

HUBUNGAN *SELF CARE* DENGAN KUALITAS HIDUP PADA PASIEN KANKER SERVIKS DI RSUD AL IHSAN PROVINSI JAWA BARAT

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ABSTRAK

Kanker serviks menempati urutan ke dua sebagai kanker paling sering yang diidap, kanker serviks merupakan salah satu penyakit yang menyebabkan kematian tertinggi saat ini. Kanker serviks berdampak pada fisik, psikologis, maupun sosial yang berpengaruh terhadap kualitas hidup. Kualitas hidup pasien kanker serviks dipengaruhi beberapa faktor diantaranya *self care*. Tujuan penelitian ini untuk mengetahui hubungan *self care* dengan kualitas hidup pasien kanker serviks di RSUD Al Ihsan Provinsi Jawa Barat. Metode penelitian yang digunakan adalah kuantitatif dengan pendekatan *cross sectional*. Populasi pada penelitian ini yaitu pasien kanker serviks di rawat jalan RSUD Al Ihsan Provinsi Jawa Barat pada 3 bulan terakhir sebanyak 47 pasien. Instrumen yang digunakan yaitu instrumen *Self care of Chronic Ill-ness Inventory (SC-CII)* dan *The European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30)*. Analisis menggunakan uji korelasi *rank spearman* didapatkan hasil nilai signifikansi 0,00 kurang dari 0,01 ($p < 0,01$). Berdasarkan hasil penelitian didapatkan *self care* pasien kanker serviks pada kategori adekuat yaitu 28 responden (59,6%), kualitas hidup pada kategori baik yaitu 17 responden (36,2%). Hasil penelitian menunjukkan *self care* yang adekuat maka semakin baik pula kualitas hidupnya, perilaku *self care* seperti menjaga pola makan dan istirahat yang cukup dapat meningkatkan kualitas hidup pasien. Maka dapat disimpulkan bahwa terdapat hubungan *self care* dengan kualitas hidup pada pasien kanker serviks di RSUD Al Ihsan Provinsi Jawa Barat. Saran bagi peneliti selanjutnya dapat meneliti mengenai faktor yang mempengaruhi *self care* terhadap kualitas hidup pasien kanker serviks.

Kata Kunci: Kanker Serviks, Kualitas Hidup, *Self Care*

Sumber: 31 Jurnal (2015-2024)

1 Buku (2019)

2 Artikel (2009-2024)

**THE RELATIONSHIP OF SELF CARE WITH THE QUALITY OF LIFE OF
CERVICAL CANCER PATIENTS AT AL IHSAN HOSPITAL
WEST JAVA PROVINCE**

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ABSTRACT

Cervical cancer ranks second as the most common cancer suffered, cervical cancer is one of the diseases that causes the highest number of deaths today. Cervical cancer has physical, psychological and social impacts that affect quality of life. The quality of life of cervical cancer patients is influenced by several factors, including self-care. The aim of this research was to determine the relationship between self-care and the quality of life of cervical cancer patients at Al Ihsan Hospital, West Java Province. The research method used is quantitative with a cross sectional approach. The population in this study was 47 cervical cancer patients in outpatient care at Al Ihsan Regional Hospital, West Java Province in the last 3 months. The instruments used were the Self-care of Chronic Ill-ness Inventory (SC-CII) and The European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30). Analysis using the Spearman rank correlation test resulted in a significance value of 0.00 less than 0.01 ($p < 0.01$). Based on the research results, it was found that self-care for cervical cancer patients was in the adequate category, namely 28 respondents (59.6%), quality of life was in the good category, namely 17 respondents (36.2%). The research results show that if self-care is adequate, the quality of life will be better. Self-care behavior such as maintaining adequate diet and rest can improve the patient's quality of life. So it can be concluded that there is a relationship between self-care and quality of life in cervical cancer patients at Al Ihsan Hospital, West Java Province. Suggestions for future researchers could be to research the factors that influence self-care on the quality of life of cervical cancer patients.

Keywords: Self-Care, Quality Of Life, Cervical Cancer

Source: 31 Journals (2015-2024)

1 Book (2019)

2 Articles (2009-2024)