetahuan, pertumbuhan, kepatuhan tranfusi, tingkat pendidikan, Hb dan kelasi besi. Kondisi ini akan berpengaruh besar terhadap kehidupan anak sehari-hari timbul stress tambahan dan dampak psikologis pada keluarga dan anak. Sehingga berhubungan dengankualitas hidup anak.

Tujuan penelitian Litrev ini adalah meriview Gambaran karakteristik dan kualitas Hidup anak Talasemia. Jenis penelitian menggunakan metode *Literature Review* dengan pendekatan *sistematik Riview* dengan populasi 21 Jurnal. Sample dengan 5 jurnal sesuai dengan kriteria inklusi dan eksklusi. instrumen yang digunakan JBI dengan mengisi Critical Appraisal Tool Cheklist.

Hasil dari 5 jurnal terdapat karakteristik umur, jenis kelamin, lama menderita, pengetahuan, pertumbuhan, kepatuhan tranfusi, tingkat Pendidikan, Hb, Klasi besi, kualitas hidup yang berkaitan dengan karakteristik. Saran Berdasarkan hasil literature ini di harapkan bisa dijadikan sebagai bahan Literature dan tambahan evidенbase bagi Universitas Bhakti Kencana Bandung juga bisa dijadikan data dasar mengenai karakteristik dan kualitas hidup anak talasemia

Kata Kunci : Karakteristik , Kualitas Hidup, Talasemia

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ABSTRACT

Thalassemia is a blood disorder that causes red blood cells (hemoglobin) to be destroyed quickly so that the age of the blood cells becomes shorter and the body lacks blood. Thalassemia has characteristics, namely age, sex, length of suffering, knowledge, growth, compliance with transfusion, level of education, Hb and iron chelation. This condition will have a major impact on the daily life of children, resulting in additional stress and psychological impact on the family and children.

So that it relates to the quality of life of children. The purpose of this Litrev research is to review the description of the characteristics and quality of life of thalassemia children. This type of research uses the Literature Review method with a systematic approach to review with a population of 21 journals. Sample with 5 journals according to inclusion and exclusion criteria. instruments used by JBI by filling in the Critical Appraisal Tool Checklist.

The results of 5 journals show the characteristics of age, gender, duration of suffering, knowledge, growth, compliance with transfusion, level of education, Hb, iron classification, quality of life related to characteristics. Suggestion Based on the results of this literature it is hoped that it can be used as literature and additional material evidenbase for Bhakti Kencana University Bandung can also be used as basic data regarding the characteristics and quality of life of thalassemia children

Keywords: Characteristics, Quality of Life, Thalassemia

Bibliography: Book 7(2019)
Website 10 (2020)
Journal 14 (2010-2020)