

ABSTRAK

Analisis Asuhan Keperawatan Pada Ny.A Usia 78 Tahun Diagnosa Stroke Hemoragik Dengan Masalah Keperawatan Mobilitas Fisik Dengan Intervensi Terapi Genggam Bola di Rumah Perawatan Lansia Titian Benteng Gading Kota Bandung

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Latar Belakang: Lanjut usia merupakan suatu kelompok yang dimana usianya mengalami perubahan biologis, fisik, kejiwaan dan sosial, penyakit yang sering dialami oleh lansia dalam kelompok penyakit tidak menular di Indonesia antara lain yaitu stroke, Khusus pada penyakit stroke, stroke di dunia diperkirakan 7,5% juta, sekitar 12,8% dari total seluruh kematian. Data Kementrian Kesehatan Indonesia (2018) menunjukkan bahwa Indonesia menduduki urutan pertama dengan penderita Stroke terbanyak di Asia Tenggara sekitar 1.236.825 jiwa Berdasarkan data Dinas Provinsi Jawa Barat (2017) angka kejadian stroke di Jawa Barat sebanyak 1752 jiwa, Pada lansia yang mengalami stroke bisa menimbulkan gangguan mobilisasi dimana untuk mencegahnya latihan rentang gerak Latihan Genggam Bola range of motion (ROM). **Tujuan:** dari penelitian ini adalah untuk menganalisis bagaimana intervensi terapi non farmakologi terapi latihan Genggam Bola pada klien yang mengalami gangguan mobilitas fisik dengan diagnosa medis stroke hemoragik pada bagian ekstremitas atas. **Metode:** penelitian yang digunakan adalah studi kasus yaitu pemberian intervensi terapi latihan Genggam bola pada Ny. A di Rumah Perawatan Lansia Titian Benteng Gading. **Hasil:** setelah diberikan intervensi selama 3 kali 8 jam terapi genggam bola klien mengalami peningkatan rentang gerak dan sedikit bisa menggerakkan tangannya sehingga skala kekuatan otot meningkat menjadi 2/5 **Kesimpulan:** diharapkan tenaga kesehatan khususnya perawat dapat melakukan dan menerapkan tindakan ROM Latihan Genggam Bola untuk membantu mengatasi Gangguan Mobilitas Fisik pada klien gangguan stroke hemoragik

Kata Kunci: Lansia, Neurologi, Range Of Motion, Stroke Hemoragik, Terapi Genggam Bola.

Sumber: 3 Buku (2020-2022)

13 Jurnal (2013-2022)

ABSTRACT

ANALYSIS OF NURSING CARE IN MRS. A WITH DISORDERS OF MAINTENANCE PROBLEMS FOR HEMORRHAGIC STROKE WITH A BALL HAND HELD THERAPY INTERVENTION AT THE TITIAN BENTENG GADING ELDERLY CARE HOME BANDUNG CITY

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Background: The elderly are a group whose age experiences biological, physical, psychological and social changes. Diseases that are often experienced by the elderly in the group of non-communicable diseases in Indonesia include strokes. Specifically for strokes, strokes in the world are estimated to be 7, 5% million, around 12.8% of all deaths. Data from the Indonesian Ministry of Health (2018) shows that Indonesia is in first place with the most stroke sufferers in Southeast Asia, around 1,236,825 people. Based on data from the West Java Provincial Service (2017), the incidence of stroke in West Java is 1752 people. Elderly people who experience stroke can causes mobility problems which to prevent this are range of motion exercises Ball Grip Exercises range of motion (ROM). **Objective:** of this research is to analyze how non-pharmacological therapeutic interventions include ball grip exercise therapy for clients who experience impaired physical mobility with a medical diagnosis of hemorrhagic stroke in the upper extremities. **Method:** The research used was a case study, namely providing ball grip training therapy intervention to Mrs. A at Titian Nursing Home, Benteng Gading. **Results:** after being given intervention for 3 times 24 hours of ball grip therapy, the client experienced an increase in the range of motion and was able to move his hands a little so that the muscle strength scale increased to 2/5. **Conclusion:** it is hoped that health workers, especially nurses, can carry out and implement the Ball Grip Exercise ROM action to help Overcoming physical mobility disorders in clients with hemorrhagic stroke disorders

Keywords: Elderly, Neurology, Range Of Motion, Hemorrhagic Stroke, Ball Grip Therapy.

Source: 3 Books (2020-2022)

13 Journals (2013-2022)