

### ABSTRAK

Rendahnya kunjungan balita ke Posyandu mengakibatkan tidak terpantaunya pertumbuhan dan perkembangan balita setiap bulannya. Salah satu faktor yang memengaruhi kunjungan balita ke Posyandu adalah dukungan keluarga dan motivasi ibu. Tujuan dari penelitian ini untuk mengetahui hubungan dukungan keluarga dan motivasi ibu dengan kepatuhan kunjungan balita di Posyandu Cieundeur wilayah kerja Puskesmas Curugkembar Sukabumi.

Metode Penelitian ini menggunakan kuantitatif, desain penelitian korelasional, jenis penelitian *cross sectional*. Populasi pada penelitian ini 52 ibu balita usia 1-5 tahun di Posyandu Cieundeur, sampel dalam penelitian ini menggunakan *total sampling*, instrumen penelitian ini adalah kuesioner dan buku catatan Posyandu/ KMS balita. Analisis data penelitian ini menggunakan analisis univariat dan bivariat menggunakan uji *chi-square*.

Hasil penelitian didapatkan 50% tidak patuh, 57.7% tidak mendukung dan 55.8% memiliki motivasi tinggi dalam kunjungan balita ke Posyandu. Hasil uji *chi-square* didapatkan ada hubungan antara dukungan keluarga dengan kepatuhan kunjungan balita ke Posyandu hasil *p value*  $0,036 < \alpha 0,05$  dan ada hubungan antara motivasi ibu dengan kepatuhan kunjungan balita ke Posyandu hasil *p value*  $0,045 < \alpha 0,05$

Hasil penelitian menunjukkan adanya hubungan dukungan keluarga dan motivasi ibu dengan kepatuhan kunjungan balita di Posyandu. Perlunya penyuluhan dan pemberdayaan dari petugas kesehatan atau kader terkait tujuan dan manfaat Posyandu sehingga dapat menimbulkan dorongan dan motivasi ibu untuk dapat meningkatkan kunjungan balita ke Posyandu.

Kata Kunci: Dukungan Keluarga, Kepatuhan, Motivasi ibu

Daftar Pustaka: Buku 22 (2013-2021) dan jurnal 31 (2017-2021)

### **ABSTRACT**

*The low number of visits by toddlers to the Posyandu results in not monitoring the growth and development of toddlers every month. One of the factors that influence the visits of toddlers to Posyandu is family support and mother's motivation. The purpose of this study was to determine the relationship between family support and mother's motivation with the compliance of toddler visits at the Cieundeur Posyandu in the working area of the Sukabumi Curugkembar Health Center.*

*Methods This research uses quantitative, correlational research design, the type of research is cross sectional. The population in this study was 52 mothers of toddlers aged 1-5 years at Posyandu Cieundeur, the sample in this study used total sampling, the research instrument was a questionnaire and a Posyandu/KMS note book for toddlers. Data analysis of this study used univariate and bivariate analysis using chi-square analysis statistical test.*

*The results showed that 50% did not comply, 57.7% did not support and 55.8% had high motivation in visiting children under five to Posyandu. The results of the chi-square test showed that there was a relationship between family support and compliance with toddler visits to Posyandu with p value  $0.036 < \alpha 0.05$  and there was a relationship between mother's motivation and compliance with toddler visits to Posyandu with p value  $0.045 < \alpha 0.05$*

*The results showed that there was a relationship between family support and mother's motivation with compliance with toddler visits at the Posyandu. The need for counseling and empowerment from health workers or cadres related to the goals and benefits of Posyandu so that it can generate encouragement and motivation for mothers to be able to increase toddler visits to Posyandu.*

*Bibliography: book 22 (2013-2021) and jurnal 31 (2017-2021)*