

Nomor : 296/09.FKP-1/UBK/VII/2021  
Lampiran : -  
Perihal : **Surat Izin Penelitian**

Bandung, 7 Juli 2021

Kepada Yth.,  
Ketua Prodi D3 Keperawatan  
Universitas Bhakti Kencana  
Di  
Tempat

Berkenaan dengan kegiatan penyusunan Karya Tulis Ilmiah mahasiswa Universitas Bhakti Kencana Tahun Akademik 2020/2021, yaitu:

Nama : **Ega Juanti**  
NIM : **4180180009**

Kami mohon Bapak/Ibu berkenan untuk mengizinkan mahasiswa tersebut melakukan Pengambilan Data dan Penelitian di Institusi yang Bapak/Ibu pimpin. Adapun judul penelitian: **“Gambaran Kesejahteraan Psikologis pada Mahasiswa Tingkat Akhir Program Studi Diploma III Keperawatan Fakultas Keperawatan Universitas Bhakti Kencana Bandung.”**

Demikian surat ini Kami sampaikan, atas perhatian dan kerjasamanya, Kami ucapkan terima kasih.

Universitas Bhakti Kencana  
Ka. Prodi Keperawatan



Dede Nur Aziz Muslim.,S.Kep.,Ners.,M.

Universitas Bhakti Kencana  
Dekan Fakultas Keperawatan



R. Siti Jundiah, S.Kp., M.Kep

### INSTRUMEN KUISIONER KESEJAHTERAAN PSIKOLOGIS

| No | Variabel                 | Sub variabel                       | Jumlah soal | No. Soal       |
|----|--------------------------|------------------------------------|-------------|----------------|
| 1  | Kesejahteraan psikologis | Kemandirian                        |             | 1, 2, 3, 4     |
|    |                          | Penerimaan diri                    | 3           | 5, 6, 7        |
|    |                          | Hubungan positif dengan orang lain | 3           | 8, 9, 10       |
|    |                          | Penguasaan lingkungan              | 3           | 11, 12, 13     |
|    |                          | Pertumbuhan pribadi                | 3           | 14, 15, 16     |
|    |                          | Tujuan hidup                       | 3           | 17, 18, 19, 20 |

| No | Pernyataan                                                                                                                      | STS | TS | N | S | SS |
|----|---------------------------------------------------------------------------------------------------------------------------------|-----|----|---|---|----|
| 1  | Saya meyakini pendapat pribadi meskipun berbeda dengan pendapat khalayak.                                                       |     |    |   |   |    |
| 2  | Saya cenderung terpengaruh oleh pendapat orang lain yang lebih kuat.                                                            |     |    |   |   |    |
| 3  | Saya menilai diri saya berdasarkan hal yang saya rasa penting, tidak berdasarkan anggapan yang dinilai penting oleh orang lain. |     |    |   |   |    |

|    |                                                                                                            |  |  |  |  |  |
|----|------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 4  | Saya adalah individu yang bertanggung jawab atas semua keputusan yang saya buat.                           |  |  |  |  |  |
| 5  | Dalam beberapa hal, saya merasa kecewa dengan prestasi yang saya dapat selama hidup saya.                  |  |  |  |  |  |
| 6  | Saya merasa puas dengan apa yang sudah terjadi di dalam hidup saya.                                        |  |  |  |  |  |
| 7  | Saya menyukai sebagian besar dari aspek kehidupan pribadi saya.                                            |  |  |  |  |  |
| 8  | Menjalin dan mempertahankan hubungan yang erat sulit dilakukan dan membuat saya frustrasi.                 |  |  |  |  |  |
| 9  | Saya jarang memiliki hubungan yang erat dengan orang lain dan dilandasi rasa saling percaya.               |  |  |  |  |  |
| 10 | Saya digambarkan sebagai seorang pribadi yang murah hati dan bersedia menyempatkan waktu untuk orang lain. |  |  |  |  |  |
| 11 | Secara umum, saya merasa bertanggung jawab atas situasi di lingkungan hidup saya.                          |  |  |  |  |  |

|    |                                                                                                                                                       |  |  |  |  |  |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 12 | Tuntutan dalam hidup sehari-hari seringkali membuat saya merasa tertekan.                                                                             |  |  |  |  |  |
| 13 | Saya dapat mengelola segala tanggung jawab sehari-hari dengan baik.                                                                                   |  |  |  |  |  |
| 14 | Saya merasa bahwa penting untuk memiliki pengalaman baru yang dapat menantang perspektif saya tentang bagaimana saya memikirkan hidup saya dan dunia. |  |  |  |  |  |
| 15 | Saya sudah menyerah sejak dulu dalam mencoba membuat perubahan atau perbaikan besar dalam hidup saya.                                                 |  |  |  |  |  |
| 16 | Bagi saya, kehidupan merupakan proses untuk selalu belajar, bertumbuh dan berkembang.                                                                 |  |  |  |  |  |
| 17 | Saya tidak terlalu memikirkan masa depan dan hanya menjalani hidup untuk masa sekarang.                                                               |  |  |  |  |  |
| 18 | Kadang-kadang saya merasa sudah melakukan segala hal yang perlu dilakukan dalam hidup saya.                                                           |  |  |  |  |  |

