

**ANALISIS ASUHAN KEPERAWATAN DENGAN MASALAH NYERI DADA
PADA TN.T DENGAN GANGGUAN SISTEM KARDIOVASKULAR:
INFARK MIOKARD AKUT STEMI DALAM PEMBERIAN INTERVENSI INOVASI
TEKNIK FOOT HAND MASSAGE DI RUANG ICCU
RSUD AL IHSAN**

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ABSTRAK

Infark Miokard Akut adalah salah satu manifestasi klinis dari Sindrom koroner akut yang merupakan suatu kegawatdaruratan jantung dengan morbiditas dan mortalitas komplikasi yang masih tinggi, yang termasuk ke dalam sindrom koroner akut salah satunya adalah ST Elevasi (*ST Elevation Myocard Infarct*) (*STEMI*).Tujuannya untuk menganalisis asuhan keperawatan terhadap kasus kelolaan klien infark miokard akut dengan ST Elevasi (IMA STEMI) di ruang Intensif Cardiac Care Unit (ICCU) Rumah Sakit Umum Daerah Al -Ihsan Provinsi Jawa Barat. Intervensi inovasi yang digunakan adalah pengaruh Foot Hand Massage terhadap nyeri dada.Metode penelitian ini adalah *study kasus* dengan jumlah responden berjumlah 1 orang.Hasil penelitiannya didapatkan bahwa *foot and hand massage* dapat menurunkan skala nyeri pasien dengan STEMI. Setelah melakukan asuhan keperawatan 3 x 24 jam didapatkan hasil evaluasi klien terlihat tenang, meringis berkurang, klien mengatakan skala nyeri 5, maka dapat dikatakan masalah teratasi Sebagian. Kesimpulan adanya perubahan pengaruh pemberian terapi *Foot Hand Massage* terhadap penurunan nyeri.

Kata Kunci : *Foot Hand Massage*, Infark Miokard Akut , Nyeri dada.

**ANALYSIS OF NURSING CARE WITH CHEST PAIN PROBLEMS IN TN.T
WITH CARDIOVASCULAR SYSTEM DISORDERS: ACUTE MYOCARDIAL
INFARCTION STEMI IN PROVIDING INNOVATION INTERVENTIONS IN
FOOT HAND MASSAGE TECHNIQUES IN THE ICCU ROOM OF AL
IHSAN REGIONAL HOSPITAL**

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ABSTRACT

Acute Myocardial Infarction is one of the clinical manifestations of acute coronary syndrome which is a cardiac emergency with high morbidity and mortality complications, which are included in acute coronary syndrome are ST Elevation (ST Elevation Myocard Infarct) (STEMI). The aim is to analyze nursing care for cases of client management of acute myocardial infarction with ST Elevation (AMI STEMI) in the Cardiac Intensive Room Care Unit (ICCU) Al-Ihsan Regional General Hospital, West Java Province. The innovative intervention used is the effect of Foot Hand Massage on chest pain. This research method is a case study with 1 respondent. The research results show that foot and hand massage can reduce the pain scale of patients with STEMI. After carrying out nursing care for 3 x 24 hours, the evaluation results showed that the client looked calm, the grimace was reduced, the client said the pain scale was 5, so it could be said that the problem was partially resolved. The conclusion is based on the data that has been obtained that there is a change in the effect of providing Foot Hand Massage therapy on reducing pain before and after the intervention is given.

Keywords: *Acute Myocardial Infarction, Chest pain, Foot Hand Massage*