

**ASUHAN KEPERAWATAN PADA PASIEN CONGESTIVE HEART
FAILURE (CHF) DENGAN MASALAH KEPERAWATAN PENURUNAN
CURAH JANTUNG DI RUANGAN CEMPAKA RSUD MAJALAYA**

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ABSTRAK

latar Belakang : *Congestive Heart Failure (CHF)* merupakan salah satu penyakit jantung yang terus bertambah di dunia, yang mana CHF itu terjadi akibat tidakmampuan otot jantung memompa darah keseluruh tubuh, sehingga mengakibatkan terjadinya penurunan kontraktilitas. Penyakit *Congestive Heart Failure (CHF)* atau gagal jantung kongestif dapat menimbulkan berbagai gejala klinis diantaranya : *Dyspena, ortopnea, dyspnea deffort, dan paroxysmal nocturnal dyspnea (PND), edema paru, asites, pitting edema*, berat badan meningkat, dan bahkan dapat muncul syok kardiogenik. Munculnya tanda dan gejala tersebut berhubungan dengan adanya bendungan cairan pada sistem sirkulasi darah, maka jika tidak segera dilakukan tindak lanjut pada pasien *Congestive Heart Failure (CHF)* dapat menyebabkan kematian. Asuhan keperawatan yang muncul pada pasien *Congestive Heart Failure (CHF)* adalah penurunan curah jantung meliputi perubahan irama jantung, perubahan frekuensi jantung, perubahan kontraktilitas, perubahan *preload* dan perubahan *afterload*. maka tujuan penelitian ini mencapai hasil yang diharapkan dalam pendekatan asuhan keperawatan terhadap pasien *Congestive Heart Failure (CHF)* dengan masalah keperawatan penurunan curah jantung. **Metode :** deskriptif kualitatif dengan pendekatan studi kasus. **Hasil :** setelah dilakukan asuhan keperawatan , masalah keperawatan penurunan curah jantung pada kasus 1 dan kasus 2 teratasi dihari ke 3. **Diskusi :** masalah keperawatan penurunan curah jantung tidak selalu memiliki respon yang sama pada setiap pasien *Congestive Heart Failure (CHF)* hal ini dipengaruhi oleh kondisi atau status kesehatan klien sebelumnya. Pemberian posisi semi fowler mempunyai dampak yang efektif sehingga dijadikan sebagai tindakan keperawatan untuk mengatasi masalah penurunan curah jantung pada pasien *Congestive Heart Failure (CHF)*.

Kata kuncel : Asuhan Keperawatan, *Congestive Heart Failure (CHF)*, Penurunan Curah Jantung.

**NURSING CARE FOR PATIENTS WITH CONGESTIVE HEART FAILURE
(CHF) WITH NURSING PROBLEMS OF DECREASED CARDIAC OUTPUT
IN THE CEMPAKA ROOM OF RSUD MAJALAYA**

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ABSTRACT

Background: Congestive Heart Failure (CHF) is one of the heart diseases that continues to grow in the world, where CHF occurs due to the inability of the heart muscle to pump blood throughout the body, resulting in decreased contractility. Congestive heart failure (CHF) can cause various clinical symptoms including: Dyspnea, orthopnea, dyspnea deffort, and paroxysmal nocturnal dyspnea (PND), pulmonary edema, ascites, pitting edema, increased body weight, and can even appear cardiogenic shock. The appearance of these signs and symptoms is related to the presence of fluid dams in the blood circulation system, so if no immediate follow-up is done in Congestive Heart Failure (CHF) patients, it can cause death. Nursing care that appears in Congestive Heart Failure (CHF) patients is a decrease in cardiac output including changes in heart rhythm, changes in heart frequency, changes in contractility, changes in preload and changes in afterload. then the purpose of this study is to achieve the expected results in the nursing care approach to Congestive Heart Failure (CHF) patients with nursing problems of decreased cardiac output. **Method:** qualitative description with a case study approach. **Results:** after nursing care, the nursing problem of decreased cardiac output in case 1 and case 2 was resolved on day 3. **Discussion:** the nursing problem of decreasing cardiac output does not always have the same response in every Congestive Heart Failure (CHF) patient, this is influenced by the client's previous condition or health status. Giving the semi fowler position has an effective impact so that it is used as a nursing action to overcome the problem of decreasing cardiac output in Congestive Heart Failure (CHF) patients.

Keywords: Nursing Care, Congestive Heart Failure (CHF), Decreased Cardiac Output.