|    |                                                                                                |  |  |  |  |  |
|----|------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 19 | Beberapa orang menjalani hidupnya tanpa tujuan, tetapi saya tidak termasuk bagian dari mereka. |  |  |  |  |  |
| 20 | Saya tidak bersemangat terhadap apa yang sedang dilakukan untuk mencapai tujuan hidup.         |  |  |  |  |  |

| No | Inisial | Usia | JK | Kemandirian |   |   |   | Penerimaan |   |   | Hubungan |   |    | Penguasaan Pertumbuhan |    |    |    |    |    | Tujuan Hidup |    |    |    | Skor | Kategori |
|----|---------|------|----|-------------|---|---|---|------------|---|---|----------|---|----|------------------------|----|----|----|----|----|--------------|----|----|----|------|----------|
|    |         |      |    | 1           | 2 | 3 | 4 | 5          | 6 | 7 | 8        | 9 | 10 | 11                     | 12 | 13 | 14 | 15 | 16 | 17           | 18 | 19 | 20 |      |          |
| 1  | N       | 20   | P  | 4           | 1 | 5 | 4 | 4          | 5 | 5 | 3        | 4 | 4  | 5                      | 2  | 4  | 5  | 5  | 5  | 4            | 2  | 1  | 2  | 74   | Tinggi   |
| 2  | Y       | 21   | P  | 4           | 3 | 5 | 5 | 2          | 4 | 5 | 2        | 1 | 5  | 5                      | 1  | 5  | 5  | 1  | 5  | 3            | 1  | 1  | 2  | 65   | Sedang   |
| 3  | w       | 21   | P  | 4           | 3 | 3 | 5 | 3          | 3 | 5 | 3        | 4 | 5  | 5                      | 2  | 5  | 5  | 3  | 5  | 5            | 2  | 1  | 3  | 74   | Tinggi   |
| 4  | MT      | 21   | P  | 4           | 3 | 4 | 5 | 2          | 4 | 4 | 5        | 4 | 3  | 5                      | 3  | 4  | 5  | 4  | 5  | 4            | 2  | 2  | 2  | 74   | Tinggi   |
| 5  | I       | 22   | L  | 4           | 3 | 4 | 4 | 3          | 4 | 4 | 3        | 4 | 4  | 5                      | 3  | 4  | 5  | 3  | 4  | 5            | 2  | 2  | 1  | 71   | Sedang   |
| 6  | E       | 20   | P  | 3           | 3 | 3 | 4 | 2          | 3 | 3 | 4        | 4 | 4  | 3                      | 3  | 4  | 4  | 3  | 4  | 5            | 3  | 4  | 2  | 68   | Sedang   |
| 7  | RR      | 22   | P  | 3           | 4 | 3 | 3 | 2          | 3 | 4 | 3        | 4 | 4  | 4                      | 3  | 3  | 4  | 4  | 3  | 4            | 3  | 2  | 2  | 65   | Sedang   |
| 8  | K       | 20   | P  | 5           | 3 | 5 | 3 | 1          | 3 | 3 | 2        | 4 | 4  | 5                      | 1  | 4  | 5  | 5  | 5  | 5            | 1  | 3  | 1  | 68   | Sedang   |
| 9  | D       | 21   | P  | 2           | 4 | 4 | 3 | 2          | 3 | 3 | 3        | 2 | 3  | 4                      | 1  | 3  | 4  | 4  | 4  | 5            | 3  | 2  | 2  | 61   | Sedang   |
| 10 | R       | 21   | P  | 3           | 4 | 4 | 4 | 3          | 5 | 4 | 3        | 3 | 5  | 2                      | 4  | 4  | 5  | 4  | 4  | 3            | 3  | 2  | 1  | 70   | Sedang   |
| 11 | M       | 21   | P  | 3           | 1 | 4 | 4 | 3          | 3 | 3 | 3        | 4 | 4  | 4                      | 3  | 4  | 5  | 3  | 5  | 5            | 3  | 1  | 1  | 66   | Sedang   |
| 12 | NNH     | 21   | P  | 3           | 3 | 3 | 4 | 3          | 3 | 4 | 3        | 3 | 3  | 4                      | 2  | 3  | 4  | 4  | 5  | 4            | 2  | 2  | 3  | 65   | Sedang   |
| 13 | IA      | 21   | P  | 4           | 3 | 3 | 2 | 2          | 1 | 3 | 3        | 5 | 5  | 3                      | 5  | 3  | 4  | 3  | 5  | 5            | 5  | 3  | 3  | 70   | Sedang   |
| 14 | E       | 21   | P  | 3           | 3 | 5 | 4 | 3          | 5 | 4 | 3        | 2 | 4  | 4                      | 3  | 4  | 4  | 4  | 5  | 3            | 3  | 3  | 1  | 70   | Sedang   |
| 15 | PN      | 20   | P  | 2           | 4 | 3 | 5 | 2          | 2 | 5 | 3        | 3 | 3  | 3                      | 3  | 4  | 4  | 5  | 5  | 5            | 3  | 2  | 1  | 67   | Sedang   |
| 16 | NA      | 20   | P  | 3           | 3 | 3 | 3 | 3          | 3 | 4 | 3        | 4 | 3  | 3                      | 1  | 3  | 5  | 3  | 5  | 5            | 3  | 5  | 3  | 68   | Sedang   |
