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## ANTIHYPERTENSIVE ACTIVITY OF SEPAT LEAF ETHANOL EXTRACT (*MITRAGYNA SPECIOSA* KORTH.) ON WHITE RAT

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#### ARTICLE INFO ABSTRACT Key Words Empirically, sepat leaf is used toreduce blood pressure. Therefore research will be scientifically tested by in vivo method. The purpose of this research is to prove that Antihypertens sepat leaf ethanol extract has an effect to reduce blood pressure. In this research ive, Sepat using 2 methods namely diuretic method and blood pressure measurement Leaf, using CODA<sup>®</sup>. In the diuretic method using 25 rats grouped into 5 groups. Mitragyna each group was given 0.9% NaCl and each of them were given Na CMC 0.5%, speciosa furosemide 3.6 mg/KgBW, sepat leaf extract doses of 25, 50 and 100 mg/KgBW. Korth., seen was urine volume for 8 hours and 24 hours. In Parameters which were CODA®. the CODA<sup>®</sup> method, 30 rats were grouped into 6 groups which was given Diuretic concurrent between therapy and 25% fructose induction in drinks for 21 days. The therapy was given captopril 2.5 mg/KgBW, sepat leaf ethanol extract with doses of 25, 50 and 100 mg/KgBW.The parameters those measured were systolic and diastolic blood pressure. The results of the sepat leaf extract study dose of 50 mg/KgBW can increase urine volume and can reduce blood pressure by the CODA® method. The conclusion from this research is that sepat leaf ethanol extract has antihypertensive activity.

## INTRODUCTION

Hypertension is a disease known by almost all people and become a heart disease that can cause death (Michael *et al.*, 2014). More appreshensive, hypertension is now called"*silent killer*", because it wasas a deadly diseases without early symptoms, and if the symptoms are felt as intended, it is often considered a normal disorder, this certainly causes sufferers to be too late to realize the presence of hypertension. Hypertension has a high prevalence rate in the world, which is around 1.3 billion suffer from hypertension and that number is increasing every year. It is predicted, thatin 2025 there will be 1.5 billion people affected by hypertension (WHO, 2015). The highest prevalence of hypertension in Indonesia are in Bangka Belitung (30.9%), South Kalimantan (30.8%), East Kalimantan (29.6%) and West Java (29.4%) (Riskesdas, 2013). The high rate of hypertension in Indonesia has been a trigger for researchers find new breakthroughs to on antihypertensive drugs by utilizing natural resources in Indonesia. One of the islands in Indonesia that rich in natural ingredients is in the Borneo island. One of the plants that popularly used by the surrounding community is sepat or kratom which has the Latin name Mitragyna speciosa Korth..The plant grows a lot in Kalimantan and it is believed by the surrounding community to