| 17 | R       | 21   | P  | 3           | 3 | 4 | 4 | 2          | 3 | 4 | 1        | 4 | 4  | 4                      | 1  | 4  | 4  | 3  | 5  | 5            | 3  | 2  | 2  | 65   | Sedang   |
| 18 | F       | 21   | P  | 3           | 3 | 3 | 5 | 1          | 3 | 4 | 5        | 5 | 5  | 5                      | 2  | 4  | 5  | 5  | 5  | 5            | 2  | 1  | 1  | 72   | Sedang   |
| 19 | P       | 20   | P  | 3           | 3 | 5 | 4 | 1          | 3 | 5 | 1        | 3 | 5  | 4                      | 3  | 4  | 5  | 5  | 5  | 5            | 3  | 1  | 1  | 69   | Sedang   |
| 20 | NL      | 23   | P  | 4           | 3 | 4 | 4 | 5          | 3 | 3 | 3        | 3 | 3  | 4                      | 3  | 4  | 4  | 3  | 4  | 5            | 4  | 3  | 2  | 71   | Sedang   |
| 21 | P       | 21   | P  | 3           | 3 | 4 | 4 | 3          | 5 | 3 | 3        | 3 | 4  | 3                      | 2  | 4  | 4  | 5  | 4  | 5            | 3  | 2  | 2  | 69   | Sedang   |
| 22 | S       | 21   | P  | 4           | 3 | 4 | 4 | 3          | 4 | 4 | 2        | 3 | 4  | 3                      | 3  | 4  | 4  | 3  | 4  | 2            | 2  | 3  | 2  | 65   | Sedang   |
| 23 | Y       | 21   | P  | 3           | 3 | 3 | 3 | 3          | 3 | 4 | 5        | 5 | 3  | 4                      | 3  | 3  | 4  | 5  | 5  | 5            | 3  | 3  | 1  | 71   | Sedang   |
| 24 | IN      | 20   | P  | 4           | 1 | 4 | 4 | 2          | 4 | 4 | 3        | 4 | 3  | 3                      | 5  | 3  | 4  | 5  | 4  | 5            | 3  | 3  | 1  | 69   | Sedang   |
| 25 | OJ      | 21   | L  | 2           | 3 | 2 | 2 | 4          | 3 | 2 | 3        | 2 | 2  | 2                      | 4  | 2  | 1  | 2  | 1  | 2            | 4  | 4  | 4  | 51   | Sedang   |
| 26 | E       | 20   | P  | 3           | 4 | 3 | 5 | 3          | 2 | 4 | 3        | 2 | 4  | 5                      | 5  | 4  | 5  | 4  | 5  | 5            | 3  | 1  | 1  | 71   | Sedang   |
| 27 | TG      | 22   | P  | 4           | 1 | 3 | 5 | 2          | 4 | 4 | 5        | 1 | 5  | 4                      | 4  | 4  | 5  | 4  | 5  | 5            | 3  | 1  | 1  | 70   | Sedang   |
| 28 | EPK     | 22   | P  | 4           | 3 | 4 | 4 | 2          | 2 | 4 | 2        | 4 | 4  | 4                      | 2  | 3  | 4  | 4  | 4  | 4            | 4  | 2  | 2  | 66   | Sedang   |
| 29 | D       | 21   | P  | 4           | 3 | 4 | 4 | 4          | 4 | 4 | 3        | 3 | 3  | 2                      | 4  | 4  | 4  | 4  | 4  | 4            | 3  | 4  | 2  | 71   | Sedang   |
| 30 | FW      | 22   | P  | 3           | 4 | 3 | 4 | 4          | 2 | 4 | 4        | 3 | 5  | 3                      | 5  | 4  | 5  | 5  | 5  | 5            | 3  | 2  | 1  | 74   | Tinggi   |
| 31 | R       | 20   | P  | 3           | 4 | 3 | 4 | 2          | 2 | 4 | 1        | 3 | 4  | 4                      | 2  | 4  | 4  | 4  | 4  | 4            | 4  | 2  | 2  | 64   | Sedang   |
| 32 | A       | 21   | P  | 3           | 3 | 5 | 4 | 3          | 4 | 5 | 4        | 1 | 5  | 3                      | 3  | 4  | 5  | 5  | 5  | 5            | 5  | 1  | 1  | 74   | Tinggi   |
| 33 | AS      | 20   | P  | 4           | 4 | 4 | 4 | 2          | 4 | 4 | 2        | 2 | 4  | 4                      | 2  | 4  | 4  | 2  | 4  | 2            | 2  | 2  | 3  | 63   | Sedang   |
| 34 | ZA      | 21   | P  | 4           | 3 | 4 | 4 | 3          | 3 | 4 | 2        | 3 | 4  | 3                      | 2  | 4  | 3  | 4  | 4  | 4            | 4  | 3  | 2  | 67   | Sedang   |
| 35 | D       | 22   | P  | 3           | 4 | 3 | 4 | 3          | 3 | 2 | 5        | 2 | 4  | 4                      | 5  | 4  | 2  | 5  | 5  | 5            | 4  | 1  | 1  | 69   | Sedang   |
| 36 | DS      | 24   | L  | 4           | 4 | 4 | 4 | 2          | 4 | 4 | 2        | 2 | 4  | 4                      | 2  | 4  | 4  | 2  | 4  | 2            | 2  | 2  | 4  | 64   | Sedang   |
| 37 | L       | 21   | P  | 3           | 3 | 4 | 4 | 2          | 2 | 4 | 4        | 4 | 4  | 4                      | 3  | 4  | 4  | 4  | 4  | 4            | 2  | 2  | 2  | 67   | Sedang   |
| 38 | I       | 21   | P  | 2           | 3 | 2 | 5 | 1          | 2 | 5 | 4        | 4 | 4  | 5                      | 1  | 5  | 5  | 4  | 5  | 4            | 4  | 1  | 1  | 67   | Sedang   |

|    |      |    |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |        |        |
|----|------|----|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|--------|--------|
| 39 | E    | 21 | P | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 2 | 2 | 69 | Sedang |        |
| 40 | NN   | 21 | P | 5 | 3 | 4 | 5 | 5 | 5 | 4 | 3 | 3 | 4 | 4 | 2 | 4 | 5 | 4 | 4 | 5 | 1 | 2 | 2  | 74     | Tinggi |
| 41 | M    | 21 | L | 5 | 4 | 5 | 5 | 2 | 2 | 5 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 5 | 5 | 3 | 5 | 1 | 77 | Tinggi |        |
| 42 | A    | 22 | P | 4 | 5 | 4 | 3 | 5 | 3 | 4 | 5 | 2 | 4 | 3 | 3 | 3 | 4 | 5 | 5 | 5 | 3 | 1 | 1  | 72     | Sedang |
| 43 | Y    | 21 | L | 3 | 3 | 5 | 5 | 5 | 5 | 5 | 3 | 3 | 5 | 5 | 2 | 5 | 5 | 5 | 5 | 3 | 1 | 1 | 3  | 77     | Tinggi |
| 44 | WW   | 20 | P | 2 | 5 | 2 | 3 | 5 | 4 | 3 | 3 | 5 | 5 | 3 | 4 | 5 | 5 | 1 | 5 | 5 | 4 | 1 | 1  | 71     | Sedang |
| 45 | N    | 21 | P | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 5 | 5 | 4 | 5 | 3 | 4 | 4 | 5 | 4 | 5 | 2 | 1 | 1  | 78     | Tinggi |
| 46 | N    | 21 | P | 2 | 4 | 5 | 5 | 2 | 2 | 4 | 4 | 5 | 3 | 4 | 4 | 3 | 4 | 5 | 5 | 5 | 5 | 5 | 2  | 78     | Tinggi |
| 47 | T    | 21 | P | 4 | 5 | 5 | 4 | 3 | 4 | 5 | 5 | 5 | 4 | 5 | 1 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 1  | 84     | Tinggi |
| 48 | R    | 21 | L | 3 | 3 | 1 | 1 | 3 | 2 | 1 | 4 | 2 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 4 | 4 | 4  | 44     | Rendah |
| 49 | I    | 21 | P | 5 | 3 | 5 | 5 | 3 | 4 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 3 | 1 | 1  | 84     | Tinggi |
| 50 | A    | 22 | L | 3 | 3 | 4 | 4 | 2 | 3 | 5 | 2 | 2 | 4 | 4 | 3 | 4 | 3 | 2 | 3 | 5 | 2 | 2 | 4  | 64     | Sedang |
| 51 | Ab   | 21 | L | 3 | 3 | 4 | 3 | 2 | 2 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 5 | 3 | 5 | 4 | 4 | 3 | 3  | 69     | Sedang |
| 52 | Aoh  | 20 | P | 4 | 3 | 2 | 4 | 3 | 2 | 4 | 3 | 4 | 5 | 2 | 2 | 4 | 4 | 3 | 4 | 5 | 4 | 3 | 2  | 67     | Sedang |
| 53 | A    | 21 | P | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 5 | 5 | 3 | 4 | 4 | 4 | 3 | 5 | 4 | 5 | 3 | 2 | 1  | 72     | Sedang |
| 54 | T    | 22 | P | 4 | 3 | 3 | 4 | 2 | 3 | 3 | 2 | 2 | 5 | 5 | 2 | 4 | 5 | 2 | 5 | 5 | 3 | 2 | 3  | 67     | Sedang |
| 55 | D    | 20 | P | 4 | 3 | 3 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 5 | 2 | 3 | 5 | 2  | 74     | Tinggi |
| 56 | J    | 20 | P | 3 | 4 | 3 | 3 | 2 | 3 | 4 | 3 | 4 | 4 | 4 | 1 | 3 | 3 | 3 | 4 | 2 | 2 | 2 | 2  | 59     | Sedang |
| 57 | S    | 21 | P | 3 | 3 | 4 | 3 | 2 | 3 | 4 | 3 | 2 | 3 | 4 | 2 | 3 | 4 | 3 | 4 | 5 | 3 | 3 | 2  | 63     | Sedang |
| 58 | Ay   | 22 | P | 4 | 4 | 5 | 4 | 4 | 3 | 5 | 3 | 4 | 5 | 4 | 1 | 4 | 5 | 5 | 4 | 5 | 2 | 1 | 1  | 73     | Sedang |
| 59 | S    | 21 | P | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 3 | 1 | 1  | 69     | Sedang |
| 60 | R    | 21 | P | 4 | 3 | 4 | 4 | 2 | 3 | 4 | 2 | 3 | 4 | 5 | 2 | 4 | 4 | 4 | 4 | 3 | 2 | 2 | 2  | 65     | Sedang |
| 61 | SKF  | 21 | P | 4 | 4 | 5 | 5 | 2 | 2 | 4 | 3 | 2 | 4 | 5 | 3 | 4 | 5 | 3 | 5 | 5 | 4 | 2 | 2  | 73     | Sedang |
| 62 | DA   | 22 | P | 1 | 3 | 2 | 3 | 5 | 1 | 2 | 2 | 5 | 3 | 5 | 2 | 4 | 5 | 5 | 4 | 5 | 5 | 2 | 1  | 65     | Sedang |
| 63 | YI   | 21 | P | 5 | 5 | 5 | 5 | 4 | 4 | 5 | 4 | 2 | 4 | 5 | 2 | 5 | 5 | 4 | 5 | 4 | 2 | 2 | 2  | 79     | Tinggi |
| 64 | P    | 21 | P | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 2 | 5 | 5 | 5 | 5 | 3 | 5 | 5 | 5 | 5 | 3 | 1 | 1  | 73     | Sedang |
| 65 | S    | 21 | P | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2  | 71     | Sedang |
| 66 | A    | 21 | L | 2 | 3 | 5 | 5 | 4 | 4 | 5 | 3 | 3 | 4 | 5 | 2 | 4 | 5 | 5 | 5 | 5 | 2 | 1 | 5  | 77     | Tinggi |
| 67 | N    | 20 | L | 5 | 3 | 5 | 5 | 5 | 5 | 5 | 5 | 3 | 5 | 5 | 4 | 3 | 4 | 1 | 5 | 5 | 5 | 1 | 1  | 80     | Tinggi |
| 68 | M    | 21 | P | 5 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 3 | 2 | 5 | 4 | 4 | 4 | 5 | 4 | 3 | 1 | 1 | 1  | 73     | Sedang |
| 69 | K    | 21 | P | 3 | 5 | 4 | 2 | 3 | 2 | 5 | 3 | 4 | 2 | 2 | 5 | 1 | 2 | 5 | 2 | 5 | 5 | 3 | 4  | 67     | Sedang |
| 70 | E    | 22 | P | 2 | 4 | 4 | 5 | 4 | 4 | 3 | 2 | 3 | 5 | 3 | 1 | 3 | 5 | 1 | 5 | 4 | 2 | 4 | 3  | 67     | Sedang |
| 71 | R    | 21 | P | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 5 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 5 | 3 | 2 | 3  | 72     | Sedang |
| 72 | M    | 21 | P | 3 | 4 | 3 | 4 | 4 | 2 | 5 | 5 | 4 | 3 | 5 | 1 | 3 | 5 | 4 | 5 | 3 | 3 | 3 | 3  | 72     | Sedang |
| 73 | E    | 21 | P | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 4 | 4 | 4 | 3 | 2 | 2  | 65     | Sedang |
| 74 | NNH  | 21 | P | 3 | 1 | 5 | 5 | 1 | 3 | 5 | 1 | 1 | 3 | 5 | 3 | 5 | 5 | 5 | 5 | 5 | 3 | 1 | 1  | 66     | Sedang |
| 75 | NLN  | 21 | P | 3 | 3 | 4 | 4 | 1 | 1 | 4 | 3 | 4 | 4 | 5 | 2 | 3 | 5 | 2 | 4 | 5 | 5 | 2 | 5  | 69     | Sedang |
| 76 | A    | 20 | P | 3 | 3 | 3 | 5 | 3 | 3 | 3 | 3 | 2 | 5 | 3 | 4 | 5 | 5 | 3 | 3 | 3 | 3 | 3 | 3  | 68     | Sedang |
| 77 | ViVC | 21 | P | 3 | 4 | 4 | 5 | 4 | 5 | 4 | 3 | 4 | 4 | 5 | 3 | 4 | 5 | 4 | 5 | 4 | 2 | 2 | 2  | 76     | Tinggi |
| 78 | D    | 21 | L | 4 | 3 | 5 | 5 | 2 | 2 | 5 | 3 | 3 | 3 | 4 | 5 | 5 | 5 | 4 | 5 | 5 | 3 | 5 | 1  | 77     | Tinggi |

|     |    |    |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |    |        |
|-----|----|----|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|--------|
| 79  | ZN | 21 | L | 3 | 3 | 2 | 5 | 3 | 3 | 3 | 2 | 4 | 3 | 4 | 3 | 5 | 5 | 3 | 4 | 4 | 3 | 3 | 1 | 66 | Sedang |
| 80  | L  | 21 | P | 3 | 4 | 2 | 2 | 2 | 3 | 1 | 4 | 4 | 4 | 3 | 3 | 2 | 4 | 4 | 3 | 4 | 4 | 2 | 2 | 60 | Sedang |
| 81  | AA | 21 | P | 3 | 3 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 1 | 66 | Sedang |
| 82  | SR | 21 | L | 3 | 3 | 1 | 1 | 4 | 3 | 1 | 2 | 4 | 3 | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 2 | 4 | 3 | 44 | Rendah |
| 83  | D  | 20 | L | 5 | 4 | 5 | 5 | 3 | 3 | 4 | 5 | 4 | 4 | 5 | 4 | 5 | 2 | 4 | 5 | 5 | 5 | 1 | 1 | 79 | Tinggi |
| 84  | F  | 21 | P | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 5 | 3 | 4 | 4 | 4 | 3 | 4 | 5 | 5 | 3 | 3 | 2 | 1 | 72 | Sedang |
| 85  | K  | 20 | P | 3 | 3 | 5 | 5 | 4 | 3 | 5 | 5 | 4 | 4 | 4 | 3 | 5 | 5 | 5 | 5 | 5 | 3 | 1 | 1 | 78 | Tinggi |
| 86  | D  | 20 | P | 4 | 3 | 5 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 5 | 4 | 4 | 4 | 4 | 5 | 5 | 4 | 1 | 1 | 73 | Sedang |
| 87  | R  | 21 | P | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 2 | 3 | 4 | 4 | 2 | 4 | 5 | 2 | 4 | 5 | 3 | 2 | 1 | 65 | Sedang |
| 88  | R  | 21 | L | 3 | 1 | 4 | 4 | 3 | 1 | 4 | 2 | 5 | 5 | 5 | 1 | 4 | 5 | 5 | 5 | 5 | 5 | 2 | 1 | 70 | Sedang |
| 89  | RN | 21 | P | 4 | 3 | 5 | 4 | 2 | 3 | 4 | 1 | 3 | 3 | 3 | 2 | 4 | 5 | 5 | 5 | 5 | 2 | 1 | 1 | 65 | Sedang |
| 90  | MS | 21 | P | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 5 | 3 | 5 | 5 | 3 | 2 | 2 | 69 | Sedang |
| 91  | F  | 21 | P | 4 | 3 | 4 | 4 | 2 | 3 | 4 | 3 | 3 | 4 | 5 | 3 | 5 | 4 | 3 | 4 | 5 | 3 | 1 | 3 | 70 | Sedang |
| 92  | NM | 20 | P | 5 | 4 | 5 | 5 | 3 | 5 | 5 | 1 | 2 | 5 | 5 | 3 | 5 | 4 | 5 | 5 | 4 | 1 | 1 | 1 | 74 | Tinggi |
| 93  | RR | 21 | P | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 5 | 5 | 4 | 4 | 3 | 3 | 2 | 1 | 70 | Sedang |
| 94  | A  | 21 | P | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 5 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 3 | 61 | Sedang |
| 95  | S  | 22 | P | 4 | 4 | 3 | 4 | 3 | 2 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 70 | Sedang |
| 96  | L  | 21 | P | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 5 | 5 | 5 | 4 | 3 | 3 | 4 | 5 | 5 | 5 | 2 | 5 | 1 | 76 | Tinggi |
| 97  | R  | 20 | P | 1 | 4 | 1 | 2 | 4 | 1 | 1 | 4 | 5 | 2 | 4 | 4 | 2 | 2 | 4 | 1 | 4 | 5 | 4 | 2 | 57 | Sedang |
| 98  | D  | 21 | L | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 4 | 64 | Sedang |
| 99  | R  | 21 | P | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 2 | 2 | 2 | 61 | Sedang |
| 100 | A  | 22 | P | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 5 | 2 | 4 | 5 | 4 | 4 | 5 | 3 | 3 | 2 | 75 | Tinggi |
| 101 | IN | 20 | P | 2 | 4 | 4 | 5 | 4 | 1 | 3 | 5 | 3 | 2 | 5 | 2 | 2 | 3 | 4 | 4 | 1 | 2 | 3 | 4 | 63 | Sedang |
| 102 | JS | 21 | P | 3 | 4 | 4 | 2 | 4 | 1 | 5 | 5 | 2 | 3 | 3 | 5 | 3 | 4 | 2 | 2 | 1 | 4 | 1 | 1 | 59 | Sedang |
| 103 | A  | 21 | P | 2 | 4 | 4 | 4 | 2 | 3 | 4 | 2 | 3 | 4 | 3 | 2 | 4 | 4 | 3 | 4 | 4 | 3 | 2 | 2 | 63 | Sedang |

## **Lampiran hasil olah data SPSS**

### **Statistics**

#### Kesejahteraan Psikologis

|   |         |     |
|---|---------|-----|
| N | Valid   | 103 |
|   | Missing | 0   |

#### **Kesejahteraan Psikologis**

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1     | 23        | 22      | 22            | 22                 |
|       | 2     | 78        | 76      | 76            | 98                 |
|       | 3     | 2         | 2       | 2             | 100                |
|       | Total | 103       | 100     | 100           |                    |

### **Statistics**

#### Kemandirian

|         |         |      |
|---------|---------|------|
| N       | Valid   | 103  |
|         | Missing | 0    |
| Mean    |         | 1.15 |
| Median  |         | 1.00 |
| Minimum |         | 1    |
| Maximum |         | 2    |

#### **Kemandirian**

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1     | 54        | 52      | 52            | 52                 |
|       | 2     | 49        | 48      | 48            | 100                |
|       | Total | 103       | 100     | 100           |                    |

## Statistics

### Penerimaan Diri

|         |         |      |
|---------|---------|------|
| N       | Valid   | 103  |
|         | Missing | 0    |
| Mean    |         | 1.48 |
| Median  |         | 1.00 |
| Minimum |         | 1    |
| Maximum |         | 2    |

### Penerimaan Diri

|       |       |  | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|--|-----------|---------|---------------|--------------------|
| Valid | 1     |  | 31        | 30      | 30            | 30                 |
|       | 2     |  | 72        | 70      | 70            | 100.0              |
|       | Total |  | 103       | 100.0   | 100.0         |                    |

## Statistics

### Hubungan Positif dengan Orang Lain

|         |         |      |
|---------|---------|------|
| N       | Valid   | 103  |
|         | Missing | 0    |
| Mean    |         | 1.33 |
| Median  |         | 1.00 |
| Minimum |         | 1    |
| Maximum |         | 2    |

### Hubungan Positif dengan Orang Lain

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1     | 45        | 44      | 44            | 44                 |
|       | 2     | 58        | 56      | 56            | 100                |
|       | Total | 103       | 100     | 100           |                    |

### Statistics

#### Penguasaan Lingkungan

|         |         |      |
|---------|---------|------|
| N       | Valid   | 103  |
|         | Missing | 0    |
| Mean    |         | 1.23 |
| Median  |         | 1.00 |
| Minimum |         | 1    |
| Maximum |         | 2    |

#### Penguasaan Lingkungan

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1     | 30        | 29      | 29            | 71                 |
|       | 2     | 73        | 71      | 71            | 100                |
|       | Total | 103       | 100     | 100           |                    |

### Statistics

#### Pertumbuhan pribadi

|   |         |     |
|---|---------|-----|
| N | Valid   | 103 |
|   | Missing | 0   |

|         |      |
|---------|------|
| Mean    | 1.08 |
| Median  | 1.00 |
| Minimum | 1    |
| Maximum | 2    |

### Pertumbuhan Pribadi

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1     | 52        | 50      | 50            | 50                 |
|       | 2     | 51        | 50      | 50            | 100                |
|       | Total | 103       | 100     | 100           |                    |

### Statistics

#### Tujuan Hidup

|         |         |      |
|---------|---------|------|
| N       | Valid   | 103  |
|         | Missing | 0    |
| Mean    |         | 1.72 |
| Median  |         | 2.00 |
| Minimum |         | 1    |
| Maximum |         | 2    |

#### Tujuan Hidup

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1     | 47        | 46      | 46            | 46                 |
|       | 2     | 56        | 54      | 54            | 100                |
|       | Total | 103       | 100     | 100           |                    |

### **CATATAN BIMBINGAN KARYA TULIS ILMIAH**

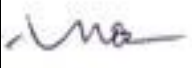
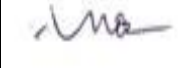
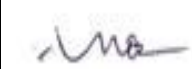
Nama Mahasiswa : Ega Juanti  
NIM : 4180180009  
Judul Karya tulis ilmiah : Gambaran Kesejahteraan Psikologis Mahasiswa pada Tingkat Akhir di Fakultas Keperawatan Program Studi Diploma Keperawatan Universitas Bhakti Kencana Bandung  
Pembimbing Utama : Tuti Suprpti, S. Kp., M. Kep  
Pembimbing Pendamping : Aep Indama, S. Pd., S. Kep., Ners., M. Pd

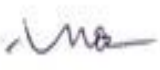
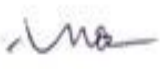
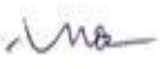
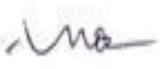
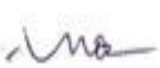
| No | Hari/Tanggal  | Catatan Pembimbing                                                                                                                  | Paraf Pembimbing                                                                      |
|----|---------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 1  | 4 April 2021  | 1. Mahasiswa siapa ?<br>2. Masalah kurang tajam?                                                                                    |  |
| 2  | 14 April 2021 | 1. Memperjelas latar belakang.<br>2. Memperbaiki tujuan khusus                                                                      |  |
| 3  | 17 April 2021 | 1. Latar belakang belum mengerucut.<br>2. Tuangkan hasil pemikiran penulis di alinea pertama.<br>3. Perbaiki pemilihan kata.        |  |
| 4  | 27 April 2021 | 1. Tujuan Khusus di jelaskan satu persatu.<br>2. Ruang lingkup penelitian dimasukan.<br>3. Buat lembar konsul.<br>4. Masukkan bab 2 |  |

|    |                               |                                                                                                                                                                                                                               |                                                                                       |
|----|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 5  | 30 April 2021                 | <ol style="list-style-type: none"> <li>1. Perbaiki BAB II.</li> <li>2. Perbaiki kerangka konsep.</li> </ol>                                                                                                                   |    |
| 6  | 9 Mei 2021                    | <ol style="list-style-type: none"> <li>1. Latar belakang tambahkan hasil penelitian terkait judul</li> <li>2. Kerangka teori : konsep teorinya coba ditambahkan dengan teori lain, dan yang dimasukkan modifikasi,</li> </ol> |    |
| 7  | 29 Mei 2021                   | <ol style="list-style-type: none"> <li>1. Lampirkan daftar pustaka, urutkan sesuai abjad.</li> </ol>                                                                                                                          |    |
| 8  | 2 Juni 2021                   | <ol style="list-style-type: none"> <li>1. Lampirkan kisi-kisi pertanyaan terkait penelitian</li> </ol>                                                                                                                        |   |
| 9  | 6 Juni 2021                   | <ol style="list-style-type: none"> <li>1. Acc untuk sidang.</li> <li>2. Lengkapi kata pengantar, daftar isi dan lain-lain.</li> </ol>                                                                                         |  |
| 10 | 26 Juni 2020<br>(Setelah SUP) | <ol style="list-style-type: none"> <li>1. Lengkapi dampak pada bab 1</li> <li>2. Lengkapi kerangka konsep.</li> <li>3. Lengkapi kerangka penelitian.</li> <li>4. Perbaiki etika penelitian di bab 3.</li> </ol>               |  |
| 11 | 12 Juli 2020                  | <ol style="list-style-type: none"> <li>1. Perbaiki kerangka penelitian mana yang diteliti dan tidak diteliti.</li> <li>2. Silahkan untuk penelitian.</li> </ol>                                                               |  |
|    |                               | <ol style="list-style-type: none"> <li>1. Bab 4 : judul table satu spasi, pembacaan table pilih yang tertinggi atau yang terendah.</li> </ol>                                                                                 |  |

|  |              |                                                                                                                                        |                                                                                       |
|--|--------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  |              | 2. Pembahasan masukan jurnal terkait untuk penegasan hasil penelitian.<br>3. Perbaiki penulisan daftar pustaka, penomoran lihat acuan. |                                                                                       |
|  | 11 Agustus   | 1. Hasil interpretasi pilih yang terbesar atau yang terkecil                                                                           |    |
|  | 14 Agustus   | 1. ACC Sidang Akhir                                                                                                                    |    |
|  | 20 Agustus   | Pasca Sidang:<br>1. Hasil uji validitas.<br>2. Perhitungan nilai interval dan mean.<br>3. Saran penelitian                             |   |
|  | 16 September | 1. ACC Penguji 1 dan 2                                                                                                                 |  |

**Catatan Pembimbing 2:**

| No | Hari/Tanggal        | Catatan Pembimbing                                                                                     | Paraf Pembimbing                                                                      |
|----|---------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 1  | Sabtu, 1 Mei 2021   | 1. Masukan bab 2                                                                                       |  |
| 2  | Rabu, 9 Juni        | 1. Lengkapi kata pengantar.<br>2. Cantumkan sumber dengan lengkap dalam kutipan.<br>3. Perbaiki BAB II |  |
| 3  | Kamis, 10 Juni 2021 | 1. Lengkapi instrumen penelitian                                                                       |  |

|   |                           |                                                                                                                                                      |                                                                                     |
|---|---------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| 4 | Senin, 14 Juni<br>2021    | 1. ACC untuk SUP                                                                                                                                     |  |
| 5 | Rabu, 30 Juni<br>2021     | 2. Lanjutkan penelitian.                                                                                                                             |  |
| 6 | Selasa, 27 Juli<br>2021   | 1. Tambahkan jurnal pada pembahasan                                                                                                                  |  |
| 7 | Minggu, 8<br>Agustus 2021 | 1. Latar belakang pada abstrak diganti angka kejadian.<br>2. Perbaiki pembahasan.<br>3. Interpretasi tabel tuliskan semua sesuai yang ada pada tabel |  |
| 8 | Senin, 9 Agustus<br>2021  | 1. ACC Sidang Akhir                                                                                                                                  |  |

ORIGINALITY REPORT

|                  |                  |              |                |
|------------------|------------------|--------------|----------------|
| 11%              | 10%              | 6%           | 6%             |
| SIMILARITY INDEX | INTERNET SOURCES | PUBLICATIONS | STUDENT PAPERS |

PRIMARY SOURCES

|   |                                                              |    |
|---|--------------------------------------------------------------|----|
| 1 | Submitted to Bentley College<br>Student Paper                | 4% |
| 2 | repository.uma.ac.id<br>Internet Source                      | 3% |
| 3 | Submitted to Gyeongsang National University<br>Student Paper | 1% |
| 4 | lib.unnes.ac.id<br>Internet Source                           | 1% |
| 5 | repository.usd.ac.id<br>Internet Source                      | 1% |
| 6 | repository.bku.ac.id<br>Internet Source                      | 1% |
| 7 | repository.unj.ac.id<br>Internet Source                      | 1% |
| 8 | id.123dok.com<br>Internet Source                             | 1% |

## DAFTAR RIWAYAT HIDUP



Nama : Ega Juanti

NIM : 4180180009

Tempat/Tanggal Lahir: Bandung, 14 April 2000

Alamat : Jl. Lebak Gede 05/04 Kec. Cimenyan Kab. Bandung.

### Pendidikan:

1. TK Mekar Sari : 2006
2. SDN Babakan Cicaheum : 2007-2012
3. SMPN 1 Cimenyan : 2012-2015
4. SMK Bhakti Kencana Bandung : 2015-2018
5. Universitas Bhakti Kencana Bandung : 2018-2021

